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### **Invited Speakers**

#### **INV001**

## IMPROVEMENTS IN LONG STANDING CARDIAC PATHOLOGIES BY INDIVIDUALIZED HOMEOPATHIC REMEDIES: A CASE SERIES

Dr Seema Mahesh, Dr. María Fernanda Aguilar Dueñas¹, **Dr. Lenka Tenzera**, Dr. Boris Djindjic, Dr. Olivera Mihajlovic-Elez, Dr. Bindu John Pulparampil, Prof. George Vithoulkas

<sup>1</sup>Medical Office of Classical Homeopathy, ALONA, Serbia

We present three cases of cardiac arrest at different stages of pathology. Acute myocardial infarction and resulting heart failure are emerging as the leading cause of mortality. In the long run, acute episodes and cardiac remodeling can cause considerable damage and result in heart failure. In these cases, individualized homeopathic therapy was instituted along with conventional medicines and the results were encouraging. The changes in the laboratory diagnostic parameters (single-photon emission computed tomography, electrocardiograph, echocardiography, and ejection fraction as the case may be) are demonstrated over time. The key result seen in all three cases was the preservation of general well-being while the hemodynamic states also improved. While the three cases provide evidence of positive outcomes for homeopathic therapy, more extensive studies are required in a hospital setting to establish the real extent to which this therapy may be employed.

Keywords: Cardiovascular, heart failure, homeopathy

#### FÓRMULA HOMEOPÁTICA DE DIAGNÓSTICO DEL SIMILLIMUM: CASO CLÍNICO DE ALTA CALIDAD TRASTORNO DESTRUCTIVO DEL CONTROL, IMPULSOS Y CONDUCTA, ADICCIONES A ALCOHOL Y DROGAS, ASISTIDO EN CONSULTORIO SOLIDARIO-GRATUITO DE CABA, ARGENTINA

#### Dra. Elisabet Susana Aldinger<sup>1</sup>

<sup>1</sup>Fundación Médica Homeopática Vitalis, Buenos Aires, Argentina

Introducción: Se presenta el caso clínico de un paciente masculino de 37 años de edad con trastorno destructivo del control, los impulsos y la conducta, adicción a las drogas y al alcohol desde los 16 años de edad, con antecedentes de reiteradas detenciones carcelarias como consecuencia de lesiones físicas, violencia de género y robo. Fue asistido en uno de los Consultorios de Atención Solidaria en la ciudad de Buenos Aires, labor que realiza la Fundación Médica Homeopática Vitalis hace 24 años, brindando asistencia a la población indigente y reforzando como actividad docente, la experiencia clínica homeopática de nuestros graduados.

Objetivo: La presentación del siguiente caso tiene como objetivo demostrar la confiabilidad y efectividad de la Fórmula Homeopática de Diagnóstico del Simillimum (FHDS) para la resolución de casos complejos a través de la aplicación de la Semiología Homeopática Sistemática (SHS) y las Estrategias de Abordaje de Casos Clínicos (EAAC) del Dr. Carlos Cámpora, además, exponer nuestra actividad humanitaria a fin de evidenciar que aún en casos de desfavorables condiciones socioculturales, con numerosos obstáculos a la curación, la elección de un medicamento similar contribuye al bienestar psicofísico del paciente y su entorno.

Método: Siguiendo los principios hahnemannianos, se describe un caso clínico que pertenece al Banco de Reporte y Estudios de Casos Homeopáticos de Argentina (BRECHA), que se selecciona teniendo en cuenta la gravedad y la intensidad que significaba el cuadro para él mismo y para terceros acorde al Score de Calidad de Casos Crónicos BRECHA (SCCC-BRECHA). Se seleccionaron los síntomas característicos determinados con el Algoritmo de Síntomas Característicos Dr Cámpora (ASC-CNC); se repertorizaron con CNC-Programa de Homeopatía y se analizaron siguiendo las EACC de la FHDS. La relación causal de tratamiento homeopático fue evaluada por MONARCH (Modified Naranjo Criteria for Homoeopathy). El resultado del tratamiento se documenta con vidofilmación del propio paciente y reporte de terceros.

Resultado: Se alcanzó el nivel de curación correspondiente al Cambio Total de BRECHA. A partir del tratamiento homeopático, el paciente pudo sostener períodos sin beber, dejó de drogarse, pudo restablecer vínculo con sus hijos, hacerse cargo de ellos, contener sus arrebatos destructivos, disminuir su impulsividad, sostener su trabajo y aventurarse en nuevos proyectos. La EACC utilizada fue: 4 Síntoma Principales + 1 Keynote A. Se indicó Crocus sativus, gotas, diarias, en dinamizaciones ascendentes, 1000CK - 140MFC. Seguimiento: 6 años. SCCC\_BRECHA: 9722-5799-7x01. MONARCH: + 9.

Conclusión: A) Siguiendo la metodología de la FHDS, procedimiento basado en enseñanzas originales del Dr. Hahnemann con agregados de herramientas científicas modernas incorporadas por el Dr. Cámpora, se prescribe un medicamento homeopático único, individual, confiable y exitoso. B) Se evidencia el beneficio de la asistencia a individuos socioculturalmente vulnerables a través de prestaciones solidarias gratuitas, que contribuyen no sólo a mejorar la salud del paciente sino también su efecto sobre el entorno familiar y la sociedad en consecuencia.

Palabras claves: Fórmula Homeopática Diagnóstico del Simillimum - Violencia - Impulsividad - Adicción a drogas - Alcoholismo - Crocus sativus

#### DO WE NEED A CERTIFIED HOMEOPATHIC SEAL?

#### Dr. Lisa Amerine<sup>1,2</sup>

<sup>1</sup>AIH board member,

<sup>2</sup>Board member of National Homeopathic Product Certification Board

Introduction: Homeopathy in the United States is being threatened. Each day different brand owners, manufactures and retail stores are receiving warning letters from the FDA for compliance issues that were made formal in a December 2022 FDA guidance.

Objectives: The proposal of a quality seal has been made to help manufactures comply with regulations then be awarded a seal to put onto products demonstrating that very strict standards within the homeopathic industry have been met.

The Certified Homeopathic Seal is meant to demonstrate to the FDA that the industry is meeting safety standards through a program that verifies compliance with those standards. This tool will be important in protecting the full range of homeopathic medicines available today from arbitrary enforcement actions. By helping the FDA gain confidence in the word 'homeopathic,' we will be protecting choice for everyone.

Methods: Strict standards created by the National Homeopathic Product Certification Board; asking for brand owners and manufactures to apply for the certification and thus receive a seal for their finished product.

Results: Company's who would comply with the standards set forth by the NHPCB would have confidence that their product complies with FDA. Industry regulation will also help FDA be able to correctly regulate those who are not in compliance.

Conclusion: A seal could be a path forward to protect homeopathy in the United States, thus setting the stage for global protection if needed.

Key words: Homeopathy, FDA and Homeopathy, Certified Homeopathic.





## FROM CYTOKINE NETWORKS TO INDIVIDUAL HOMEOPATHIC THERAPEUTIC PROPOSALS FOR RHEUMATIC FIBROMYALGIA IN PRECISION MEDICINE

#### Dr. Jhann Andrés Arturo<sup>1</sup>

<sup>1</sup>Inmugen Corporation, Bogotá, Colombia

Introduction: Cytokines are immune communication signals, with multicellular tissue pleiotropy, which allow the immune functions of activation, attraction, movement in a physiological way, as well as the production of cellular and microenvironmental changes in inflammation to activate de innate and adaptive immune response, allowing stable intercellular communication, tissue physiological balance, development and functioning in homeostasis and tissue homeodynamics whereas the chronic imbalance leads to disease and tissue damage.

Objective: identify scientific and systematic evidence about the molecular effects of homeopathy and changes in cytokines in chronic inflammatory diseases and rheumatic fibromyalgia Methods: An extensive review of the literature on the immunobiology of cytokines and chemokines was carried out, as well as the construction of big data matrices crossing information between single homeopathic medicines and biological effect on cytokines and chronic inflammatory diseases.

Results: It was identified that drugs in ultra-low concentrations have different effects on cytokines, with evidence in in vitro, in vivo studies in animal models and in humans, demonstrating post-treatment changes in inflammatory molecules and pain modulation. Chronic diseases are characterized by alterations in systemic or local cytokines related to fibrosis, edema, loss of tissue architecture or cell damage. Availability of low-cost therapeutic products with scientifically proven efficacy and that allow, without adverse effects, to modulate chronic inflammatory conditions that the population is one of the therapeutic objectives in secondary and tertiary prevention.

Conclusion: Rheumatic fibromyalgia is a growing disease that is difficult to manage, which may have various etiological factors that require understanding from precision medicine, with the need for individualized therapy focused on inflammatory cytokine disorders, for which our study collected scientific information in megadata, generating therapeutic proposals according to the individual clinic characteristics of patients affected by rheumatic fibromyalgia.

Keywords: Cytokines, Fibromyalgia, Inflammation, Homeopathy, Pain.

## HOMEOPATHY IN EMOTIONAL SUFFERING. A PATH OF EVOLUTION Dr Guillermo Basauri Camiruaga<sup>1</sup>

<sup>1</sup>Centro para la Enseñanza y Desarrollo de la Homeopatía, Madrid, Spain

Pathology and emotional suffering are increasingly present in our society and, therefore, in our consultations.

Homeopathy is a therapy that increases our possibilities of treating emotional suffering from two levels of great clinical relevance:

It allows us to have medicines of proven efficacy and safety wich are, undoubtedly, the safest drugs that doctors can count on.

Therefore, Homeopathy provides us with a safe pharmacological treatment adapted to the nature and particular form of expression of emotional pain in each patient.

The study of homeopathic medicines introduces us to the depths of the mental and emotional world of people and helps us understand the origin and mechanisms of this suffering.

In this sense, Homeopathy gives us the possibility of accompanying our patients not only with our prescription, but also with our presence and with our words. It makes us, as doctors, also become medicine ourselves.

Always from our experience, we will try to deepen into the origin of human suffering and the description and interpretation that some of our homeopathic medicines make of it. All of this should help us to be better prescribers and, above all, to be a fundamental part of the medicine that our patients need.





# HOMEOPATHY, SCIENCE AND SOCIETY. A BRIEF UPDATE ON RESEARCH, THE EPOXILO STUDY AND THE RESULTS OF THE SURVEY ON KNOWLEDGE AND USE OF HOMEOPATHY CARRIED OUT BY HARRIS INTERACTIVE IN SPAIN, FRANCE, ITALY, THE UNITED STATES AND CANADA

#### Dr Guillermo Basauri Camiruaga<sup>1</sup>

<sup>1</sup>Centro para la Enseñanza y Desarrollo de la Homeopatía, Madrid, Spain

In this short presentation I would like to briefly share two very relevant aspects of the current state of Homeopathy:

On one hand, I would like to briefly update the state of research in Homeopathy, delving into a particularly relevant study, conducted with COPD patients in the context of Homeopathy in Spain; the EPOXYL study. And we say especially relevant because this study shows favorable results for Homeopathy and, in addition, it has been carried out within the Spanish public health system; specifically by the Cantabrian Association for Research in the Respiratory System (ACINAR).

The study and has been directed by Dr. García Rivero. 2 pulmonologists, 1 epidemiologist and 37 family doctors with clinical activity in the Valdecilla hospital in Santander, the Laredo hospital and in different Health Centers of the region of Cantabría.

In addition, we would also like to share the most relevant results of the survey that Harris Interactive, one of the leading market research companies, has carried out at the end of 2022 and the beginning of 2023. This survey gives us an updated idea of the sociological reality of Homeopathy in the five countries where it was carried out: Spain, France, Italy, the United States and Canada.

Without a doubt, the data shows the good state of Homeopathy today, and the bright future that awaits us after suffering one of the harshest times for this discipline under the most organized and sustained attacks we can remember.

## FROM COMPLEX SYSTEMS AND HOMEOPATHY TO WHAT IS CALLED CANCER AS A DISEASE

#### Dr. John Eduardo Bastidas<sup>1</sup>

<sup>1</sup>Asociación Medica Colombiana de Homeopatía, Bogotá, Colombia

In this brief lecture we will see how the homeopathic medical system provides a real, practical and simple approach in supporting patients suffering from this manifestation called cancer; as well as scientific advances in this area that will bring us closer to this vision and will strengthens us as doctors, to continue with this medical approach that is complete in its therapeutic vision and that has been exploited and distorted by actors in the health system. Impoverishing its development to the faithful doctrine and atomizing knowledge.

Through the presentation of clinical cases, I invite you to demonstrate how we are on an appropriate, straight and beneficial path for the universes, the living community and the individual as a reflection of this disorder as a noxa of these entities called cancer.

#### **HOMEOPATHY IN ONCOLOGICAL PATIENTS**





<sup>1</sup>Universidad Nacional de Colombia, Bogotá, Colombia

Introduction: Homeopathy is a medical system based on the principle of similars: one of the two historical principles of Medicine, Hahnneman structured it consolidating its foundations: Similarity, Individuality, Vital Force, Pure Experimentation, Minimum Doses, Dilution and Dynamization, Memory of Water and Laws of Healing. Oncology is the specialty of Western medicine that studies tumors especially Cancer, contributing significant advances in its knowledge and therapeutic management.

Objective: Analyze the integration of Homeopathy and conventional medicine in the management of Cancer.

Methodology: Literature review, Inclusion criteria: Academic publications on Homeopathy, articles from academic institutions in indexed journals, Homeopathy based on its principles, evaluation of the whole simptomatology of the patients including the symptoms generated by conventional treatment, the individuality expressed by the symptomatic characteristics of each patient, and the importance of emotional and mental symptoms.

Results: Conventional Oncology has found important reference points in the approach to cancer that coincide with several of the Homeopathic fundamentals. Articles related to homeopathy and Cancer were identified with levels of evidence from Level IV to Level IA. Most of the studies compare, among others aspects: quality of life, tolerance to classical treatments, adverse effects, and event-free survival. The estudies included conventional management patients with and without homeopathy, identifying favorable results for homeopathy, which are illustrated in the presentation.

Patients treated with additional Homeopathy showed better tolerance to conventional interventions, significant contribution in pain management, and improvement of emotional and mental conditions, in quality of life, and in free disease survival.

Conclusions: Homeopathy is a structured medical system. Cancer patients benefit from homeopathy interventions. It helps reduce the burden of associated factors. Interventions with Homeopathy must be carried out by Physicians academically trained in this discipline. Homeopathy should be considered as a therapeutic complement within Oncology Groups. It is important to evaluate the contributions of Homeopathy in cancer through Evidence-Based Medicine. Keywords: Mesh: Cancer, Homeopathy, Oncology, Nanomedicine.

## IN VITRO IMMUNOMODULATORY EFFECT OF HOMEOPATHIC PHYTOLACCA AMERICANA ON HUMAN MONONUCLEAR CELLS

**Dr. Germán Benítez**¹, Leonardo Hernández René², Eduardo Caminos Jorge³, Gabriela Delgado Lucy⁴, Oscar Amarís⁵

<sup>1</sup>Magister en medicina alternativa coordinador ad hoc área de homeopatía maestría medicina alternativa fac. de medicina Universidad Nacional de Colombia,

<sup>2</sup>Estudiante de la maestría en medicina alternativa área homeopatía Universidad Nacional de Colombia,

<sup>3</sup>PhD biología molecular Profesor de bioquímica y biología molecular. fac de medicina Universidad Nacional de Colombia,

<sup>4</sup>PhD inmunología Profesora Inmunotoxicologia PhD Fac. de ciencias Universidad Nacional de Colombia.

<sup>5</sup>Especialista Medicina interna Profesor de Medicina interna Cardiología fac. de medicina Universidad Nacional de Colombia.

Introduction: Phytolacca americana presents lymphoproliferative activity in vitro. In homeopathic dilutions it is used for the treatment of mammary tumors and pharyngitis with lymphadenopathy. The aim of the present study is to determine if there is immunomodulatory activity in vitro of homeopathized P. americana in human mononuclear cells.

Aim: To explore the activity of Phytolacca americana in homeopathic dilutions on human mononuclear cells.

Method: Using flow cytometry, the effect of dynamized 6CH, 15CH and 30CH dilutions and an un-dynamized 6CH dilution of P. americana on mononuclear cells was determined. Lymphoproliferation studies and quantification of interleukins (IL)-2, IL-4, IL-6, IL-10, Tumor Necrosis Factor alpha (TNF-) and Interferon Gamma (IFN-) were developed. A nonparametric paired analysis was performed.

Results: Dynamized 6CH, induced significantly elevated lymphoproliferative activity when compared to dynamized 15CH (p<0.0003) and 30CH (p<0.008); no mitogenic response with un-dynamized 6CH (p<0.005).

In the quantification of cytokines there is a selective immunosuppression in the release of TNF- , IL10 and IL6 with respect to the basal level (p < 0.005).

Conclusion: the dynamized 6CH, 15CH and 30CH dilutions of Phytolacca americana possess mitogenic action on human monocytes and immunomodulatory activity on cytokines in vitro; moreover, they produce a selective immunosuppressive stimulus on T lymphocytes in the release of TNF-, IL10 and IL6 in vitro.

The absence of dynamization in the drug preparation does not induce mitogenesis.

Key words: Phytolacca americana, homeopathic dynamizations, cytokines, lymphoproliferation.

# PROFESSIONALISM AND EXCELLENCE IN HOMEOPATHY: THE HOMEOPATHIC FORMULA FOR THE DIAGNOSIS OF THE SIMILLIMUM AND THE HOMEOPATHIC EVIDENCE FROM CURED, HIGH-QUALITY, SEVERE CLINICAL CASES: PILOCYTIC ASTROCYTOMA OF THE OPTIC CHIASMA

#### Prof. Dr. Carlos Néstor Cámpora

Introduction: Medical professionalism is an ambiguous and elusive concept but considered central to medical education and practice. Professionalism represents the set of values and moral behaviors along with the competence and skills engaged by the physician. Medical professionalism is synonymous of excellence. Homeopathy, a challenging discipline, requires the development of sophisticated competencies that can and should be continuously refined in order to achieve excellence and preserve it throughout a lifetime of professional practice. The analysis of High Quality Homeopathic Clinical Cases (HQHCC) represents the best way to teach, learn and improve homeopathic practice; and the cure of such cases when they are very severe, with dismal prognosis, not only turn them undeniable homeopathic proofs and evidences, but also a source of inspiration for students and homeopathic physicians. The Homeopathic Formula for Diagnosis of the Simillimum (HFDS) is a methodology firmly rooted on the original teachings of Hahnemann and respectful of the process of individualization, which also incorporates quali-quantitative tools of mathematics and statistics to scientific research, analysis and understanding of clinical cases in a valid, reproducible and transmissible way; thus HFDS allows to transform homeopathic practice into invariable, predictable and systematically successful even when applied to severe, complex and/or traditionally considered incurable cases. One HOHCC of a very severe disease with dismal prognosis and negative evolution despite the multiple previous treatments is here presented.

Objectives: 1. To establish the importance of Continuing Homeopathic Education as the core of Homeopathic Excellence and Professionalism. 2. To explain and show how cured HQHCC represent the best way to teach, learn and improve in homeopathy, besides being a source of inspiration for students and homeopathic physicians. 3. To highlight the importance of the HQHCC in the development of values of students and homeopathic physicians by allowing to understand the attitudes and virtues that are transmitted as a model and to provoke deeper ethical and humanistic reflections. 4. To demonstrate the effectiveness of the HFDS in the approach and resolution of complex, very severe cases with a dismal prognosis. 5. To emphasize that cured CCHACs always represent evidence and homeopathic proof, in addition to being irrefutable in this type of cases.

Patient: 16-year-old female, with Neurofibromatosis Type I; presenting complaints: a. Pilocytic Astrocytoma of the Optic Chiasm of 15 1/2 -year duration, with aggressive and malignant behavior, refractory to five different chemotherapy schedules using seven drugs and two partial tumor resections; causing complete blindness of the left eye , and 50% loss of vision of the right eye and hydrocephalus (requiring placement of ventriculo-peritoneal shunt valve); she was in a desperate situation due to the unrelenting growth of the tumor, the lack of response to chemotherapy and the relative inoperability due to the severe neurological sequelae it would determine. b. Speech dysfluency; c. Hypogonadotrophic hypogonadism with primary amenorrhea; d. Reactive depression disorder.

Method: A complete and relevant medical and homeopathic clinical history was taken. The duration of the 1st interview was 84 minutes. The patient was treated at the Educational Office A of the Fundación Médica Homeopática Vitalis, with 50 homeopathic physicians

testifying the outcomes here reported. The homeopathic consultation was conducted according to Hahnemann's recommendations in the Organon of Medicine and following the guidelines of the Systematic Homeopathic Semiology (SHS) of the HFDS. Documentation: The entire first and most of the following consultations were videotaped: the videos were transcribed by an independent person. Her previous condition and the outcome of the treatment was thoroughly documented with all pre- and post-treatment exams and multiple reports from physicians, specialist and relatives. The characteristic symptoms were determined with the Algorithm of Characteristic Symptoms Dr. Carlos N. Cámpora (ACS-CNC) and were ranked according to their intensity following the Clinical Symptom Intensity Scale of the HFDS. The prescription of the medication was individualized and based on the characteristic symptoms of the patient's constitution and those of the main disease. The selection of the remedy and its possible differential diagnoses was made by repertorization using the Dr. Carlos N. Cámpora Homeopathy Program V.01.16 and applying different Approach Strategies for Clinical Cases (ASCC) depending on the peculiarities of the case following the guidelines of the HFDS. The remedy was administered daily, on the CH scale, at increasing levels of potency, the repetition criteria was modified throughout the treatment based on individual response. The patient did not receive placebo. All other treatments were stopped. Follow-up interviews were conducted monthly at baseline, and gradually decreased in frequency. The case report was written following the guidelines of the Banco de Reporte y Estudio de Casos Homeopáticos de Argentina (BRECHA), Case Report (CARE) and Homeopathic clinical case report (HOM-CASE). The case was registered in BRECHA with its Chronic Cases Quality Score BRECHA (CCQS-BRECHA). The causal attribution of the outcome was evaluated with the Modified Naranjo Criteria for Homoeopathy (MONARCH).

Results: Using the following ASCC: Totality of Characteristic Symptoms super satisfactory coherent 2 Main Symptoms + Main Pathological Characteristic Totality super satisfactory coherent 3 Main Symptoms (TCS ss c 2MS + mPCT ss c 3MS) Sulphur was administered. After the first two years, she received Carcinosinum, at specific times, based on the following ASCC: Intercurrent Nosode + Prophylactic Nosode (Nd interc + Nd prof). The healing level achieved matched the Radical Cure according to BRECHA. The initial reaction included a marked improvement in the general sense of well-being, with greatly increased energy level and unexplained joy, accompanied by a prolonged exonerative homeopathic aggravation associated with the arrest of tumor growth; afterwards, a reduction in the size of the astrocytoma was observed. All other complaints disappeared completely. Follow-up over 80 months. MONARCH: + 11 - CCQS-BRECHA: 9957-9799 - 0994

Conclusions: Homeopathic professionalism is a commitment to moral and clinical excellence that requires lifelong education, improvement, exercise and practice. HQHCC represent the best tool to develop the intangible qualities of professionalism. But when cured, HQHCC– especially those of very severe diseases with dismal prognosis—constitute irrefutable homeopathic evidence. The HFDS evidences its effectiveness in approaching and solving chronic and complex cases that are difficult to tackle using other treatments, including homeopathic ones.

Keywords: high-quality homeopathic clinical cases - homeopathic formula for the diagnosis of the simillimum - approach strategies for clinical cases - pathological characteristic totality - pilocytic astrocytoma



#### Dr. Sergio Castillo Martínez

<sup>1</sup>Miembro Del Grupo de Trabajo de Homeopatía, Ministerio de Salud de Chile, Temuco, Chile

Introduction: Pulpitis, periodontal disease and temporomandibular disorders are common reasons for the emergency consultation for the dentist.

Goals: Identify the etiology and the circumstances sorrounding it and its evolution. This will allow to choose the homeopathic medicine through a correct use of the repertory.

Know the most used homeophatic medicines in oral diseases.

KEYWORDS: DENTAL URGENCY



## HOMEOPATHY. A MEDICINE WITH PURPOSE. ITS COMMUNICATION IN TIMES OF SOCIAL NETWORKS AND ARTIFICIAL INTELLIGENCE

#### Dr. Sergio Castillo Martínez<sup>1,2</sup>

<sup>1</sup>Miembro Del Grupo de Trabajo De Homeopatía, Ministerio de Salud De Chile, Temuco, Chile, <sup>2</sup>Grupo de Homeópatas Chilenos, Chile

We live in a time where the virtual is nourished by the real, processes it and directs it according to the meaning that the elites want to give it. Then returns packaged through social networks and government programs to changer the image of what is desirable, transforming the walk of the human beinginto a sum of physical, economic and emotional accumulations.

Disorders linked to environmental, emotional, economic, cultural, political, and pharmacological factors prevent this transit to the transcendence to which we are called. It is in this environment that current Homeophathy lives and develops, increasingly persecuted and abandoned.

This paper proposes to use the same communication tools, that it, social networks and Artificial Intelligence, in order to enlighten communities and the people that compise it, of the opportunities offered by homeopathy for the recovery of their health and maintenance of it, favoring the achievement of its vital purpose.

Keywords: Applied Communication, Social Networks, Artificial Intelligence, Current and Probabe Future Scenarios



#### NATURE LOVES ΤΟ HIDE (ΦΥΣΙΣ ΚΡΥΠΤΕΣΘΑΙ ΦΙΛΕΙ)

#### Dr. Gustavo Cataldi<sup>1,2</sup>

<sup>1</sup>Escuela Médica Homeopática Argentina "Tomás P. Paschero" - Liga

<sup>2</sup>Medicorum Homeopathica Internationalis, Buenos Aires, Argentina

This fragment of Heraclitus can open a door to explore those traits that cannot be directly accessed when studying nature.

In our case, in the substances that become homeopathic remedies when handling them with the successive dilutions and dynamizations in their preparation.

The provings provides a body language that includes the speech of the experimenters. This language is a human expression of what is hidden in the direct perception of the substance in its natural environment.

We will see some examples that show us the provings and that are later evidenced in clinical practice.

## THE MESSAGE OF DR. TOMAS PABLO PASCHERO IN OUR TIMES Dr. Gustavo Cataldi<sup>1,2</sup>

<sup>1</sup>Escuela Médica Homeopática Argentina "Tomás P. Paschero"

<sup>2</sup>Liga Medicorum Homeopathica Internationalis, Buenos Aires, Argentina

Dr. Tomás Paschero has been one of the most renowned homeopaths of the 20th century, and his discourse influenced not only the development of homeopathy in his native country, Argentina, but also in many Latin American and European countries.

Paschero offers us a humanist access in the practice of homeopathy, to the already classic visions of Hahnemann, Kent and other teachers.

The purpose of this presentation is to provide his understanding of the philosophy of homeopathy and its application in practice today.





#### Dr. Kavita Chandak<sup>1,2</sup>

<sup>1</sup>Maharashtra University of Health Sciences and P.D JAIN Homeopathic College, Parbhani, India, <sup>2</sup>Director Reeshabh Homeo consultancy, Nagpur, India

Introduction: Autism is an epigenetic disorder with no permanent damage to the brain tissue; it is just a blockage which doesn't allow brain to perform properly. The period before pregnancy, Pregnancy and the first two years of child's life may play a crucial role in provoking autism.

It appears to be a multi-layered disorder; hence customised approach is required for treatment as per the underlying cause and dominant miasm.

Discussion / Method-

This paper will talk about,

- 1. The favouring factors of autism including vaccination (a clinical video case presentation of a 4 years autistic child, better with homeopathic medication, suddenly got aggravated after taking polio shot.)
- 2. Why male is prone?
- 3. Why the other child in family is highly intellectual?
- 4. The causes of epilepsy in autism
- 5. During pregnancy, child not only stay in mother's womb but also in her emotions.'(A video case presentation with a new approach of selection of remedy: use of nosode for cleansing method)
- 6. The newly discovered clinical symptoms of autism (affinity about same gender, aversion to opposite gender; etc.)
- 7. 4C approach in positive cases (Cleansing-constitutional-complimentary-clinical)
- A] Cleansing Homeopathic medicines prescribed with the intention to release a potential causative toxin and to correct the entire mental emotional makeup of the patient by using the following therapies:
- B] Constitutional remedy- Homeopathic Simile.
- C] Complimentary remedy- Organ Therapy/ sarcodes/ body own substance/Neurotransmitter
- D] Clinical remedy-To focus only on a certain disease or organ like digestive system in autistic children.

Individualized Homeopathic treatment given as per 4C method and the evolution of miasms.

Synthesis treasure edition repertory used for repertorization.

Conclusion- As per aphorism 83, every case is a new case hence the approach should be customized. While handling autism for years, I understood that homeopathic prescription must include the reflection of mother's pregnancy state on the child's current state, collaborated with dominant miasm.

Keywords-Homeopathy, Autism, Pregnancy, Method, Vaccination

## VICTORY OF HOMEOPATHY IN A COMPLEX CASE OF CEREBRAL ATROPHY, DEGENERATIVE DISORDER, AND INTERNET HAZARD

#### Dr. Kavita Chandak<sup>1,2</sup>

 ${}^{1}\!Maharashtra\ University\ of\ Health\ Sciences\ and\ P.D.\ Jain\ Homeopathic\ College,\ Parbhani,\ India,$ 

<sup>2</sup>Director Reeshabh Homeo consultancy, Nagpur, India

Introduction: It is a case of 37 years man, consulted me in July 2021 for diffuse cerebral atrophy/degeneration, annular tear& degeneration in spine, acute cholecystitis, fatty infiltration liver, stuttered speech, blurred vision, imbalance walk, ptosis, drowsiness while talking and severe backache.

He was an introverted person, by profession charted accountant and working for hours with computer and internet. He said I feel exhausted and my stamina is not good.

Discussion: During interview I observed that degeneration is the keynote of this case, running right from spine to liver and brain. All other symptoms like heaviness in eyes and head, blur vision, difficult speech, unbalancing while walking etc. are the secondary manifestation of the degenerative changes.

Method: Classical approach. Individual case taking, repertorization, prescription and follow ups with necessary investigations.

Rubrics considered were-

MIND - RESERVED

Brain - ATROPHY, of

**HEAD - HEAVINESS** 

HEAD - HEAVINESS - accompanied by - Eyes; heaviness of

EYE - HEAVINESS - Lids MOUTH - SPEECH - difficult

ABDOMEN - FATTY DEGENERATION of liver

BACK - SPINE; complaints of - Spinal cord

BACK - DEGENERATION - Spinal cord

GENERALS - DEGENERATION OF TISSUES, tendency to

**GENERALS - FATTY DEGENERATION - Organs** 

Vanadium Met 30 twice a day given.

Patient was doing well till two months. Then case became standstill.

Recase taking confirmed the obstacle in recovery (aphorism 3) which was long use of Wi-Fi. To remove the toxic imprints of electromagnetic radiofrequency, I prescribed WIFI radiation 10 M one aqua dose.

After two months, I observed significant improvement.

Sometimes we start with appropriate medicine but if you put quality seeds in dirty soil, it won't turn up in a healthy plant. Hence, I again put Vanadium Met.

Result: Atrophy is an irreversible disorder but I couldn't find the word 'Degeneration' in his MRI Brain report at February 2022!

Homeopathy successfully addressed the core of disease-degeneration.

Conclusion: Key to success is-Organon to Materia Medica.

Removal of exciting and maintaining causes (aphorism 7) with perfect blend of traditional approach and modern trends can lift homeopathy on greater heights.

Keywords: Internet, Cerebral atrophy, Homeopathy, degeneration, annular tear





#### **BEHAVIORAL DISORDERS IN WILD ANIMALS**

Dra. Cidéli Coelho

The removal of wild animals from their natural habitats has consequences, including stress and behavioral changes in response to alterations in their environment and the inability to express their natural behaviors. Homeopathy serves as a valuable tool for enhancing the living conditions of animals when conventional management methods are no longer effective. In cases involving animals exhibiting excessive aggression, jealousy, dependency, fear, anger, distress, anxiety, and depression, traditional episodic medication may no longer be viable. During such times, the homeopathic veterinarian must seek remedies that address the overall well-being of the animal, known as the simillimum. Frequently, these issues have underlying physical components, such as self-mutilation, which can be treated with remedies like Stramonium, Lachesis muta, and Pulsatilla nigricans. For example, cases of "Separation Anxiety" attributed to Pulsatilla nigricans, a sense of loss in penguins alleviated by Ignatia amara, and depression in alouatta spp managed with Arnica montana 200 cH have all shown positive results.

## THE EVOLUTION OF HOMEOPATHY AS A TOOL IN "ONE HEALTH": EMPHASIS ON WILD

Dra. Cidéli Coelho

"One health" is an approach that seeks to promote the health and well-being of humans, animals and the environment in an integrated and holistic way.

It recognizes that the health of one individual is intrinsically linked to the health of many individuals and the environment around them.

Homeopathy plays an important role in today's "One Health" approach, offering a safe and effective form of treatment for a wide variety of conditions in humans, animals, plants and the environment, whilst also helping to reduce dependence on antibiotics and prevent antimicrobial resistance through immunomodulation.



**Dr. Alvaro Correa Ruiz**<sup>1</sup>, Dr. Jhann Andrés Arturo<sup>2</sup>, Dr. Germán Darío Benítez Cárdenas<sup>1</sup>, Dra. Johana Madroñero<sup>3</sup>, Srta. Sofía Correa Carmona<sup>4</sup>, Dra. Adriana Carmona García<sup>1</sup>

<sup>1</sup>Unipaez, Santa Fé de Bogotá, Colombia,

<sup>2</sup>Inmugen Corporation, Santa Fé de Bogotá, Colombia,

<sup>3</sup>Universidad del Bosque, Santa Fé de Bogotá, Colombia,

<sup>4</sup>Universidad CES, Medellín, Colombia

Introduction: Fibromyalgia affects 2 to 5% of the global population and manifests as a chronic painful syndrome, accompanied by fatigue, sleep disturbances, and cognitive or somatic symptoms. It is a challenging condition to control. We present a therapeutic proposal that selects homeopathic medicines with stronger evidence in modulating the expressed cytokines, which are also important in the homeopathic approach to these patients.

Objectives: General Objective: To develop a therapeutic proposal for the selection of homeopathic medicines that modulate the expressed cytokines and the symptomatic totality in patients with fibromyalgia.

#### Specific Objectives:

- -Review, using Big Data tools, the cytokines that most frequently affect patients with fibromyalgia.
- -Identify homeopathic remedies with an affinity for controlling the cytokines involved in this condition.
- -Identify characteristic symptoms in patients' medical records to define the symptomatic totality and establish the homeopathic management of the disease.
- -Determine potential homeopathic medicines for this condition, including those addressing the symptomatic totality and those influencing the cytokines involved in this disease. Methods: Data mining was conducted through a comprehensive literature review to identify the cytokines involved in the disease, including studies on homeopathic medicines that modulate cytokines. This information was integrated into a big data framework, along with the analysis of medical records from patients diagnosed with this condition.

Results: A total of 7 patients meeting the diagnostic criteria were included in the study. They were treated with Phosphorus (2 cases), Pulsatilla (2 cases), Arsenicum Album (1 case), Calcarea Carbónica (1 case), and Natrum Muriaticum (1 case).

The literature review yielded 48 publications identifying 10 cytokines involved in the disease. Additionally, 31 publications identified 20 homeopathic medicines that modulate these cytokines.

Conclusions: Homeopathy plays an important role, supported by published scientific evidence, in the immunomodulation of this disease. By integrating homeopathy with the clinical aspects considered during consultations, a comprehensive approach to the disease is achieved.

Keywords: Fibromyalgia, Homeopathy, Characteristic Symptoms, Symptomatic Totality, Cytokines, Immunology, Big Data.

# DOLOR RENAL DEBIDO A HIDRONEFROSIS CON OBSTRUCCIÓN DE LA UNIÓN URÉTERO-PÉLVICA CURADO CON TEREBINTHINAE ÓLEUM APLICANDO LA FÓRMULA HOMEOPÁTICA DE DIAGNÓSTICO DEL SIMILLIMUM. UN ABORDAJE A LE PALIACIÓN CON HOMEOPATÍA

#### Dr. Gabriel Alfonso Crespo<sup>1</sup>

<sup>1</sup>Fundación Médica Homeopática Vitalis, Argentina

Introducción: Una paciente de 30 años de edad en tratamiento homeopático por 20 años, debuta con un cuadro clínico nuevo que concluye con el diagnóstico de una malformación congénita de un riñón. El abordaje Homeopático aplicando al Fórmula de Homeopática de Diagnóstico del Simillimum (FHDS) permitió seleccionar el medicamento adecuado. El tratamiento homeopático en casos de paliación puede llevarnos a resultados sorprendentes otorgando calidad de vida.

Objetivos: Con este caso curado con Therebintinae óleum, se procura mostrar el abordaje del mismo utilizando la FHDS y su Semiología Homeopática Sistemática (SHS) así como su resultado de curación no esperado ante la incurabilidad clínica.

Métodos: Se presenta un caso clínico de dolor renal súbito debido a una malformación renal de la unión ureteropiélica. El caso pertenece al Banco de Reporte y Estudio de Casos Homeopáticos de Argentina (BRECHA). La toma del caso se realizó respetando los principios hahnemannianos y siguiendo las pautas de la SHS de la FHDS; se repertorizaron con CNC-Programa de Homeopatía, se analizaron acorde a las Estrategias de Abordaje (EACC) de la FHDS. El resultado del tratamiento fue validado con una videofilmación. La atribución causal del resultado del tratamiento se evaluó con los Modified Naranjo Criteria for Homoeopathy (MONARCH).

Resultados: El tratamiento comienza con Belladona y permite llegar sin dolor a la intervención quirúrgica (pieloplastia renal izquierda), luego de la misma ante un retroceso clínico le colocan catéter doble J sin resultados y se prescribe Terebinthinae óleum logrando controlar el dolor estimulando la función al riñón malformado.

Conclusiones: Terebinthinae óleum tiene hasta ahora la capacidad de mantener un estado de equilibrio permitiendo la función excretora de un riñón que ni la pieloplastia y posterior colocación de catéter doble J consiguieron. La paliación con homeopatía resultó en evitar la ablación renal y mantener asintomática a la paciente con un riñón malformado que está armoniosamente utilizando sus escasos recursos para funcionar.

Palabras clave: Terebinthinae óleum. Hidronefrosis. Dolor renal. Paliación. Formula Homeopática de diagnóstico del Simillimum

## EL HIGIENISMO EN HOMEOPATÍA. REVISIÓN DE LOS ESCRITOS DE HAHNEMANN Y SU RELACIÓN CON LA PREVENCIÓN DESDE LA MEDICINA BASADA EN LA EVIDENCIA

#### Dr. Gabriel Alfonso Crespo<sup>1</sup>

<sup>1</sup>Fundación Médica Homeopática Vitalis, Argentina

Introducción: El incremento desmedido de las enfermedades crónicas no transmisibles que se sucede desde las últimas décadas especialmente en el mundo desarrollado, está relacionado con el estilo de vida. Diabetes, Alzheimer, enfermedad coronaria, hipertensión arterial y todo el conglomerado de enfermedades autoinmunes, están íntimamente relacionadas con un estilo de vida determinado por el sedentarismo, el acceso fácil a comidas rápidas ultra procesadas, un patrón de sueño alterado y acortado en varias horas, y las tensiones cotidianas incesantes cada vez más agobiantes que entran en un juego de retroalimentación de malos hábitos terminando en un deterioro irreversible de la salud. El Maestro Hahnemann destacó en varios de sus escritos, la importancia de tener un estilo de vida saludable, pudo ver en su tiempo aquello que era imperioso apartar para conseguir y sostener la salud. Objetivos: En este trabajo, intento destacar las indicaciones del Hahnemann higienista y trazar una línea entre sus escritos y la información que provee la medicina basada en la evidencia. Y como el desarrollo de la sociedad fue creando el sustrato para la instalación del problema que se ha vuelto un desafío cotidiano para el médico homeópata.

Métodos: Se relacionan algunos parágrafos del Organón, El amigo de la Salud, El visitante del enfermo, La medicina de la experiencia, Esculapio en la Balanza, Comentarios de Leon Simon al Organón de Hahnemann, Efectos del café, donde el Maestro Hahnemann enfatiza en la prevención, con algunos trabajos actuales, que refrendan sus observaciones. Desde la definición de hábito hasta la revisión del paradigma nutricional hegemónico se analiza el desafío del cambio desde una mirada hipocrática y hahnemanniana.

Resultados: La evidencia muestra cómo la sociedad desarrollada camina hacia la enfermedad crónica, al leer al Maestro de Meissen vemos, que con aguda observación advirtió y nos alertó en la importancia de apartar aquello que No es enfermedad dinámica para conseguir el éxito en el tratamiento homeopático respetando el concepto de individualidad fundante en nuestra Homeopatía. La higiene del sueño, propuestas nutricionales como la dieta paleolítica y mediterránea, y la actividad física, surgen como pilares en el modelo que está emergiendo en un intento de prevención ante esta epidemia en crecimiento.

Conclusiones: El médico homeópata, se encuentra en la situación cada vez más frecuente de ubicarse en el rol de higienista, debe conocer aquello que enferma o enfermará al paciente y debe persuadirlo a que inicie un nuevo camino en su estilo de vida, pero antes debe conocer qué es y qué no es una verdadera enfermedad crónica digna de ser tratada homeopáticamente.

Palabras clave: Hahnemann - Higienismo - Prevención - Hábitos - Enfermedad crónica

# IMPROVING THE ACCURACY OF SYMPTOMS AS INDICATORS OF MEDICINES THROUGH MODERN EPIDEMIOLOGICAL TOOLS. INTRODUCING THE 'BEST CHRONIC HOMEOPATHIC PROJECT' AND THE RESULTS OF THE ANALYSIS OF THE FIRST 400 CASES

#### Dr. José Enrique Eizayaga<sup>1</sup>

<sup>1</sup>Director of the Homeopathy Division, Faculty of Health Sciences, Maimonides University, Buenos Aires, Argentina

Introduction: In homeopathy, the medicine administered to each patient is chosen based on the set of outstanding symptoms and signs that he presents in the consultation. The value of symptoms and signs as indicators of homeopathic medicines has been established over time in a mostly disordered, unquantified manner, sometimes based only on their presence in a few cases or on the principle of authority.

From the clinical research carried out by the Dutch homeopathic doctor Lex Rutten, it is now clear that a symptom is an indicator of a homeopathic medicine only when this symptom is observed with greater prevalence in patients who respond positively to this medicine than in the rest of the population.

The ratio of the symptom prevalence in patients who respond to medication / prevalence of symptom in the rest of the population, is called likelihood ratio (LR). If LR>1 the symptom indicates the medicine. A LR=1 it is neutral or uninformative and if it is <1, the symptom contraindicates the medicine.

In the experimental approach to this notion, various strategies have been used, prospectives and retrospectives, each with its strengths and weaknesses.

Objectives: To develop a multicenter work methodology that allows detecting those patients in whom the therapeutic response can be attributed to a single homeopathic medicine with a high level of certainty and whose characteristics have been investigated and registered a priori in a reliable and exhaustive manner. To determine the prevalence of symptoms in patients who respond to each medicine and calculate their respective LR, using the rest of the patients from the same database as a control. To improve knowledge and accuracy of symptoms as indicators of homeopathic medicines.

Methods: Inclusion and exclusion criteria of patients, development of the data entry form, normalization of symptoms, calculation of prevalence and LR of symptoms for each medicine.

Results: The results of the statistical analysis of the first 400 cases are presented. It was demonstrated, for a dozen medicines, that some symptoms are correctly attributed to some of them, and others are probably wrongly attributed.

Conclusions: The proposed methodology is a possible way of systematic investigation of symptoms as indicators of homeopathic medicines. Many experienced homeopaths around the world could participate in this research.

Keywords: Likelihood ratio; Symptoms as indicators of homeopathic medicine.





## **DENTISTRY HOMEOPATHIC THERAPEUTICAL PROCEDURES**Dr. Gloria Feighelstein<sup>1</sup>

<sup>1</sup>Liga Medicorum Homeopathica Internationalis - Lmhi, Aracajú, Brazil

In dentistry, as in medicine, homeopathy is a therapeutic among all other possible therapies. The prescription of homeopathic medicine is based on clinical evaluation. The signs and symptoms of the disease are associated with peculiar manifestations of the patient, their feelings and own characteristics and chronic reactive manner.

For the two disease categories, acute and chronic, defined by Hahnemann and Kent, we shall add a third, which would define rather a predisposition of the terrain, a tendency of the body.

The common chronic diseases in odontostomatology are:

- -The apical granuloma: the apectomy does not always offer a warranty healing, there are recurrences e can often be prevented through homeopathic therapy, apical granulomas disappear completely, to the radiography support, without surgery.
- -The chronic gingival stomatitis, pyorrhea, tendency to sores, alveolysis, etc.

Susceptibility of the organism: The tendency for certain individuals to be objects of inconveniences, sometimes unpleasant occurrences, manifested in certain circumstances more or less precise, which constitute a real concern for these predisposed persons as syconpes, phobia, nausea, nuisance bleeding etc.

The selected homeopathic medicine has its indication based on understanding of the patient in the repertoires and materia medicas. Furthermore, the dynamization is which determines the potentiation levels of the homeopathic medicines.

"The mouth goes not alone to the dentist!" Together with the mouth is a patient with all his cravings, anxieties and fears!

The correct homeopathic prescription imposes some requirements:

- global caught of the case.
- correlation of symptomatic totality of the patient in front of a pathogenetic picture
- individualization of a remedy, whose best correspond pathogenesis
- to this symptomatology.
- dynamized minimum dose capable of awakening, without delay unnecessary, the defense reactions essential to healing.
- remedy interruption since the improvement stabilizes

Conclusion: To be able to prescribe at the Homeopathic Clinic Therapeutic for Dentistry it is necessary:

The knowledge of homeopathic philosophy of Hahnemann, of the oral pathologies and their evolution, of the that is to be acute illness and chronic, of the the limits and dental ethics.

KEY-NOTES: Dentistry Clinic, Therapeutic Limits, Limits and Professional Ethica

## HOMEOPATHY IN DENTISTRY - A RETROSPECTIVE THROUGH THE WORLD

#### Dr. Gloria Feighelstein<sup>1</sup>

<sup>1</sup>Liga Medicorum Homeopathica Internationalis - Lmhi, Aracajú, Brazil

Homeopathy created by Samuel Hahnemann in 1796 follows the health-centered model of attention, placing all dimensions of the individual at the center of this paradigm.

It has as a characteristic to strengthen the patient both in their biological capacities of health maintenance as in those of self-care, besides promoting a humanized attention by the trained health professionals.

Homeopathy in Dentistry comes to add to the concept of treatment and healing, which is the ideal of every human being, who respects and loves his neighbor in the integral context of the individualization of being.

The therapeutic possibilities of Homeopathy in Dentistry can be applied in all procedures and areas of dental specialties: Minor Oral Surgery, Bucomaxillofacial Surgery, Restorative Dentistry, Endodontics, Implantodontics, Pediatric Dentistry, Orthodontics, Functional Jaw Orthopedics, Odontogeriatrics, Public Health, Stomatology, Periodontics, Prothesis, Radiology and Patients with Special Needs.

Homeopathic Dental Surgeons Doctors are achieving great interdisciplinary interaction with other prescribers who specialize in homeopathy (physicians and veterinarians), and pharmacists.

#### OBJECTIVES OF HOMEOPATHY IN DENTISTRY

- 1- Influence technical-dental work and make it more humanized.
- 2- To motivate the professional of dentistry in the understanding and the search for integral health.
- 3- Increase the capacity of observation of the health-disease process.
- 4 Stimulate homeopathic dental research within the regulations of each country.

#### CONSIDERATIONS:

Homeopathy in Dentistry in Brazil is present in Dentistry Faculties and entities, spreading it and forming new homeopathic dentists. Several national articles have been published in Brazil and abroad in periodicals of expression over the last few years, as well as several Dentist Doctors have concluded master's and doctorate with dissertations and theses on the application of Homeopathy in Dentistry.

Homeopathy in Dentistry has a Secretary for Dentistry on the Executive Committee of the Medicorum Homoeopathica Internationalis League - LMHI, which has started its work since 1999 and is secretariat by homeopathic dentists, which organizes and implements actions during the LMHI Congress and hold Seminars of Homeopathy in Dentistry around the World.

Key Notes: Homeopathy, Dentistry, Interelationship, Dentistry Specialties, Education, Research, Public Health, Legalization

#### FORMULA HOMEOPÁTICA DE DIAGNÓSTICO DEL SIMILLIMUM: SU APLICACIÓN EN CASOS CLÍNICOS DE ALTA CALIDAD CURACIÓN DE UN CASO DE INFERTILIDAD FEMENINA (CIE -10 N 97.9) Y DISMENORREA PRIMARIA (CIE-10 N 94.4)

#### Dra. Patricia Fernández<sup>1</sup>

<sup>1</sup>Fundación Médica Homeopática Vitalis, Argentina

Introducción: La infertilidad implica una deficiencia que no compromete la integridad física del individuo ni amenaza su vida, pero puede tener un impacto negativo sobre su desarrollo provocando dolor, frustración y gran infelicidad. La OMS ha recomendado considerar la infertilidad como un problema de salud global, estimándose que existen de 60 a 80 millones de parejas infértiles, lo que representa el 15 % del total de las las parejas en edad reproductiva. Se presenta el caso de una paciente de 39 años, casada, un hijo varón de 3 años, que consulta por: a. INFERTILIDAD FEMENINA (CIE -10 N 97.9): su único hijo es consecuencia de un procedimiento de fertilización in vitro, habiendo realizado previamente 3 fertilizaciones asistidas sin resultado, nunca quedó embarazada espontáneamente. En busca de un segundo hijo, realizó otras 2 fertilizaciones in vitro, quedando embarazada y abortando los 2 embarazos en la 8° semana, tras la pérdida del 2° embarazo se diagnostica trombofilia por presencia de factor anticoagulante lúpico; y b. DISMENORREA PRIMARIA (CIE-10 N 94.4): presente desde su menarca (13 años), con dolor abdominal tipo cólico que provoca vómitos y desmayos, intensa cefalea premenstrual ("como un hacha clavada"), con mejoría mínima luego del nacimiento de su hijo.

Objetivos: La presentación del siguiente caso tiene como objetivo ilustrar la confiabilidad y efectividad de la metodología desarrollada por el Dr. Carlos N. Cámpora, la Fórmula Homeopática de Diagnóstico del Simillimum (FHDS) para la resolución de casos complejos a través de la aplicación de su Semiología Homeopática Sistemática (SHS) y sus Estrategias de Abordaje de Casos Clínicos (EAAC).

Método: Se realizó la toma del caso siguiendo los principios descriptos por Hahnemann en el Organon de la Medicina y las pautas metodológicas de la SHS de la FHDS. Los síntomas característicos fueron seleccionados con el Algoritmo de Síntomas Característicos del Dr. Cámpora (ASC-CNC), se repertorizaron con CNC-Programa de Homeopatía; el caso fue analizado acorde las EEACC de la FHDS. A partir de las siguientes EACC: Nosode Patogenético de la Totalidad Sintomática Característica satisfactoria y coherente de 3 Síntomas Principales (Nd pat TSC sc 3SP) + 2 Keynotes de Evidencia A (2Keynotes A), se indicó Carcinosinum, en escala centesimal, 10 glóbulos 3 veces al día, potencias crecientes, comenzando con 200 K. El caso pertenece al Banco de Reporte y Estudios de Casos Homeopáticos de Argentina (BRECHA). La relación causal de tratamiento homeopático fue evaluada con MONARCH (Modified Naranjo Criteria for Homoeopathy). El resultado del tratamiento se documentó con múltiples estudios y videofilmaciones del paciente.

Resultados: El nivel de curación alcanzado correspondió a la Curación Radical de BRECHA lo que implica la resolución de la totalidad de los motivos de consulta asociado a una transformación vivencial experimentada como sensación de libertad, felicidad o paz. La paciente logro un embarazo natural, luego de solo 3 meses de tratamiento, lo cursó sin mayores complicaciones, dando a luz una niña saludable. Respecto de la dismenorrea desapareció por completo desde el primer mes de tratamiento. Score de Calidad de Casos Crónicos BRECHA: 9913-5579-7992. MONARCH: 10.

Conclusiones: La Fórmula Homeopática de Diagnóstico del Simillimum es una herramienta especialmente valiosa que permite obtener curaciones notables en casos complejos y difíciles de resolver aún con las más complejas y sofisticadas técnicas de la medicina convencional, permitiendo volver las prescripciones homeopáticas más certeras, comprensibles y transmisibles.

Palabras Claves: Carcinosinum - Infertilidad - Dismenorrea - Cura radical - Fórmula Homeopática Diagnóstico Simillimum

## THEORY AND TECHNIQUE IN HOMEOPATÍA DE MÉXICO. CLINICAL CASE

#### Dr. Andrea Flores Sánchez<sup>1,2</sup>

<sup>1</sup>Facultad de Medicina de la Universidad Nacional Autónoma de México y Escuela de Posgrado de Homeopatía de México, Mexico City, México,

<sup>2</sup>Homeopatía de México, Mexico City, México

Introduction: Dr. Proceso Sanchez Ortega, Mexican homeopath, was a great scholar of Hahnemann's Theory of Miasmas or chronic diseases.

He also studied the different precursor authors of the miasmatic theory: Allendy, Bouchard, Trousseau, Allen, Kent, Roberts, Ghatak, etc. and then defined the concept of miasm: "constitutional morbid state resulting from the arbitrary and unnatural suppression of an acute disease". Furthermore, based on paragraph 74, he classified the symptoms according to their miasmatic expression (psora, sycosis, and syphilis), which he called miasmatic seriation, and thus developed the miasmatic method in the clinic.

Objective: To analyze a clinical case following the Hahnemannian method of the Organon and the miasmatic method.

Method: Analysis of a clinical case following all the indications of case taking in Hahnemann's Organon and following the miasmatic method of P. S. Ortega. The repertorization of the characteristic symptoms (paragraph 153 of the Organon) of the clinical case will be compared taking into account the miasmatic seriation of the symptoms and without considering this seriation.

Results: It can be noted that by following the miasmatic method in the repertorization of the symptoms chosen for prescription, the remedies indicated in the repertorization vary from the remedies indicated in the repertorization without taking into account the miasmatic seriation.

Conclusions: P.S. Ortega developed the miasmatic method, following Hahnemann's teachings to take into account inherited and heritable chronic diseases (miasms) in the clinic. If we consider the miasm in each case we will have better results in the prescription and we will know the prognosis of each case.

#### **DIFFICULT CASES**

#### Dr. Michael Frass<sup>2,3,4</sup>, Juergen Ivanis<sup>1</sup>

<sup>1</sup>Wiener Biowerkstatt, Vienna, Austria,

<sup>2</sup>Institute for Homeopathic Research, Vienna, Austria,

<sup>3</sup>Scientific Society for Homeopathy (WissHom), Koethen, Germany,

<sup>4</sup>Univ.-Prof.i.R. Med. Univ. Vienna, Vienna, Austria

The lecture will provide an insight about successful individualized homeopathic treatment in 5 critically ill patients:

- (I) Homeopathic treatment of complications in a premature baby born at 26 weeks of gestation
- (II) Additive homeopathy during liver transplantation in a 6 weeks old baby
- (III) Last minute homeopathic treatment of a hospitalized COVID-19 patient with very complex comorbidities e.g. lymphoma (DLBCL), diabetes mellitus, COPD etc.
- (IV) HIV/AIDS with advanced encephalitis The power of high dose potencies as a turnaround in this rapid progression of disease
- (V) Saving the patient from chronic renal dialysis by help of homeopathy
- All cases will be described in detail regarding the most important treatment steps.

## PERIODIC FEVER SYNDROME (PFAPA) - ANOTHER EXAMPLE OF INFLAMMATORY PROCESSES RESPONDING WELL TO CLASSICAL HOMEOPATHY

#### Dr. Michael Frass<sup>1,2,3</sup>

<sup>1</sup>Institute for Homeopathic Research, Vienna, Austria,

<sup>2</sup> Scientific Society for Homeopathy (WissHom), Koethen, Germany,

<sup>3</sup>Univ.-Prof.i.R. Med. Univ. Vienna, Austria, Vienna, Austria

Background: Periodic fever, aphthous stomatitis, pharyngitis, cervical adenitis (PFAPA) syndrome is increasingly diagnosed. In these young children, fevers might recur periodically every three to eight weeks. PFAPA is considered as an acquired autoinflammatory disorder recurring in association with at least one of the above mentioned signs. The aim of this lecture is to present the success of individualized homeopathic treatment in these children. Methods: The history and symptoms of 13 PFAPA patients is reviewed. The individually chosen homeopathic medicinal products (HMPs) are compiled, and the course of the disease described. Some cases will be presented in more detail.

Results: Except one, all children recovered completely within one to five months of treatment. Evaluation by modified Naranjo-Criteria resulted in with a score of eight in seven children, in a score of nine in four children with, in a score of ten in one child, and in a score of minus two in another child.

Conclusion: These cases suggest that individualized homeopathy works successfully in patients with PFAPA. There was a time-dependent improvement with regard to frequency of flares, as well as intensity of symptoms, up to complete disappearance of disease. Several parents reported improvement of behavior concomitant with physical improvement.

## ATTENTION DYSREGULATION IN BREAST CANCER PATIENTS FOLLOWING A COMPLEMENTARY ALTERNATIVE TREATMENT ROUTINE: A DOUBLE-BLIND RANDOMIZED TRIAL

Dr. Yakov Freed

<sup>1</sup>Encer.life, Ranana, Israel

Breast cancer patients and survivors frequently report fatigue, emotional, and cognitive disturbances, which reduce performance at all levels of occupation and make life quality issues a considerable clinical concern. The aim of this study is to evaluate attention and emotion regulation across radiotherapy period and the possible effects of complementary alternative medicine (CAM). Methods: Fifty-seven patients with unilateral breast cancer underwent surgery and systemic chemotherapy before participating in this double-blind randomized study. Two thirds were given CAM (n=38) while the rest received placebo (carrier only, n=19). Patients' attention and anxiety were physiologically tested at baseline, 2 and 4weeks during the radiation period as well as 1-month after the end of radiation session. Results: Both groups showed similar levels of anxiety with no significant differences at baseline nor post-radiotherapy. Long-term significant recovery of attention performance was observed in the CAM patients, accompanied by a similar tendency in anxiety level, measured by the eye-blink probability. Conclusions: This study physiologically validates the attention impairment reported among breast cancer survivors; also, it depicted a beneficial late-effect of a routine CAM on attention dysregulation. The suggested non-invasive physiological measures can physiologically monitor patients' psychological and cognitive well-being as well as evaluate the beneficial effect of CAM in breast cancer patients by assessing their coping ability to support the treatment plan. Thus, the results have potential clinical implications on patients' and survivors' quality of life.

Trial Registration: NIH, NCT02890316. Registered July 2016, http://www.ClinicalTrials.gov

Keywords breast cancer, radiotherapy, fatigue, attention, anxiety, emotion, dysregulation, complementary alternative medicine, homeopathy.

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## ENCER, THE NEW HOMEOPATHIC MEDICINE THAT HELPS CANCER PATIENTS TO DEAL WITH CTRF

#### Dr. Yakov Freed

<sup>1</sup>Encer.life, Ranana, Israel

Breast cancer patients and survivors frequently report fatigue, emotional, and cognitive disturbances, which reduce performance at all levels of occupation and make life quality issues a considerable clinical concern. The aim of this study is to evaluate attention and emotion regulation across radiotherapy period and the possible effects of complementary alternative medicine (CAM). Methods: Fifty-seven patients with unilateral breast cancer underwent surgery and systemic chemotherapy before participating in this double-blind randomized study. Two thirds were given CAM (n=38) while the rest received placebo (carrier only, n=19). Patients' attention and anxiety were physiologically tested at baseline, 2 and 4weeks during the radiation period as well as 1-month after the end of radiation session. Results: Both groups showed similar levels of anxiety with no significant differences at baseline nor post-radiotherapy. Long-term significant recovery of attention performance was observed in the CAM patients, accompanied by a similar tendency in anxiety level, measured by the eye-blink probability. Conclusions: This study physiologically validates the attention impairment reported among breast cancer survivors; also, it depicted a beneficial late-effect of a routine CAM on attention dysregulation. The suggested non-invasive physiological measures can physiologically monitor patients' psychological and cognitive well-being as well as evaluate the beneficial effect of CAM in breast cancer patients by assessing their coping ability to support the treatment plan. Thus, the results have potential clinical implications on patients' and survivors' quality of life.

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Keywords breast cancer, radiotherapy, fatigue, attention, anxiety, emotion, dysregulation, complementary alternative medicine, homeopathy.

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## THE HOMEOPATHIC TREATMENT OF SEVERE SKIN DISORDERS WITH LONG-TERM FOLLOW UPS

#### Dr. Beatrix Gessner

<sup>1</sup>Dzvhä, Konstanz, Germany

The treatment of severe and chronic skin diseases is one of the challenges in our homeopathic practice.

Patients with multiple allergies, strong itching episodes and recurrent skin eruptions are undergoing an immense discomfort.

Children with atopic eczema often affect the well-being of the whole family with sleepless nights, difficulty of nutrition and despair of recovery.

Fortunately we can offer a successful therapy with homeopathic treatment.

To avoid the administration of suppressive therapies like Corticosteroids is one of the most important issues during the cure.

The homeopathic remedies have to be adapted to the acute conditions and the chronic disposition of the case.

This presentation will share my experience, working in a homeopathic hospital in Germany, specialized in the treatment of patients with severe allergies, asthma bronchiale and atopic eczema.

Cases from my clinic with long-term follow ups will be included.

Key Notes: Allergic Diseases, Homeopathic Hospital, Long-Term Follow Ups

### THE PRACTICAL USE OF LM POTENCIES IN THE DAILY TREATMENT OF PATIENTS WITH COMPLEX AND CHRONIC DISEASES

### Dr. Beatrix Gessner

<sup>1</sup>Dzvhä, Konstanz, Germany

Dr. Christian, Samuel Hahnemann developped this form of potencies in his last years with the intention to combine the strong curative potential of his remedies with a soft and moderate application in order to avoid aggravations and to accelerate cure.

In §246 he is presenting his satisfactory experiences and results with gratefullness. LM Potencies are extremely usefull in the daily routine of treating patients with complex and chronic diseases.

One advantage is, that we can combine homeopathic and allopathic treatment, if necessary, in severely sick patients with a diagnosis like severe asthma bronchiale, colitis ulcerosa, malignant diseases or depression.

Another great advantage can be seen in the treatment of children and adults with atopic eczema and other skin disorders.

Here we have the immense benefit to be able to avoid strong aggravations and side effects. There is also a great impact of homeopathic treatment in hormonal dysbalances like menopause, which often is showing an irregular pattern in its symptomatology to which LM Potencies adapt very well.

Since 30 years I am using LM Potencies in my daily work with very satifactory results. Cases will be presented.

Key Words: LM Potencies, Complex and Chronic Diseases, Allergic Eczema

### DOS AND DON'TS IN THE APPLICATION OF HOMEOPATHY IN CLINICAL PRACTICE

### Juergen Ivanis1

<sup>1</sup>Wiener Biowerkstatt, Vienna, Austria

Severely ill patients in the clinical setting are usually asymptomatic, intentionally provoked by the conventional medicines used. The most difficult case that homeopaths can face in the clinic are sedated patients! On the other hand, these patients are at the same time the most pleasant group of patients we normally else see, as they are the most controllable group, where, among other things, each homeopathic drug administration is often well recognizable due to the available clinical records, such as permanent patient monitoring or daily clinical examinations!

The author of this lecture will share his practical experience of over 15 years in treating patients in the clinical setting in collaboration with physicians in the intensive care unit, stroke unit, neonatology, oncology, neurosurgery (aneurysm, brain tumor, metastases), transplant unit, cardiology, etc. "What works, what doesn't work", the dos and don'ts of homeopathic treatment approaches in the clinic!

Keywords: Homeopathic treatment strategies in the clinical setting, Extended anamnesis beyond the acute disease case, Required knowledge of practitioners beyond homeopathy (e.g. Required empathy and interpersonal skills to manage critical cases involving high uncertainty; critical disease processes, toxicological risk profiles of conventional medicines), Differentialdiagnostic, The working model and daily rountine, The blended (overshadowed) patient: How to find the right remedy in the right moment in the right potency with the right repetition; Extended Symptom-Analysis (ESA): Methods of additional patient examination and differential diagnostic tools for homeopaths bedside to best evaluate the course of the disease and the patient in toto; How to find out who was the responsible driver for the healing progress or current event in a common therapy concept of conventional and homeopathic treatment regime and other lessons learned in the application of homeopathy in the clinical environment.

### HOMEOPATHIC MEDICINES IN THIRD WAVE (OMICRON) OF COVID-19: PROGNOSTIC FACTOR RESEARCH

**Dr. Raj K. Manchanda**<sup>1,2</sup>, Dr. Anjali Mijlani, Dr. Amrit Kalsi, Dr. Smita Brahamchari, Dr. K. N. Rama, Dr. Pallavi Kaushik, Dr. Pawan Goel, Dr. Anju Jethani, Dr Cheshtha Nagrath, Dr Nirmal Yadav, Dr. T. K. Jitesh, Dr. Kavita Sharma, Dr Shelly Arora, Dr. Amitab B, Dr. Pradeep K. Roy, Dr. Ram Kumar, Dr. Lex Rutten.

<sup>1</sup>Director, Directorate of Ayush, Government of Delhi, New Delhi, India,

<sup>2</sup>Secretary for Information and Communication, Liga Medicorum Homoeopathica Internationales, Germany

Background/Objective: With the emergence of new variants of SARS-CoV-2 virus, such as the Omicron variant, during the third wave of COVID-19 pandemic, there was a need to identify useful homeopathic medicines. This study aimed to identify such medicines and their indications using prognostic factor research (PFR).

Methods: This was an open label, multi-centred observational study conducted in January 2022, on confirmed COVID-19 cases. The data were collected from integrated COVID Care Centres in Delhi, India where homeopathic medicines were prescribed along with conventional treatment. Only those cases that met a set of selection criteria were considered for analysis. The likelihood ratio (LR) was calculated for the frequently occurring symptoms of the frequently prescribed medicines. An LR of 1.3 or greater was considered meaningful. Results: Out of the 362 COVID-19 cases, 263 cases were selected for analysis after applying selection criteria. Common symptoms included fatigue, cough, sore throat, myalgia, and headache. Twenty-one medicines were prescribed of which nine medicines-Gelsemium sempervirens, Bryonia alba, Hepar sulphuris, Rhus toxicodendron, Pulsatilla nigricans, Arsenicum album, Belladonna, Nux vomica and Phosphorus were frequently used. By calculating LRs, the study identified meaningful indications for these medicines.

Conclusion: Homeopathic medicines have shown encouraging results in the third wave of COVID -19 as an adjunct therapy. The medicines which were used in the first and second wave were found useful in third wave also and their indications were analogous to those found in the earlier waves. Certain new indications of some medicines were elicited in this wave which warrant further research. However, it is important not to restrict to these medicines only and to continue data collection in COVID-19 in future waves also for the improvement of COVID-19 mini-repertory.

### COMPETENCIAS DEL MÉDICO HOMEÓPATA EN UNIPAEZ Dra. Alba Martilletti:

<sup>1</sup>Unipaez, Bogota, Colombia

Introducción: En Colombia la Ley 1164 de 2007 (Ley del talento humano en salud), en su artículo 12 define a las competencias como "una actuación idónea que emerge en una tarea concreta y en un contexto determinado. Esta actuación se logra con la adquisición y desarrollo de conocimientos, destrezas, habilidades, aptitudes y actitudes que se expresan en el ser, saber, el hace y el saber ¬hacer." Estas competencias deben desarrollarse en escenarios de prácticas formativas con condiciones de calidad para cualquier profesional de la salud. En la UNIPAEZ se evidencian y desarrollan las competencias del especialista en Medicina homeopática integrando además en las aptitudes y actitudes los valores institucionales, permitiendo un enfoque ético, contextualizado e integral del paciente, bajo el concepto de la Medicina Homeopática.

Objetivos: Evidenciar como las competencias que logran los estudiantes en forma gradual y progresiva, de acuerdo con los objetivos de formación propuestos en cada uno de los semestres académicos y desarrollados en las prácticas clínicas, son medibles y evaluables. Métodos: Descripción narrativa.

Resultados: En la presentación se desarrollan las técnicas de observación directas y como se evalúan desde un punto de vista cualitativo con ponderaciones numéricas cuantitativas Conclusiones: En el Programa de Especialización en Medicina Homeopática de la UNIPAEZ, se propone cómo desarrollar y evaluar las competencias de la práctica clínica con delegación progresiva de funciones en un ámbito académico ético e integral.

Palabras clave: Educación, Competencias, Homeopatía

### REPORTE DE CASO: ENFERMEDAD DE POMPE



<sup>1</sup>Unipaez, Bogota, Colombia

Introducción: La enfermedad de Pompe es una enfermedad metabólica hereditaria que consiste en una deficiencia congénita de la enzima alfa 1,4 glucosidasa, produciendo una acumulación creciente de glucógeno en el ámbito lisosomal, que afecta principalmente, al teiido muscular.

Aunque la enfermedad es la misma con independencia de la edad del paciente, existen tres presentaciones clínicas de la enfermedad de Pompe: la infantil, la juvenil y la adulta, definidas cada una de ella según la edad de aparición de los síntomas y la velocidad de progresión de la enfermedad.

Se estima que la incidencia de todos los subtipos clínicos es inferior a uno por cada 40.000 nacimientos. La enfermedad de Pompe se da en todas las razas, y, al ser una enfermedad autosómica recesiva, afecta por igual a hombres y mujeres.

El tratamiento convencional implica la sustitución enzimática, sin embargo existen efectos adversos al tratamiento como son las reacciones alérgicas y la aparición de anticuerpos contra la enzima de sustitución

Objetivo: Reportar un caso clínico de una enfermedad huérfana incurable con la intención de mejorar la calidad de vida y expectativas de los pacientes.

Metodología: Se reporta un caso clínico de la consulta docente de UNIPAEZ, con evolución de un año que presenta complicaciones respiratorias iniciales y que durante el año de tratamiento mejora la actividad física, las complicaciones respiratorias y su calidad de vida. Resultados: Se describen los seguimientos terapéuticos y la evolución del paciente con análisis cualitativos y cuantitativos de su estado clínico.

Conclusiones: La medicina homeopática permite mejorar la calidad de vida de los pacientes que padecen enfermedades incurables permitiendo que alcancen los mas altos fines de su existencia, es decir ser felices a pesar de su patología.



### HOMOEOPATHIC MANAGEMENT OF ADVANCED CANCER PATIENTS IN HOSPITAL PRACTICE

### Dr. Farokh Master<sup>1</sup>

<sup>1</sup>King Edward Memorial Hospital, Bombay, India

Introduction: Estimates indicate India's reported cancer incidence in 2022 to be 19 to 20 lakhs. A high proportion of cases continue to be detected at the last stages for major cancer types in India. The high burden of cancer incidence in India is resulting in a high economic burden on account of productivity losses and premature mortality. While on one hand incidence is rising, deaths due to cancer have remained among the top 5 causes of death in India over the last decade. Estimates indicate that the total number of deaths due to cancer has been 8 to 9 lakh in 2020, causing the mortality-to-incidence ratio for different cancer types in India being among the poorest compared to global counterparts. Objective: To manage advanced cancer patients with homeopathic treatment, by giving quality of life, reducing pain, agony, discharges, cancerous wounds, and if possible further progression of cancer. Methods: Case-taking method as mentioned in Organon, selecting medicine as per the law of Similars, inducting philosophy of Dr. Burnett, Dr. Clarke, and Dr. Boericke by selecting an acute remedy for acute symptoms followed by pathological remedy for handling the size of the tumour and metastasis and anti-miasmatic remedies for the treatment of cancer. We selected 100 patients who regularly attended our cancer clinic for a minimum period of 9 months. Results: More than 60 percent of patients with advanced cancer benefitted only from homeopathic drugs. Conclusion: Homoeopathic drugs are beneficial in advanced cancer. Keywords: Homoeopathy, Cancer, Advanced



### STRATEGY USED IN MY PRACTICE TO TREAT RHEUMATOID ARTHRITIS

### Dr. Farokh Master<sup>1</sup>

<sup>1</sup>King Edward Memorial Hospital, Mumbai, India

Introduction: Autoimmune cases constitute almost 25% of my practice of which rheumatoid arthritis is leading followed by other conditions. Cases are strategically analysed and prescribed based on several factors like stage of the disease, use of immunosuppressants, deformity of joints and general condition of the patient. I have prepared this case study based on the patients I have seen, and this study is to show the effectiveness of homoeopathy in managing rheumatoid arthritis.

Objective: The aim of this prospective study was to uncover the efficacy of Homoeopathic drugs in managing cases of rheumatoid arthritis.

Methods: We selected 100 patients who regularly attended our cancer clinic for a minimum period of 9 months. Detailed homoeopathic evaluation of the patient was done, determining his past and family history, his physical constitution, his physical general symptoms, his mental symptoms, and his life space. The Rheumatoid Arthritis Pain Scale questionnaire (RAPS) was used to evaluate the response. The observation period was for 9 months. Single homoeopathic drugs were selected in different potencies and administered by a special 5-cup method dose and patients were observed over a minimum period of 9 months. Results: The results were very encouraging. More than 80% of the patients felt improvement in their pain.

Conclusions: From this study, we could positively conclude that Homoeopathic medicines were able to provide significant relief in their pain without causing any adverse effects. In fact, they were able to improve the overall condition of the patient and give them a sense of well-being along with an improvement in their energy levels. Reference: Clinical Case files at Homoeopathic Health Centre.

Keywords: Homoeopathy, Rheumatoid, Arthritis, Pain Management

### INTEGRAL MODEL OF HUMAN DEVELOPMENT AND APPLIED HOMEOPATHY

### Dr. Bernardo Merizalde<sup>1</sup>

<sup>1</sup>Thomas Jefferson University, Lafayette Hill, United States

Introduction: This presentation describes the process of human development, phylogenetic and ontogenic, through lines, stages, levels, and states, corresponding to organic, neurological, emotional, psychological, and social development, and how homeopathy can be used to facilitate that process of development in individuals and the community.

Objectives: To be able to identify which developmental processes a person or group may be going through, and which homeopathic medicines and therapeutic interventions can be used to facilitate change and integration of operations and executive functions that are most beneficial for people.

Methods: Slide presentation, with pertinent information, to illustrate the various levels of development and application of theory to clinical practice.

Results: This model is the result of the integration of research carried out by several scientists and applied in a professional practice for more than thirty years.

Conclusions: The use of a model of integral human evolution can help with the selection of homeopathic medicines that can serve to catalyze the developmental process in which the patient may be having difficulties working through and integrating.

Keywords: #Development #Integral #homeopathy #states #human #levels #stages

### THE ESOTERIC ELEMENTS OF HOMEOPATHIC MEDICINE: ALCHEMY AND TRANSFORMATION IN CLINICAL PRACTICE

### Dr. Bernardo Merizalde<sup>1</sup>

<sup>1</sup>Thomas Jefferson University, Lafayette Hill, United States

Introduction: In this presentation we will review the theoretical and practical historical background around the time that Hahnemann developed homeopathic medicine, and though he may have discounted the influence of these esoteric ideas, their presence is evident. One of these esoteric elements is alchemy and some of its concepts have influenced the development of medicine in general and homeopathy in particular. The talk will discuss how these elements can be used in clinical practice.

Objectives: To learn the esoteric historical background of homeopathy, and how alchemical concepts can applied in clinical practice.

 $\label{thm:methods: Slide presentation with pertinent illustrations of the concepts reviewed and their application.$ 

Results: This lecture is based in over forty years of research and application of homeopathic medicine in clinical practice.

Conclusions: Knowing the esoteric foundations of homeopathic medicine can provide a more in-depth knowledge of how to apply homeopathic medicine in clinical practice.

Keywords: #esoteric #homeopathy #alchemy #transformation #clinical

### **ECOLOGICAL BREEDING MODEL AND HOMEOPATHY**

### Dr. Alejandro Montero Cornejo1

<sup>1</sup>Cimasur, Penco, Chile

Introduction: Small farm agriculture has historically sustained food biodiversity, and is the basis for guaranteeing food sustainability. However, the developmental intervention in agriculture based on the so-called Green Revolution model has deteriorated this capacity, by reducing agrobiodiversity and cultural diversity, homogenizing productivity and increasing technological dependence and economic concentration. As far as climate change is concerned, this has led to an increase in the ecological footprint and to the unsustainability and vulnerability of agroecosystems on a global scale. In view of this situation, it is proposed to rethink the relationship between farm agroecosystems and territory as a whole, in order to make the right decisions and to use the adequate practices with regards to sustainability and resilience.

Objective: To develop a characterization model of Ecological Breeding Patterns (EBP) to guide the homeopathic approach for farm agroecosystems and their components.

Method: The characterization of EBP arises from theoretical contributions made in systemic viability (Beer, 1985), organizational patterns (Maturana and Varela, 1980; Capra, 1998), ecological principles (Altieri, 2001 and Gliessman, 2002), homeopathy (Candegabe and Carrara, 2000) and agrohomeopathy (Meneses, 2017). Based on these contributions, a review of systematization studies of sustainable locality development programs, implemented in Chile between 1981 and 2007, was carried out. Similarly, a review of reports prepared between 2013 and 2019, related to applied research projects on sustainability and the use of homeopathy, was done with the participation of interdisciplinary teams from CIMASUR and four universities in Chile. Their findings identified variables and indicators of systemic viability functions and sustainability indicators for the characterization of agroecological patterns, while establishing a relationship between them.

Results and conclusions: A new way of characterizing the complexity of agroecosystems in terms of systemic viability and sustainability variables was established through a model that describes four patterns of ecological breeding, which have been identified as such: a) Resilience, b) Depleted c) Contradiction and d) Crisis. As a whole, this model allows for the diagnosis and prescription of homeopathic therapeutics for each of the breeding patterns, thus improving the efficacy of the diagnosis and the effectiveness of the homeopathic treatment of property agroecosystems.

Keywords: Homeopathy in animals, Agrohomeopathy, ecological breeding, agroecology, sustainability, homeopathic management of agroecosystems.

### STUDY OF THE BEHAVIOR OF NANOPARTICLES IN HOMEOPATH **MEDICINE**

### Dr. Alejandro Montero Cornejo<sup>1</sup>, Dra. Niurka Meneses Moreno<sup>1</sup>

<sup>1</sup>Cimasur, Penco, Chile

Introduction: Important research related to the characterization of homeopathic nanoparticles (HNPs) has emerged, in the field of homeopathic medicine, determining their presence, characterizing size, concentration and variation in their elaboration, at the same time, factors that constitute sources of variation in their preparation have been established (Chikramane et al 2010, Bell, Koithan and Brooks, 2013, Bell, Muralidharan, Schwartz, 2015, Rajendran, 2015). However, there is still a need to understand the behavior of the HNPs during the homeopathic drug development process.

Objective: To describe the behavior of nanoparticles during homeopathic drug development process.

Methods: Homeopathic drugs elaborated by CIMASUR- Chile, a private research lab, have been analyzed. At first, HNPs were characterized according to their origin, complexity and dilution factor. The results obtained allowed the elaboration of working hypotheses for the second stage in which their behavior was characterized. The following factors were considered: a) dynamization equipment, b) dynamization time, c) dynamization vehicle, d) dynamization temperature, e) dilution. Control samples were used for each of the tests. Nanoparticle Tracking Analysis (Nanosight S300) was used.

### Results and conclusions:

All samples contain HNPs. Three behaviors are described:

- a) Multiplication capacity; capacity of the vehicle used in the elaboration of the homeopathic medicine to produce or multiply HNPs. This parameter is measured from one dynamization to another.
- b) Multiplication coefficient: it expresses the number of times that HNPs of the same dynamization are multiplied but changing the speed with which the substances are shaken. The multiplication coefficient explains why the same drug prepared by different laboratories has potentially different effects on patients.
- c) Zigzag effect: It is present when the multiplication capacity is performed. The size is variable, and this effect can be observed between different dynamizations.

Nanoparticles are present in nature, and the homeopathic process manages to modulate them. In homeopathic medicine, the pharmacotechnical process that should be observed are the changes in concentration of HNPs, and NOT the changes in the dilution of the solutes. The dynamization process would confer more energy, greater diversity of information and multiplication capacity in the HNPs.

Keywords: Homeopathic nanoparticle, homeopathy, dilutions and dynamization, homeopathic medicine

### PSORIASIS IN CHILDHOOD, MANAGED WITH UNICIST HOMEOPATHY. CASE REPORT

### Dra. Diana Ospino<sup>1</sup>

<sup>1</sup>Barrancabermeja, Colombia

Introducción: Psoriasis (1) in a chronic multisystemic disease, with cutaneous involvement due to persistent activation on the immune system and belongs to the group of autoimmune disease. It affect about 125 million people worldwide and 30% of adults report that their lesions appeared before the age of 16 years, being the form of presentation in plaques also called vulgaris the most frequent at all ages. Comorbidities suchs as obesity, diabetes, dyslipidemia among others occur in 14% of the cases and involvement of the scalp and nails varies between 4-40% in some reports. Management depends on clinimetry i.e., affected body surface area, Psoriasis Area and Severity Index (PASI), impact of the disease, comorbidities, affected area and age of patient. Thus topical treatment, non-biologic systemic therapy os systemic biologic therapy can be chosen. A case managed with Homeopathy is described below, after presenting therapeutic failure with conventional management. Methodology: A case report of an adolescent with a diagnostic impression of psoriasis vulgaris associated with nail involvement, with involvement of difficult to manage areas (palms and soles) nail involvement, and co-morbidities such as obesity, dyslipidemia, and non-alcoholic fatty liver disease. Initial clinimetry and its evolution, drug selection, with graphic record of its improvement throughout 6 months of treatment are described. Results: Improvement is shown from a moderadte PASI to a mild PASI, as well as in the Nail Psoriasis Severity Index (NAPSI), with Phosphorus, achieving evident improvements not only in the skin but also in the nail bed and in the nail matrix, considering the involvement of high impact and difficult to treat areas.

Conclusion: Classical Homeopathy is proposed as a therapeutic option for the management of psoriasis in childhood, avoiding adverse reactions typical of conventional management.

Key word: Psoriasis, case study, Homeopathy, effectiveness, treatment. 1. AsoColDerma. (2020). Guías basadas en la evidencia para el manejo de la psoriasis en Colombia. Grupo Colombiano de Psoriasis y Artritis Psoriásica.

FÓRMULA HOMEOPÁTICA DEL DIAGNÓSTICO DEL SIMILLIMUM REPORTE DE CASO: CONDILOMAS ACUMINADOS EXTRAGENITALES EN DEDOS DE LAS MANOS, POSTERIOR A RESECCIÓN QUIRÚRGICA DE CONDILOMAS ACUMINADOS VULVO-PERIANALES-PERINEALES EN PACIENTE HIV +

### Dr. María Del Rosario Piston Vaccaro

<sup>1</sup>Vitalis, Montevideo, Uruguay

Introducción: Se presenta un caso clínico de condilomatosis-acuminada de los dedos de las manos, resistente al tratamiento convencional, que aparece luego de la resección quirúrgica de múltiples condilomas acuminados vulvo-perianales-perineales por HPV en una mujer de 55 años de edad, portadora HIV SIDA, de 33 años de evolución. Se aborda el caso siguiendo la Fórmula Homeopática de Diagnóstico del Simillimum (FHDS) del Dr Carlos N. Cámpora, metodología basada en principios hahnemannianos que brinda la posibilidad de utilizar herramientas de alta calidad, sistemáticas y científicas permitiendo analizar y comprender los casos clínicos complejos con resultados exitosos.

Objetivo: Evidenciar la efectividad del medicamento homeopático individualizado con un único medicamento en un cuadro viral previamente suprimido en una paciente inmunológicamente comprometida, a través de un medicamento escogido según la metodología FHDS. Método: Se realiza la toma del caso según las directrices descriptas por Hahnemann en el Organon de la Medicina y aplicando las pautas metodológicas de la Semiología Homeopática Sistemática (SHS), determinándose los síntomas característicos con el Algoritmo de Síntomas Característicos Dr Cámpora (ASC-CNC); se repertoriza con CNC-Programa de Homeopatía y se analiza el caso acorde a las Estrategias de Abordaje (EACC) de la FHDS. Se valida el resultado del tratamiento con videofilmaciones del propio paciente, de terceros y documentación fotográfica de la evolución de la patología. La relación causal del tratamiento homeopático se evalua con Modified Naranjo Criteria for Homoeopathy (MONARCH). Resultados: Se alcanzó el nivel de curación correspondiente a Cambio Total del Banco de Reporte y Estudio de Casos Homeopáticos de Argentina (BRECHA), es decir, curación local con mejoría mental y general, con desaparición completa de condilomas en manos, cambios mentales que no había logrado con múltiples prácticas religiosas-espirituales, y mayor comprensión y desarrollo de resiliencia frente a situaciones de vida, pasadas y presentes. La EACC utilizada fue: Totalidad Sintomática Característica super satisfactoria y coherente de 4 Síntomas Principales + 1 Keynote A (TSC ssc 4SP + 1Kn A). Se indicó Natrum muriaticum en escala LM, gotas, diarias, en dinamizaciones ascendentes hasta 300LM. Seguimiento: 6 años, Score de Calidad de Casos Crónicos BRECHA: 9754-7779 -9903 MONARCH: + 9.

Conclusión: La FHDS es una metodología confiable, efectiva y transmisible que nos permite a través de la Escala de probabilidad de éxito, medir la posibilidad de que el medicamento escogido a través de ella, sea el Simillimum. Este caso con una preprobabilidad de éxito Muy Muy Alta, demuestra una vez más que cuando el mejor medicamento es elegido, puede actuar aún en pacientes complejos de elevada vulnerabilidad psicofísica previa.

Palabras claves: Fórmula Homeopática de Diagnóstico del Simillimum - Condilomas acuminados - Natrum muriaticum - Cambio Total BRECHA

# CLASSICAL HOMOEOPATHIC PROVINGS IN AN INCREASINGLY REGULATED ENVIRONMENT: A METHODOLOGICAL OVERVIEW OF 25 YEARS OF DOUBLE-BLIND, PLACEBO-CONTROLLED PROVINGS IN SOUTH AFRICA

### Prof. Ashley Ross<sup>1</sup>

<sup>1</sup>Durban University of Technology (DUT), Durban, South Africa

Introduction: The Department of Homoeopathy at Durban University of Technology (DUT) has, over a period of 25 years, conducted 34 double-blind placebo-controlled provings of new simplex remedies, either within the context of Masters level research or within a formal research collaboration with a single multinational sponsor, and has established itself as a centre of excellence in proving research.

Although all the DUT provings conducted over the span of this methodological review have historically and currently been submitted to review by the institutional research ethics committee, there have been a series of important methodological changes in control group proportion, posology, adverse event reporting and management, pregnancy testing, prevention and management, and other methodological refinement in response to internal pressures, the advent of the various proving guidelines, and changes in national legislation that have pressured the overt conceptualisation of provings as clinical trials, and registration and approval of such trials by national (allopathic) regulatory bodies.

Objectives and Methods: In this paper, the author will provide an overview of the double-blind, placebo-controlled provings conducted at DUT, and outline the evolutionary refinements of methodology in specific reference to the use of placebo, the ethical aspects of prover recruitment, management and reporting, and formulation of materia medica. This systematic outline will include consideration of inclusion and exclusion criteria; the use of contraception and pregnancy prevention, reporting and management; adverse event reporting and management); as well as cursory insights into accountable proving data processing, analysis and the formulation of materia medica and repertory.

Results and Conclusions: The paper will foreground the challenges and opportunities of aligning the externally-imposed imperatives of clinical experimentation in the 21st century with the classical Hahnemannian conceptualisation of a proving as an unshackled phenomenological 'event', as well as the discussion of the practical considerations of conducting 'provings as clinical trials' that are simultaneously scientifically rigorous and accountable, yet yielding nuanced outcomes that are faithful to classical homeopathic intentions.

 $Keywords: Homeopathic provings, methodological overview, South \ Africa, classical provings, clinical trials$ 

### INTEGRATING HOMEOPATHY AND COMPLEMENTARY TREAT-MENTS IN CANCER CARE: THE PROCESS WITHIN THE PUBLIC HEALTHCARE SYSTEM OF THE REGION OF TUSCANY, ITALY

Prof. Elio Rossi<sup>1</sup>, Dr. Cristina Noberasco, Psych. Marco Picchi, Dr. Francesca Bosinelli, Dr. Anna Lida Elia, Dr. Mariella Di Stefano, Psych Matilde Luchi, Dr. Marialessandra Panozzo

<sup>1</sup>Homeopathic Clinic of Campo Di Marte Hospital - Tuscan Regional Center of Reference, Lucca, Italy

Introduction, According to a European multicenter study 32.2% of the population use complementary therapies, with percentages ranging from 5% to 74.8%. Furthermore, an estimated 40% of Italian cancer patients use these therapies in addition to anticancer therapies. In April 2021, the Manual for Breast Cancer Services issued by the European Commission Initiative on Breast Cancer Quality Assurance Development Group (QASDG) stated that Breast Cancer services must have a written policy to ask the patient about and discuss the use of complementary and integrative medicine (CIM) for breast cancer.

Methods: In 2009 the Tuscan Tumor Institute (now ISPRO) and the Tuscan Center Integrative Medicine (TCIM) established a working group of experts in CIM and medical oncologists to review the literature on the use of CIM in oncology. In 2013-2015, the TCIM participated in the European Partnership for Action against Cancer-EPAAC, aiming at collecting evidence on the use of CIM in cancer and mapping the European centers offering integrative oncology services. In 2018, a Memorandum of Understanding of international collaboration for research and professional training was signed with the Memorial Sloan Kettering Cancer Center of New York, US.

Results: In 2015, a Resolution of the Tuscan Regional Government stated to develop the use of some CM to manage cancer-related symptoms and side effects of conventional anticancer therapy. They were acupuncture for nausea and post-chemotherapy and post-surgery vomiting, cancer pain, hot flashes of iatrogenic menopause, xerostomia; homeopathy for hot flashes of iatrogenic menopause and side effects of radiotherapy; herbal medicine for pain, nausea and vomiting, anxiety and depression. Subsequently, a Panel of CIM experts and oncologists defined how to apply this Resolution. In 2019, Tuscany Region approved a regional Guideline (Diagnostic and Therapeutic Care Pathway) on breast cancer, which included a section on CIM as supportive cancer care. The most recent step of this innovative process is the document 'Diagnostic, therapeutic and care pathways - Integrative medicine for cancer patients', approved by the regional Decree no. 19664/21. The aim is to promote evidence-based CIM treatments in regional cancer Departments, to reduce the side effects of anticancer therapy, ensure effective, safe, high quality and uniform treatments, and improve the quality of life of patients, in a multidisciplinary approach to anticancer therapy. Conclusions. The inclusion of evidence-based complementary treatments as part of a Comprehensive Cancer Care Network helps to respond effectively to cancer patients' demand combining safety and equity of access in public healthcare systems.

### EDUCACIÓN EN HOMEOPATÍA EN EL SIGLO 21: DESAFÍOS Y PERSPECTIVAS

### Dr. Agustín Salinas<sup>1</sup>

<sup>1</sup>Escuela Medica Homeopática Argentina "Tomas P. Paschero", Buenos Aires, Argentina

¿De qué hablamos cuando hablamos de "educación en homeopatía"? Partimos de la base que lo que se enseña no es una ciencia, no es una medicina, sino un paradigma. Una forma diferente de observar, entender, pensar, relacionarnos con el mundo y la vida en general.

El paradigma tiene principios que le son propios, que lo diferencian de otros paradigmas. Su antecedente se encuentra en el vitalismo, una corriente de pensamiento filosófico-científico que surge en el siglo XV. Se acerca al holismo, que surge a fin de siglo XIX, posterior a los escritos de Hahnemann. Ambas tienen en común el concepto de totalidad como unidad funcional de los objetos de estudio. Hablar de totalidad es hablar de algo más que de la sumatoria de elementos. La propuesta es una división que permita entender por separado para lograr una síntesis total. Y este procedimiento se aplica a todo: a la comprensión del mundo natural, de la vida, del ser vivo, de su enfermedad, de su curación y de su trascendencia. El objetivo de este trabajo es re pensar la educación de la ciencia y el arte homeopaticos entendiendo que lo que ha de enseñarse es todo un nuevo paradigma que excede la mera practica medica.

Analizar las problemáticas profundas que surgen del hecho de que el objeto de estudio es en realidad un sujeto, y en el caso de la medicina, el propio sujeto que estudia.

Intentaremos enumerar y delinear las herramientas que se han desarrollado desde el tiempo de Hahnemann hasta nuestros días y como pueden ayudarnos a mejorar la calidad de la enseñanza y por ende la calidad de los homeópatas del futuro, para que se constituyan como personas con criterio científico a la vez que humanístico. Analizaremos las ventajas y desventajas de estas herramientas.

Finalmente, mediante este análisis, buscaremos elaborar un sistema educativo que nos permita afrontar los desafíos que se presentan o pueden llegar a presentarse de cara al futuro en la homeopatía y el mundo.

Palabras Clave: Educacion, Filosofia, Epistemologia, Investigacion.

### PROBLEMÁTICA DEL ABORDAJE PSICOLÓGICO DE LOS PACIENTES CON SÍNTOMAS MENTALES EN HOMEOPATÍA

### Dr. Agustín Salinas<sup>1</sup>

<sup>1</sup>Escuela Medica Homeopática Argentina "Tomas P. Paschero", Buenos Aires, Argentina

Introducción: La metodología clínica parte desde la toma de síntomas para elaborar un diagnóstico y hacer el seguimiento correspondiente de cada caso. Sin embargo, cuando nos referimos a los síntomas mentales hay un estudio previo psicológico-antropológico que debe hacerse del ser humano en general y del paciente en particular para poder lograr una comprensión profunda del sufrimiento del mismo y llegar a un diagnóstico de la totalidad de la enfermedad.

Existen diversas enfermedades "aparentes" (órganon par. 77), obstáculos a la curación (par 4.), y las llamadas "enfermedades del alma" (par 225-226) que con frecuencia se nos muestran con síntomas claros pero que no corresponden a lo "digno de curar" (parágrafo 3) y por ende no deberían ser considerados para su repertorización.

Por otro lado, muchos síntomas que pertenecen al disturbio miasmático, constitucional, y que sirven para repertorizar pueden aparecer aparentando otro síntoma diferente en el discurso del paciente.

Enmarcar el abordaje clínico de cualquier paciente como etapa previa, desde la psicología y la antropología metafísica, nos permite ampliar nuestra capacidad de percibir los síntomas, sobre todo mentales, de manera más clara para ser utilizados en la repertorización.

Objetivos: Sistematizar desde la filosofía y la psicología el estudio de "la naturaleza humana" (parágrafo 98) para enmarcar el abordaje de la totalidad sintomática de los pacientes, sobre todo en los casos de aquellos con problemáticas psicológicas o psiquiátricas.

Métodos: Estudio bibliográfico de la metodología clínica expuesta en el Organon 6ta edición a la luz de la filosofía, la antropología metafísica y la psicología. Con ejemplificación en el estudio del síntoma "antagonismo consigo mismo".

Resultados y conclusiones: La verdadera psicología homeopática tiene que ser estudiada primero a partir de la comprensión ontológica, antropológica y psicológica del ser humano; y luego a partir de la sintomatología observada en los síntomas mentales de las patogenesias de la materia medica como totalidad.

Palabras Clave: Repertorio clínica psicología Psiquiatría Materia Medica

## INTEGRATIVE MANAGEMENT OF FIBROMYALGIA ASSOCIATED WITH CHRONIC OROFACIAL PAIN AND BRUXISM: COMORBIDITIES OF A SENSITIZED NERVOUS SYSTEM

### Juan Carlos Salinas Castro

<sup>1</sup>Profesor Asociado del Departamento de Rehabilitación Oral, Facultad de Odontología, Universidad de Chile, Santiago, Chile

Introduction: Pain is a vital and fundamental experience of human existence, influenced by biological, psychological, social and spiritual factors. Chronic pain, persistent or recurrent, in sesitized neural sistem can generate states of anxiety, depression and functional deterioration, regardless of the diagnosis. Patients with fibromyalgia are aggravated in their clinical expression by the presence of chronic orofacial pain and bruxism, lowering their pain perception threshold and generating suffering.

Objectives: The changes in the pressure sensitivity threshold were evaluated in patients with fibromyalgia associated with chronic orofacial pain and bruxism, before and after being treated integratively with homeopathy, acupuncture and neural therapy.

Methods: Pressure sensitivity thresholds were determined in patients with fibromyalgia presenting with chronic orofacial pain and bruxism, and changes were recorded when they were treated integratively with homeopathy, acupuncture, and neural therapy.

Results: The integrative management with homeopathy, acupuncture and neural therapy allowed to recover the altered sensitivity thresholds and relieve the pain of the comorbidities as orofacial pain and bruxism, in patients with fibromyalgia.

Conclusions: The Nervous System is capable of being modified in the presence of chronic pain, such as fibromyalgia, producing neuroplasticity phenomena such as "Nociplastic Pain", which alters sensitivity thresholds and generates central and peripheral sensitization. A multimodal integrative management is capable of producing reverse neuroplasticity, recovering normal pressure sensitivity thresholds and alleviating persistent chronic pain.

Key words: Fibromyalgia, chronic orofacial pain, pressure algometer, neuroplasticity.

### SYMPTOMATIC CLARITY: MIASMATIC ANALYSIS OF SYMPTOMS. EXAMPLE IN A CLINICAL CASE

### Dra. Rosario Sánchez Caballero<sup>1</sup>

<sup>1</sup>Escuela de Posgrado en Homeopatía de México, Ciudad De México, Mexico

The symptomatic clarity, i.e., the representation of the just and true expression of the symptom, should be done whenever we take a case to make our prescription more precise. I will present the comparison of symptoms in a clinical case to avoid an erroneus prescription. In addition, the relationship between similar symptoms will be analyzed to prevent them from becoming more serious and becoming part of a deeper pathology. For example:

- Anxiety which represents psora is the prelude to fear; it is only the lack of a total mood tranquility that can escalate and reach another more serious symptom and of syphilitic, destructive order: Anguish, which is the maximum constriction of the mood between terror and sadness.
- Thoughts of death that could remain only ideas, if intensified by constant and serious stimuli, can reach the desire of suicide, also of destructive or syphilitic nature.
- Thus we also have the Spineless who is incapable of asserting themselves at the right moment -psoric- and can become Servile which is already unworthy, submissive, of a syphilitic nature, that is, destructive because it lacks dignity.

The objective is to show through case examples, how we can prevent the evolution towards more severe conditions and avoid a more profound pathology through the precision of the symptoms.

Conclusions: In these cases we see that we can avoid the possible transfer of symptoms when we detect other symptoms that resemble but are more severe and give rise to a greater pathology.

Key words: Symptomatic clarity, Miasma, Psora, Sycosis and Syphilis, Incurable diseases, Symptom transfer.

### FÓRMULA HOMEOPÁTICA DEL DIAGNÓSTICO SIMILLIMUM: SU APLICACIÓN EN CASOS CLÍNICOS DE CURACIÓN DE ALTA CALIDAD EN UN PACIENTE CON SÍNDROME DE GILLES DE TOURETTE SEVERO DE 30 AÑOS DE EVOLUCIÓN

### Dr. Liliana Alejandra Savoy

<sup>1</sup>Fundación Médica Homeopática Vitalis, Buenos Aires, Argentina

Introducción: La Formula Homeopática de Diagnóstico del Simillimum (FHDS) es una metodología sistemática y científica desarrollada por el Dr Carlos N. Cámpora, que, mediante la utilización de herramientas de alta calidad, permite analizar y comprender los casos clínicos basándose esencialmente en la individualización, y su objetivo es obtener resultados predecibles, transmisibles y exitosos. Se presenta el caso clínico de un varón de 38 años con Gilles de la Tourette de 30 años de evolución, que ha realizado múltiples tratamientos a lo largo de su vida con fracaso terapéutico, permanencia y agravación de sus síntomas.

Objetivo: La presentación del siguiente caso tiene como objetivo demostrar la confiabilidad y efectividad de la FHDS para la resolución de casos complejos a través de la aplicación de la Semiología Homeopática Sistemática (SHS) y las Estrategias de Abordaje de Casos Clínicos (EAAC).

Método: Se trata del estudio descriptivo de un caso perteneciente al Banco de Reporte y Estudio de Casos Homeopáticos de Argentina (BRECHA), seleccionado en razón de su severidad e incurabilidad en base al Score de Calidad de Casos Crónicos BRECHA (SCCC-BRECHA). La toma del caso se realizó respetando los principios hahnemannianos y siguiendo las pautas de la SHS; los síntomas característicos se determinaron con el Algoritmo de Síntomas Característicos Dr Cámpora (ASC-CNC); se repertorizaron con CNC-Programa de Homeopatía y se analizaron acorde a las EACC de la FHDS. El resultado del tratamiento fue validado con una videofilmación del propio paciente y reportes fílmicos de terceros confiables. La atribución causal del resultado del tratamiento se evaluó con los Modified Naranjo Criteria for Homoeopathy (MONARCH).

Resultado: Se alcanzó el nivel de curación correspondiente al Cambio Substancial o Curación Radical BRECHA, implicando la desaparición completa de tics motores, fónicos y conductas obsesivo compulsivas, asociado a una sensación de bienestar general, con profunda transformación de la actitud vital, vivenciado como un sentimiento de libertad y/o felicidad y/o paz. La EACC utilizada fue: Totalidad Sintomática Característica super satisfactoria y coherente 3 Síntomas Principales + Keynote A + Keynote A de la Totalidad Patológica Característica (TSC ssc 3 SP+ Kn A + Kn A TPC). Se indicó Mercurius Solubilis, gotas, diarias, en dinamizaciones ascendentes, 30CH - 60MFC. Seguimiento: 4 años. SCCC-BRECHA: 9734-9579-7x51. MONARCH: + 9.

Conclusión: La FHDS se presenta como una metodología sistemática y científica que a través de su SHS y las EACC permite comprender y analizar los casos clínicos, basándose en la individualización y cuyo objetivo es hacer la practica homeopática sistemática, predecible y exitosa para cumplir con la "más elevada misión del médico, de reestablecer la salud de sus enfermos, que es lo que se llama curar".

Palabras claves: Formula Homeopática Diagnóstico del Simillimun - Cambio substancial - Mercurius solubilis - Síndrome Gilles de la Tourette



### WHAT THE WORLD COULD LEARN FROM HOMEOPATHY Dr. Josef M. Schmidt

Homeopathy is an art of healing that addresses human beings in their entirety and wholeness. More precisely, patients are treated not merely (1.) as material mechanisms functioning according to causal laws, but also (2.) as creatures that are existentially related to, and connected with, a wide range of different qualities and (3.) as organisms animated by a vital force capable of reacting to specific stimuli, in order to overcome the threat they may impose, thus ultimately healing themselves.

By contrast, modern medicine, modern sciences, modern civilization and culture – from everyday conversation and consciousness, reflected e.g. in popular media, to economic, ecological or geopolitical considerations of transatlantic think tanks – have, in terms of paradigmatic presuppositions, almost no other basis than what may be called lógos-thinking. Last year, at the LMHI congress in Istanbul, I developed three new categories in order to facilitate a comprehension of the three powerful traditions of thinking that constitute homeopathy, all of which derive from presocratic times in Ancient Greece: lógos-thinking, hómoion-thinking and iásthai-thinking.

This year, in Bogotá, I am ready to point out the consequences and chances of this new way of dealing not only with homeopathy, but with the world at large. It might become clear that homeopathy, encompassing all three dimensions and thus harbouring an invaluable treasure in its methodology, may have the potential to function as a beacon or as a mirror for the prevailing reductionist attitude of modern civilisation, including science, technology and politics, to show decision makers as well as public opinion makers what, since the days of Hahnemann, has been unnoticedly lost: the dimensions of thinking in terms of similarity and healing.

Since, in a world packed with weapons and conflicts, this obliviousness might end in disaster, a revival of the forgotten dimensions constituting homeopathy may prove to be of urgent need for humankind.

### REVIEWING HOMEOPATHIC FAMILIES OF REMEDIES - EARLY AND CONTEMPORARY INSIGHTS

### Dr. Frederik Schroyens<sup>1</sup>

<sup>1</sup>Zeus Soft, Isnes, Belgium

Some contemporary homeopaths attach a lot of importance to families of remedies in their case analysis and prescription strategy. Nevertheless, these ideas have been present in our literature longer than many may imagine.

The author will review such different ways to use groups of remedies when analyzing a case, when trying to unblock a stuck case, etc.

Attention will be also paid to the potential pitfalls when relying on families of remedies.

Examples will clarify how families of remedies can (not) be used in daily practice.





### WORKING THROUGH A CASE WITH SYNTHESIS ADONIS Dr. Frederik Schroyens<sup>1</sup>

<sup>1</sup>Zeus Soft, Isnes, Belgium

The way we analyze a case is constantly in progress. Although the known principles don't change, new ways to apply them appear every now and then.

The author will work through a chronic case in a systematic way, hands-on and very practical.

The emphasis will be to show how a homeopath using today's insights and information, can work.

Synthesis Adonis is the new version of the repertory, bringing 12 years of work. The new information and tools contained in this update allow for new ways to solve cases. As such, this new database is an unparalleled part of case analysis.

# FORMULA HOMEOPÁTICA DE DIAGNÓSTICO DEL SIMILLIMUM - REPORTE DE CASO DE ALTA CALIDAD: PSORIASIS GUTTATA, FOBIAS ESPECÍFICAS Y AMIGDALITIS RECURRENTES

### Sr. Jorge Gabriel Secin<sup>1</sup>

<sup>1</sup>Fundación Médica Homeopática Vitalis, Buenos Aires, Argentina

Introducción: La Formula Homeopática de Diagnóstico del Simillimum (FHDS), es una metodología sistemática y científica desarrollada por el Dr Carlos N. Cámpora, que, mediante la utilización de herramientas de alta calidad, permite analizar y comprender los casos clínicos basándose esencialmente en la individualización, siguiendo los principios hahnemannianos y que permite aumentar la efectividad clínica de los médicos homeópatas posibilitando realizar prescripciones trasmisibles y reproducibles y curaciones sistemáticas. La psoriasis guttata es una erupción no mortal que puede tener un curso limitado, semanas a meses, pero que puede reaparecer o evolucionar a psoriasis crónica en placas en un tercio de los casos. Se reporta el caso de una mujer de 19 años con diagnóstico principal de Psoriasis guttata (9 meses de evolución), con progresión del cuadro a pesar de los múltiples tratamientos realizados; presentaba además fobias específicas (6 años de evolución) y amigdalitis recurrentes (13 años de evolución).

Objetivo: Evidenciar la confiabilidad y efectividad de la metodología de la FHDS en el abordaje del caso y en la elección de un único medicamento, que resultó efectivo no sólo en el motivo de consulta principal, sino además, en la totalidad de los motivos de consulta y un conjunto síntomas mentales y particulares, refractarios a los tratamientos realizados con anterioridad.

Método: Se trata de un caso perteneciente al Banco de Reporte y Estudio Casos Homeopáticos de Argentina (BRECHA). La toma del caso se realizó siguiendo las pautas de la Semiología Homeopática Sistemática (SHS); los síntomas característicos se determinaron con el Algoritmo de Síntomas Característicos Dr Cámpora (ASC-CNC); se repertorizarón con CNC-Programa de Homeopatía y se analizaron acorde a las Estrategias de Abordaje de Casos Clínicos (EACC) de la FHDS. El resultado del tratamiento fue validado con una videofilmación y documentado con fotos del propio paciente. La atribución causal del resultado del tratamiento se evaluó con los Modified Naranjo Criteria for Homoeopathy (MONARCH). Resultado: El nivel de curación alcanzado correspondió a Cambio Substancial o Curación Radical BRECHA, definida como curación de síntomas locales, generales y mentales, con transformación de la actitud, con profundo cambio en su vida y conducta, vivenciado como un sentimiento de libertad y/o felicidad y/o paz. La EACC utilizada fue: Totalidad Sintomática Característica super satisfactoria coherente 4 Síntomas Principales + Totalidad Patológica Característica super satisfactoria O Síntomas Principales (TSC ssc 4 SP + TPC ssc 0 SP). Se indicó Bryonia alba, glóbulos, diarios, en dinamizaciones ascendentes, 1M CK - 55M FC. Seguimiento: 2 años y 3 meses. SCCC-BRECHA: 9923-5770-09XX. MONARCH: + 9.

Conclusión: La FHDS es una metodología sistemática y científica que permite comprender y analizar los casos clínicos a través de la aplicación de la Semiología Homeopática Sistemática (SHS) y las Estrategias de Abordaje de Casos Clínicos (EAAC), herramienta fundamental para la elección del mejor medicamento, que se traduce en este caso, en la Curación Radical de una paciente con nulos resultados de los tratamientos previos, sin recurrencia de sus cuadros clínicos hasta la actualidad y una sensación de bienestar psicofísica perdurable.

Palabras claves: Formula Homeopática Diagnóstico del Simillimun - Cambio substancial - Bryonia alba - Psoriasis





### HOMEOPATHIC APPROACH TO THE SUICIDAL PATIENT

### Dr. Ramon Unzueta Hoffmann<sup>1,2</sup>

<sup>1</sup>Universidad Javeriana Cali, Cali, Colombia,

<sup>2</sup>International Academy of Classical Homeopathy, Alonissos, Greece

Introduction: Human beings live a series of transformation processes in their motivations, the engine that drives them through the phases of life and influences the way we relate to other human beings. The increase in suicide rates in our country warrants alert in primary health care. Homeopathy and the multidisciplinary and preventive approach have proven to be an important support for patients at risk of suicide.

Goals: Determine the impact of homeopathy in the preventive and curative approach to suicide risk in outpatient clinics.

Methods: Nearly twenty thousand clinical histories were reviewed from the CMU family medicine center in the city of Cali, selecting patients with suicidal ideation, thoughts or desires of death, and patients with one or more previous suicide attempts. Patients who committed suicide having received care for other causes in months or years prior to the event were included. It was analyzed whether or not they were under psychiatric treatment or if during psychiatric treatment for other causes they developed suicidal symptoms. The evolution of the symptom was compared in patients with only homeopathy and those with combined treatment with allopathy. Follow-up was performed from 6 months to 25 years. Nearly 300 homeopathic repertorizations of patients were reviewed looking for key symptoms such as suicidal ideation, among others.

Results: Suicide consultation is 2 times higher in women than men, however men are at greater risk of committing suicide.

The highest risk diagnosis was anxiety and depressive disorder under management of allopathic psychotropics. The greatest risk of death was presented by patients under prolonged psychiatric drug treatment.

In patients treated only with homeopathy, complete recovery of symptoms occurred in 85% of patients and was maintained for more than 15 years.

The most used homeopathic remedies were Aurum, Ars, ignatia, pulsatilla and Natrum. Conclusions: Homeopathy decreases the risk of suicide and relapse of the symptom of suicidal intent.

The use of psychiatric medications in chronically emotionally disturbed patients increases suicidal risk.

Early, ongoing, and multidisciplinary intervention is preventative.

Keywords: Suicidal risk homeopathic management

### THE ROLE OF MULTIPLE SCLEROSIS THERAPIES ON THE DYNAMIC OF HUMAN GUT MICROBIOTA

Dr. Vitalie Vacaras<sup>1</sup>, Dr Dafin F. Muresanu<sup>1</sup>, Professor George Vithoulkas<sup>1,2</sup>, Dr. Anca-Dana Buzoianu<sup>1</sup>, Dr. Ramon Unzueta Hoffmann

<sup>1</sup>Center of Homeopathic Medicine SA, Alonissos, Greece,

<sup>2</sup>Pontificia Universidad Javeriana, Cali, Colombia

Introduction: Numerous studies outlined that MS patients have a distinct microbiota compared to HC. It was observed that MS treatments can modify the gut microbiome, but homeopathy has not been studied in this field.

Objectives: Investigate if MS patients' gut microbiota changes due to immunomodulatory drugs or complementary homeopathic treatments, and to assess the differences in microbial taxonomy and diversity between MS and Healthy Cases.

Methods: The study was prospective, longitudinal, analytical, observational and case-control type. It included 50 patients diagnosed with MS. Twenty-one HC were recruited. The MS group included adult patients with confirmed MS. The HC group was composed of healthy individuals without MS, not diagnosed with any pathology, and with no chronic treatment.

The homeopathic treatment received individualized medication, according to their symptoms, including 15 differente remedies. 20CH or 200CH potency. All subjects provided fecal samples. The samples were shipped to laboratory for DNA extraction, metagenomic, sequencing and statistical analysis.

Results: We studied overall differences in microbial composition by using alpha and beta diversity. There was no statistically significant difference in alpha diversity between MS patients and HC before and after the treatment. No difference observed between other group combinations. Analysed beta diversity, there was a difference for S2 between groups with HOM and G-IFN. The second samples, MS treated patients compared to the HC were slightly but very important differences, reduced of some microbial composition and a higher prevalence of others. Bacterial metabolites can directly influence the central nervous system (such as short-chain fatty acid) which has an immunosuppressive role in gut mucosa. Microbiota bacterias participate in SCFA metabolism. Some are beneficial promoting IL-10 and is generally present in lower levels in MS cases. Micobioma´s marker for healthy microbiota are depleted among MS patients. Differences in bacterial taxonomy compared to the HC suggest a dysbiosis for MS microbiota.

Conclusions: Treatment exposure had a small influence on microbiome diversity. The statistically significant diversity modifications we found implied the effect of homeopathic treatment, compared to the effect of immunomodulatory drugs.

Results suggest that homeopathic treatment has also a role in influencing the gut microbiota.

Our project focused on dynamic changes in microbiota and the possible influence of some specific DMTs, as well as homeopathy as a complementary and alternative medicine used in clinical practice.

Keywords: Multiple sclerosis, Gut microbiota, Dysbiosis, Disease modifying therapy.



### Dr. Robbert van Haselen<sup>1</sup>

<sup>1</sup>Director, International Institute for Integrated Medicine (INTMEDI) Richmond upon Thames, United Kingdom

Introduction: Decision-making in homeopathy can be described scientifically as making 'decisions under uncertainty', in which the probability of outcomes is unknown. Judgment on what is the correct remedy is a form of measurement in which the instrument is the human mind. Better understanding human judgment is therefore important for improving decision-making in homeopathic practice.

Objectives: Identifying the factors and biases that can affect homeopathic decision-making and relating these to epistemic homeopathic principles, such as individualization. Methods: The general state of knowledge on decision-making, as informed by in particular psychology and the neuro-sciences, will be linked to homeopathic principles and practice. The main types of errors that can affect homeopathic remedy decisions will be identified. The role of decision support tools, including Artifical Intelligence (AI), will also be explored in this context.

Results: Individualization in homeopathic practice is a highly complex decision-making process. To enable decisions, some symptoms are selected, whilst others are ignored, based on 'rules of thumb' (heuristics). The latter can be done in a multitude of ways, leading to a lot of variability, as observed in homeopathic practice. Whether algorithms (including AI) will support, or constrain, decision-making, depends on the context. On the other hand, the unique human ability of IMAGINATION also plays an important role.

Conclusions: It is possible and necessary to reunite the science and art of homeopathic decision-making. By improving the quality of the thought-processes that affect remedy-decisions, therapeutic success can be improved.

Keywords: Decision-making, bias, decision support, heuristics, AI.

## DIFFERENT CONCENTRATIONS OF ASPIRIN HAVE DIFFERENT EFFECTS ON LPS-CHALLENGED RAW 264.7 MACROPHAGES IN VITRO

### Dr. Adalberto do C. B. von Ancken<sup>1,2,3</sup>

<sup>1</sup>Universidade Cruzeiro do sul, São Paulo, Brazil,

<sup>2</sup>Universidade Paulista, São Paulo, Brazil,

<sup>3</sup>HD Science, São Caetano do sul, Brazil

Introduction Aspirin is one of the most commonly used drugs in the world. It presents antipyretic, anti-inflammatory, and antithrombotic actions, making it extremely useful in a wide range of clinical contexts. Interestingly, homeopathically prepared Aspirin 15cH has been found to have a prothrombotic effect in rats, raising the hypothesis that Aspirin 15cH could also modulate the activity of inflammatory cells in different pathological processes. Macrophages are major players in cellular immunity capable of different functions and profiles. Objective to assess what effect Aspirin 15cH has on RAW 264.7 macrophages in vitro. Methods The effects of Aspirin 15cH on biochemical and morphological activities of lipopolysaccharide (LPS)-stimulated RAW 264.7 macrophages were evaluated. These effects were compared with unchallenged macrophages (negative control), untreated LPS-stimulated macrophages, macrophages treated with succussed water (vehicle control), or aspirin 200 µg/mL (pharmacological inhibitor of LPS activity). Cell morphology (adhered cell area and cytoskeleton arrangements), cell viability, toll-like receptor-4 (TLR-4) expression, and nitric oxide, cytokine, and intracellular reactive oxygen species production were assessed. Results Aspirin 15cH induced a "columnar" morphology of macrophage pseudopods, independently of TLR-4 receptor, indicating changes in cytoskeleton arrangement. The mixing Aspirin 15cH and LPS provided heterogeneous cell morphology suggesting subpopulations of cells in the culture. Conclusion Aspirin 15cH, aspirin 200 µg/mL, LPS, and succussed water appear to act as independent stimuli able to induce effects consistent with the literature. Aspirin 15cH induced changes suggestive of M2 phenotype polarization of the macrophages. There is a strong possibility that Aspirin 15 ch induced-macrophages were the main cells responsible for the thromboinflammatory process observed in rats, but these preliminary findings need to be confirmed in further specific studies.

Keywords: Aspirin - Thromboinflammatory - Macrophage - Homeopathy





# MICRO-IMMUNOTHERAPY, UPDATE AND FOCUS ON CELLULAR ANTI-INFLAMMATORY EFFECTS OF SEVERAL FORMULATIONS: INTESTINAL-, IMMUNE-AXIS-RELATED- AND NEURONAL-INFLAMMATION CONTEXTS

Dr. Héctor Roa Morales<sup>1</sup>, Dr. Camille Jacques<sup>2</sup>, Dr. Ilaria Floris<sup>2</sup>

<sup>1</sup>IME Micro-immunotherapy,

<sup>2</sup>Preclinical Research Department, Labo'Life France, Nantes, France

Introduction: Chronic inflammation is very seriously playing a role in the progressive development of various diseases. In this regard, Micro-immunotherapy (MI) might be a promising therapeutic strategy composed of low doses (LD) and ultra-low doses (ULD) of immune regulators.

Objective: As both IL-1 and TNF- are often used at ULD in MI medicines (MIM), a recent focused study was performed, to assess their effect within unitary and complex micro-immunotherapy formulas in specific inflammatory contexts, including intestinal inflammation and inflammation related to the immune axis and nervous system. This tested MIM are homeopathic medicinal products consisting of impregnated globules with preparations of cytokines.

Methods: Several in vitro models have been employed: The study included two models using unitary formulas and four models using complex formulas. The unitary formulas consisted of ultra-low dose homeopathic medicinal products prepared with IL-1 and TNF-. The first test was conducted on inflamed colon carcinoma cells. The complex formulas, which contained ultra-low doses of IL-1 and TNF- along with other immune regulatory factors, were assessed in vitro models of intestinal and neuronal inflammation.

Results: both unitary formulas of MIM led to a slight decrease in the levels of IL-1 and TNF-transcripts. Additionally, the complex MIM formulas had several noteworthy effects:

- . To restore the altered transepithelial electrical resistance in inflamed HCoEpiC cells.
- . To increase the expression of the junction-related protein claudin-1 both at the mRNA and protein levels.
- . To exhibit the immune-modulatory effects on the secretion of cytokines such as TNF-, PGE2, and IL-6 in LPS-inflamed human monocytes, macrophages, and granulocytes.
- . To restore the cell viability of LPS/IFN- -inflamed rat cortical neurons while reducing the secretion of TNF- in rat glial cells.

Keywords: cytokines, low-doses (LD), ultra-low-doses (ULD), inflammation, immunotherapy, in vitro, MIM: micro-immunotherapy medicine,.

### HOMEOPATHY IN GYNAECOLOGY - CLINICAL APPROACH TO MODERN CHALLENGES

### Dr. Aditya Pareek<sup>1,2</sup>

<sup>1</sup>Indian Society of Homeopathy, Agra, India,

<sup>2</sup>Pareek Hospital, Agra, India

Introduction: With our ever-increasing knowledge of female endocrinology and further classification and sub-categorization of female diseases, staying focused on the physiological level is not uncommon for physicians. However, the intricacy of female endocrinology as well as female psychology make a holistic approach paramount for success in gynecological clinics. Here comes homeopathy with its individualized approach to every case. Female diseases have been dealt with extensively by homeopathic medical practitioners since the 19th century and homeopathic literature is full of well documented clinical information on the subject.

Objectives: This presentation aims to present the applied aspects of clinical homeopathy in context of modern challenges through a range of case reports and a study of clinical remedies as well as female constitutionals.

Methods: At Pareek Hospital and Research Centre, Agra, India, an average of 300 outpatients are attended every day in the homeopathic clinics. A significant percentage of this number is comprised of female patients ranging from benign utero-ovarian lesions, post-partum and peri menopausal depression, polycystic ovarian disease, endometriosis to advanced inoperable malignancies. A scientific categorization based on pathology is maintained as well as a thorough homeopathic anamnesis and a case-specific approach is consequently followed for a holistic treatment. Apart from cases needing only constitutional treatment, treatment in many cases often involves the use of clinical remedies which have been extensively verified for their therapeutic value over the past 100 years of combined clinical experience of Drs Pareek. Remedies such as Trillium pendulum, Fraxinus americanus, Ustilago maydis, Thalaspi bursa pastoris, Eupionum, Calcarea ova testa and many more are extensively used. The cases are well documented and evidence based. Results: It is seen that a holistic approach followed through classical homeopathy can yield great results even in cases with no non-surgical treatments available conventionally such as fallopian tube blockage, infantile uterus, leiomyomas etc. Where needed, the use of clinical remedies played an important role in such cases.

Conclusions: The holistic approach of individualized homeopathy is a viable, potent, non-invasive treatment option for numerous gynaecological conditions. Keywords: Clinical Homeopathy, Leiomyomas, Holistic

### **Oral Communication**



### 0001

# CASO CLÍNICO DE UNA NIÑA EN ESTADO DE NARCOLEPSIA -CATAPLEJÍA, TRATADA EN ÁREA DE REANIMACIÓN DE UN HOSPITAL DE 4 NIVEL CON SOPORTE CONVENCIONAL Y MEDICAMENTOS HOMEOPÁTICOS

### Dra. María Cristina Angulo Acero<sup>1,2,3</sup>

<sup>1</sup>Fundación Universitaria Luis G Paez, Bogotá, Colombia,

<sup>2</sup>Universidad Nacional de Colombia, Bogotá, Colombia,

<sup>3</sup>Universidad de los Andes, Bogotá, Colombia

Es importante buscar integración de la medicina convencional y la hoemopatía Objetivo: Exponer un caso de integración de la homeopatía y la medicina convencional en un hospital de 4 nivel.

Descripción: Paciente femenina de 15 años, desde hacía 3 días hospitalizada en área de reanimación en estado de narcolepsia con cataplejía y episodios de apneas, desaturaciones y nistagmos horizontal intermitentes, con soporte de oxígeno con máscara de no reinhalación al 100% y suero dextrosadp. Antecedente de episodios de síncopes, pseudocrisis, apneas-hipopnea e hipoxia que iniciaron a los 13 años. Hospitalizada por 3 y medio meses en UCIP, 4 veces intubada y 2 paros cardiacos, fue chequeada por todas las subespecialidades. Egresó con diagnósticos de Apneas y falla respiratoria de origen central, síndrome de hipoventilación central de inicio tardío, neuritis óptica retrobulbar. Narcolepsia TIPO 1 con Cataplejia con Niveles de Hipocretina 1 en líquido cefalorraquídeo (LCR) disminuidos 81 pg/ml (27/12/2021) (valor de referencia de 200 a 700 pg/ml). Mutación heterocigota en gen MYH7 (C4583 C,T) de significancia incierta, con Miocardiopatía hipertrófica por acumulo de miosina, sospecha de canalopatía, alto riesgo de muerte súbita. Delirium hipoactivo. QT prolongado secundario al uso de medicamentos. Infección por Epstein Barr y toxoplasmosis en 2019 y Covid 2021.

Recibió multiples tratamientos con anticonvulsivantes, antidepresivos, antipsicóticos sin resultados y decían que la niña era una simuladora. Estaba muy limitada en las actividades físicas.

Se tomo el caso individualizado con consentimiento de los padres y se repertoriza, con el equipo de reanimación a mano, se inicia un medicamentos homeopáticos diluido en agua por 3 horas, se deja descansar 3 horas y luego directas, a las 2 horas ya despierta tranquila, respiración normal y empezó a hacer actividad física 2 horas diarias actualmente. No uso de medicamentos convencionales.

Conclusión: La Homeopatía puede ser de gran ayuda e integrarse al tratamiento convencional, incluso en casos complejos y en pacientes críticos, para obtener los mejores resultados clínicos a favor de los pacientes.

Nota: la niña y su madre realizaron un video, hay más de 4.000 hojas de historia clínica, el video es muy pesado y no sube.

### REPORTE DE CASO: PACIENTE CON ENFERMEDAD INDETERMINADA DEL TEJIDO CONECTIVO TRATADA CON HOMEOPATÍA Y SEGUI-MIENTO CON TERMOGRAFÍA INFRARROJA

Dra. Elga Yohana Basto Bermúdez<sup>1,2,3</sup>, Dr. Marcos Leal Brioschi<sup>4,5,6,7</sup>

<sup>1</sup>Miembro Junta directiva Asociación Médica Homeopática de Colombia (ASMHOC),

<sup>2</sup>Especialista en Homeopatía Fundación Universitaria Luis G Páez (UNIPAEZ), Bogotá, Colombia,

<sup>3</sup>Especialista en Termografía Clínica Associação Brasileira de Termologia (ABRATERM), Brasil,

<sup>4</sup>Especialista en Termología Clínica por la Universidad de São Paulo (USP), Brasil,

<sup>5</sup>Especialización en Neurología por la Universidad de São Paulo (USP), Brasil,

<sup>6</sup>Presidente da Associação Brasileira de Termologia (ABRATERM), Brasil,

7Doctor en Ingeniería, con énfasis en Biotermodinámica, Universidade Federal do Paraná, Brasil

Introducción: Este es un reporte de caso de una paciente diagnosticada con enfermedad indiferenciada del tejido conectivo, a la que se le realizó termografía infrarroja antes y después del tratamiento homeopático. La termografía infrarroja es una herramienta innovadora para la valoración de personas sanas y detección de enfermedades, así como también seguimiento y tratamiento de estas, ya que por medio de imágenes capta la radiación infrarroja producida por la piel. Este reporte correlaciona el uso de homeopatía y la termografía como herramienta innovadora.

Objetivo: Describir un caso de enfermedad indiferenciada del tejido conectivo tratada con homeopatía e Identificar diferencias termográficas antes y después de 10 meses de tratamiento.

Métodos: Se hizo valoración y toma del caso a la paciente con cuadro de poliartralgias, rigidez y edema en manos. Se utilizó el medicamento homeopático Apis Mellífica comenzando con una dilución de 0/6 hasta alcanzar una de 0/14, teniendo valoraciones mensuales. Se realizó termografía cutánea de manos, antes y después de 10 meses de tratamiento con homeopatía utilizando equipo Termocam FLIR C5, estudiando asimetrías de palmas de manos mayores a 0.3 grados centígrados de diferencia.

Resultados: Luego de 10 meses la paciente observa mejoría de los síntomas como dolor, limitación para la movilización, edema y sinovitis de las manos.

Termográficamente luego de 10 meses de tratamiento homeopático, se pudo apreciar disminución de áreas de hiperradiación, con un cambio importante del patrón térmico entre la primera consulta y la última.

Conclusiones: El tratamiento homeopático con Apis Mellifica en este reporte de caso pudo mejorar los síntomas de la enfermedad indiferenciada del tejido conectivo. El control termográfico proporcionó información relevante para realizar una evaluación cualitativa y cuantitativa del proceso inflamatorio de las manos y el progreso de la mejoría de la enfermedad.

Este reporte de caso es el punto de partida para encontrar una convergencia entre el diagnóstico de diversas patologías que se observan en la práctica clínica de medicina homeopática con herramientas como la termografía.

Palabras clave: Termografía, homeopatía, enfermedad indiferenciada del tejido conectivo

# DETERMINACIÓN DE LA FRECUENCIA DE RECOMENDACIÓN DE MAC/TAC EN LOS PROFESIONALES DE LA SALUD EN LA FACULTAD DE MEDICINA DE LA UNIVERSIDAD MILITAR NUEVA GRANADA A SUS PACIENTES Y CONOCIDOS. ESTUDIO TRANSVERSAL

**Dra. Luisa Fernanda Benítez**, Fanny Florez Rivera Sarah, Silvia Calderón Amaya, María José Yulieth Jiménez Fama

En Colombia, la medicina complementaria y alternativa está reglamentada en la ley 1164 de 2007 y en el Decreto 780 de 2016 y se diferencia del modelo biomédico convencional por su enfoque. El objetivo de este estudio es estadificar la cantidad de personas del área de la salud, vinculadas a la Facultad de Medicina de la Universidad Militar Nueva Granada (UMNG), que han utilizado, recomendado o prescrito, y estarían de acuerdo, en el manejo conjunto de sus pacientes con MAC/TAC y medicina convencional. Lo anterior por medio de un estudio observacional descriptivo a través de una encuesta autoadministrada. La mayoría tuvo formación en la UMNG y una gran proporción refirió conocimientos sobre MAC/TAC y estuvo de acuerdo con el uso conjunto de ambos modelos médicos. Más de un tercio de la población utilizó y recomendó MAC/TAC a sus conocidos y pacientes.

A diferencia de lo que recomienda el colegio americano de reumatología en cuanto estar informado acerca de MAC/TAC, en este estudio, el 85.1% de los encuestados no conocen sobre la normatividad de MAC/TAC en Colombia. Sin embargo, el 82.4% de los encuestados está de acuerdo con el manejo en conjunto de ambos modelos con sus pacientes, tal como lo recomienda Ravindran (2016). Se concluyó que el 37.96% de los profesionales encuestados usa o ha usado MAC/TAC, siendo la disciplina más frecuente la homeopatía (36,84%) y la acupuntura (21,05%). El 59,25% de los profesionales ha recomendado el uso de MAC/TAC, siendo el 52,77% médicos; pero solo el 20,39% han prescrito MAC/TAC. El 82,40% de los profesionales de la salud está de acuerdo con el manejo en conjunto de los pacientes con medicina convencional y MAC/TAC.

### THE HISTORICAL DEVELOPMENT OF LM POTENCIES, FROM HAHNEMANN TO THE CURRENT MANUFACTURING GUIDELINES

### Mr. Dirk Bettenworth<sup>1</sup>

<sup>1</sup>Lmhi, Dortmund, Germany

Introduction: This presentation aims to explore the historical development of LM potencies in homeopathy and examine the evolution of manufacturing regulations. LM potencies are a specific form of homeopathic remedies that have gained significance over time. Objectives:

- 1. To understand the origins and historical context of LM potencies in homeopathy.
- 2. To examine the role of Dr. Samuel Hahnemann in the development of LM potencies.
- 3. To explore the manufacturing regulations and guidelines associated with LM potencies.
- 4. To discuss the influence of the European Pharmacopoeia on the manufacturing standards of LM potencies.

Methods:This presentation utilizes a literature review approach, analyzing historical texts, scholarly articles, and relevant documentation on the subject. The evolution of LM potencies and their manufacturing regulations will be examined through a chronological perspective.

Results: The presentation reveals the historical background of LM potencies and their introduction by Dr. Samuel Hahnemann. It highlights the specific manufacturing regulations that Hahnemann established to ensure consistency and efficacy in LM potencies. Additionally, the influence of the European Pharmacopoeia in setting standards for LM potency manufacturing will be discussed.

Conclusions:The historical development of LM potencies in homeopathy showcases their importance and the specific manufacturing regulations associated with them. The adherence to these regulations ensures the quality and effectiveness of LM potencies. The influence of the European Pharmacopoeia has played a significant role in establishing standardized manufacturing practices for LM potencies.

Keywords:LM potencies, homeopathy, historical development, manufacturing regulations, Dr. Samuel Hahnemann, European Pharmacopoeia.

## ULTRA ALTA DILUCIÓN DE MEDIOS CONDICIONADOS DE CÉLULAS TUMORALES MEJORA CAPACIDAD DE RESPUESTA EN LAS CÉLULAS DENDRÍTICAS

**Gustavo Alonso Carrillo Giraldo**<sup>1,2,4</sup>, Andrés Cardona-Mendoza<sup>1</sup>, Félix-Giovanni Delgado<sup>2</sup>, Johanna Morantes<sup>3</sup>, Claudia Urueña<sup>1</sup>, Sandra Perdomo-Lara<sup>1</sup>, Consuelo Romero<sup>1</sup>

<sup>1</sup>Grupo INMUBO, Vicerrectoría de Investigaciones, Universidad El Bosque, Bogotá, Colombia,

<sup>2</sup>Grupo Virología, Vicerrectoría de Investigaciones, Universidad El Bosque, Bogotá, Colombia,

<sup>3</sup>Grupo INQA, Facultad de Ciencias, Universidad El Bosque, Bogotá, Colombia,

<sup>4</sup>Fundación Clínica Juan N. Corpas, Bogotá, Colombia

Introducción: El carcinoma de lengua (CL) es el más prevalente de los carcinomas orales. Las células dendríticas (DCs), inducen respuesta anti-tumoral al activar linfocitos T (LT). El microambiente tumoral (MAT) afecta a las DCs llevándolas a estados disfuncionales protumorales [1]. La homeopatía ha sido utilizada como coadyuvante en varios tipos de cáncer [2]. El objetivo de este trabajo fue evaluar el efecto de ultra altas diluciones de medios condicionados tumorales (UADMC) en DCs que han sido expuestas a esa misma dilución de medio condicionado tumoral (DMC) en su maduración y función.

Métodología: DCs derivadas de monocitos humanos (MonDCs) provenientes de donantes sanos, fueron expuestas por 24 horas a DMC proveniente de un cultivo de esferoides de células de carcinoma escamocelular oral de lengua (SCC-090). Posteriormente, estos cultivos fueron tratados con LPS 1ug/ml y/o DMC a la dilución 2CH por 24 horas. Expresión de CD1a, CD80, CD83, CD209, HLA-DR y PDL-1 fue analizada por citometría de flujo para evaluar fenotipo y maduración de MonDCs. Además, se evaluaron cambios funcionales de las MonDCs a través de la activación de LT en un ensayo de reacción mixta leucocitaria.

Resultados: UADMC aumentó significativamente el porcentaje de células que expresaron CD83 (p=0,028) y el nivel de expresión de CD83 inducida por LPS (p=0,007) además tendencia a aumentar expresión de CD80 y HLA-DR.

Se observó en DCs maduras tendencia a recuperar la activación de los LT, disminuida por la DMC, en los grupos tratados con UADMC.

Conclusión: UADMC de cáncer oral aumenta maduración de MonDCs y mejora activación de LT disminuida por el medio condicionado de cáncer oral.

Conflictos de Interés: El autor refiere no presentar ningún conflicto de interés. Referencias: [1] Peng X, He Y, Huang J, Tao Y, Liu S. Metabolism of Dendritic Cells in Tumor Microenvironment: For Immunotherapy. Front Immunol. 2021 Feb 24;12:613492. doi: 10.3389/fimmu.2021.613492. PMID: 33732237: PMCID: PMC7959811.

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Palabras claves: Cáncer oral, Células Dendríticas, homeopatía

## PROYECTO DE ARTICULACIÓN DE LAS MEDICINAS ALTERNATIVAS Y COMPLEMENTARIAS EN EL SISTEMA NACIONAL DE SALUD DEL ECUADOR

### Dr. Edison Humberto Chavez Castillo1

<sup>1</sup>Ministerio De Salud Publica. Hospital Marco Vinicio Iza, Lago Agrio, Ecuador

El presente proyecto de articulación de la Medicina Alternativa - Complementaria (MAC) en el Ministerio de Salud Pública; se encuentra enmarcado a los objetivos de la estrategia sobre Medicina Tradicional de la OMS 2014 - 2023. Se encuentra amparado en la Carta Magna, Ley Orgánica de Salud y Acuerdo Ministerial 00005001 - 2014, que regula en funcionamiento de las MAC y demás normativas afines a ella.

En este proyecto se habla de lo que son las MAC tanto de Homeopatía como de Acupuntura, cuáles son sus principios Filosóficos, fundamentos, alcances y cuál es la evidencia científica que hay en cada una de ellas.

El presente proyecto inicia con un Diagnóstico de Salud de las MAC desde el año 2017 hasta el año 2022. A raíz de la pandemia se produce desvinculaciones muy importantes de médicos alternativos contando en la actualidad con apenas 8 médicos Especialistas a nivel Nacional. Según información de la Dirección Nacional de Estadística del MSP la producción es muy buena, sobrepasando el estándar de atención de acuerdo a normativa de Consulta externa de primer nivel del MSP; debido principalmente al apoyo de la Sociedad Civil; donde cada día acude con mayor frecuencia en busca de mejorar las dolencias, principalmente crónicas silentes.

La construcción del Proyecto de acuerdo a Marco Lógico se realizó con la colaboración de la Sociedad de Acupuntura, OPS y Sociedad Civil; bajo la coordinación del Dr. Edison Chávez Castillo de la Dirección Nacional de Salud Intercultural (DNSI). Se encontró como principal problemática la "Resistencia de las Direcciones Nacionales del MSP del Ecuador para reconocer las Medicinas Alternativas - Complementarias como especialidad".

El principal objetivo es, lograr que las Direcciones Nacionales del MSP del Ecuador integren a las Medicinas Alternativas - Complementarias como especialidad médica en la Red Pública Integral de Salud; con el fin de mejorar la calidad de vida del ciudadano ecuatoriano mediante la colaboración de las Sociedades Médicas de Acupuntura y Homeopatía, para el goce efectivo del derecho a la Salud hasta julio del 2024. Otra de las dificultades principales fue la falta de oferta en la formación en MAC por parte de las Universidades del país; en donde el MSP como órgano rector en Salud debe trabajar conjuntamente con el Consejo de Educación Superior (CES) y Universidades en convenios que faciliten la formación de médicos en esas especialidades; con el fin de cumplir con las necesidades de los Usuarios y usuarias del país. Se ha realizado la matriz de marco lógico y Cronograma de ejecución del proyecto que inicia en julio del 2022 y termina en julio del 2024; donde se espera la colaboración y participación de todos los actores involucrados. Principalmente la mesa interinstitucional.

Palabras Claves. Homeopatía. Acupuntura. Evidencia científica. Marco Normativo.





#### Mrs. Petra Cihlarova<sup>1</sup>

<sup>1</sup>ČLHS, Prague, Czech Republic

Here I want to describe a case of 36 years old woman. For many years, she sufferred from confusion of personal identity, depressions despite using antidepressants, painful menstruations, migraine and generally low life energy. Furthermore, she strongly felt she does not belong to her body or even human race – basically as an alien in some foreign body. Used methodology: I followed Rajan Sankaran's method of going into the depths of patient soul with repertorization using Radar Opus, Synthesis Adonis software. Plant remedies were selected based on Michal Yakir's Systematic Table of Homeopathic Plant Remedies. Used remedies: during the two-year treatment period, the following remedies were applied one after another: Spectrum, Falco peregrinus, Lac humanum, Anacardium, Haliaeetus leucocephalus, Theridion curassavicum, Natrium causticum, Nux vomica, Aurum metallicum. Each of them had a deep impact on the patient and improved her health. In the end of the treatment, she felt fully comfortable in her body and she was no longer suffering from aforementioned symptoms even without antidepressants. Her life energy significantly rised and she was finally able to have a child.

This was just yet another success story which confirms homeopathy as a very powerful tool capable of healing really deep injuries of the soul and bringing patients back to their wellbeing and life balance. It is incredible how such tiny remedie can cause such a huge positive change in our patients life.

### THERMAL NOISE QUATUM ELECTROMAGNETOMETRY: A PROPOSAL FOR STANDARDISING HIGH DILUTIONS

#### Dr. Edgar Fernando Cortés Martínez<sup>1</sup>

<sup>1</sup>IPN /ENMH, CDMX, México

Introduction: This research focuses on understanding the physics behind the preparation of homeopathic medicines and addressing challenges in measuring the potentization process. Homeopathy uses extremely low concentrations of substances, making it difficult to comprehend the phenomenon of potentization. The study aims to explore the physics of water, alcohol, and hydrogen bond's structures by measuring their electromagnetic properties using thermal noise measurements. OBJECTIVE Characterize the substances Calcarea carbonica and Calcarea phosphorica using the Quantum Electromagnetometry of Thermal Noise technique and demonstrate their distinct properties compared to homeopathic alcohol.

Methods: The homeopathic dilutions has prepared in an electromagnetically clean environment without electronic such as a vortex devices or pipettes. The process of succussion is regulated using a digital counter, and noise intensity is measured during potentization (dB). Quantum Electromagnetometry of Thermal Noise (QETN) is exposed to sunlight as an excitation source. Measurements are conducted on homeopathic alcohol such a control and compare Calcarea carbonica and Calcarea phosphorica substances at different potencies (6c, 9c, 12c, 18c y 30c). The collected data is analyzed using WaveLab Elements V10 and Matlab 2021R.

Results: show that traditional succussion with a digital counter provides consistent and precise potentization. Faraday cages and anechoic chambers isolate and attenuate electromagnetic and acoustic contamination, respectively. Sunlight as an excitation source helps identify latency states, denominated as electromagnetic cycles (EMCy), with more longer periods observed in alcohol and Calcarea phosphorica 6c. Matlab analysis reveals identical CiEM patterns within the same substance. The electromagnetic spectrum visualized in WaveLab Elements V10 exhibits variations, distinguishing substances and potencies. Conclusion: The study highlights OETM as an innovative technique for preparing and measuring homeopathic substances, providing a controlled environment. It improves acoustic isolation and optimizes excitation through sunlight. The identified EMCy correlate with properties described in chronobiology, such as period, mesor, and amplitude, implicit in sound analysis. EMCRT enables the characterization of EMcy for homeopathic alcohol and mineral-based substances. Comparisons of signals and electromagnetic spectra demonstrate unique cycles for each substance and potency. Sound and tone analysis support chronobiology concepts related to the influence of homeopathic medicines on biological rhythms and homeostasis.

#QuantumElectromagnetometryofThermalNoise #Potentization #Characterization #High-Dilutions

#### PROVING OF A NEW REMEDY: FICUS ORGANENSIS

**Dr. Erico Dorneles**<sup>1</sup>, Dra. Angela Augusta Lanner Vieira<sup>1</sup>, Dr. Maria de Fatima Marimon<sup>1</sup>

<sup>1</sup>Sociedade Gaucha De Homeopatia, Porto Alegre, Brazil

Introduction: A Homeopathic Pathogenetic Trial with Ficus organensis, big tree of Rosales order, Moraceae Family, common in southern Brazil.

Objective and Methods: Discover the pathogenetic power of leaves from an unknow tree. 15 volunteers took the substance on the CH30 potency, in one or three days. The volunteers – 12 woman and 3 men - were assigned with a code, all healthy and professionals of health; their ages vary between 35 and 77 years. The medicine's mother tincture and further dilutions were made in Belladonna Homeopathic Pharmacy, in Porto Alegre, Brazil.

Results: All the volunteers who proved the medicine made mind and nervous system symptoms, except one. Themes like apathy, empty, meaningless, discouragement, sadness were very frequently observed, as well as intolerance and mistrust. Many symptoms appeared in dreams and in routine days. Memory and mental confusion were common, like exchanging words and name of objects. The desire for simplicity, easy irritability and worries about house and familiar's care also appeared. Significantly symptoms in the sexual area as sexuality without affection, lust and homosexuality were noticed in dreams. The physical manifestations were urinary and fecal incontinence, both in dreams and in reality; muscular and joint pains; stomach and intestinal complaint; eyes and vision affected. A curative effect was observed in one volunteer: she could overcome an abusive relationship.

Conclusions: The clinical application of this new remedy, Ficus organensis, must be confirmed. It seems useful for older patients with symptoms of mental confusion and forgetfulness. With this Homeopathic Pathogenetic Trial we confirm the Hahnemann principle that diluted and dynamized substances can produce symptoms in health.

Keywords: Pathogenetic trial, Ficus organensis, Homeopathic proving.

#### **POTENCIAS: TRASPASAR LÍMITES**

#### Dr. Ewald Finsterbusch<sup>1</sup>, Docente en Química Zinnia Fuentealba

<sup>1</sup>Sociedad De Servicios Profesionales Finser Limitada, Santiago, Chile

El objetivo del presente trabajo es pesquisar modos de potentización que aumenten la eficacia del fármaco homeopático, a fin de curar patologías graves o refractarias.

Partimos del hecho que las substancias dinamizadas varías en su efecto según la cantidad de materia inicial, las agitaciones y las diluciones.

Elaboramos remedios con diferentes dimensiones de estos factores.

Previa auto-experimentación los indicamos a los enfermos.

Consideramos cerca de 10.000 pacientes de consultorio, en un estudio clínico que lleva ya 33 años.

Progresivamente se fueron desarrollando potencias poderosas, que superan por lejos a las tradicionales.

Se evidenció una intensificación de la fuerza curativa de los medicamentos, logrando trascender los límites de sanación conocidos hasta ahora.

El estudio, que dista de estar concluido aún, abre las puertas a una Homeopatía que debiera ser terapia de primera línea en un futuro próximo.

Palabras clave: Potencias homeopáticas





### CLIFICOL - A NEW COLLABORATION IN CASE REGISTRY FOR MENOPAUSE

Mrs. Yvonne Yueng Ying Fok<sup>1</sup>, Mr. Aaron Ka Lun To

<sup>1</sup>Hong Kong Association of Homeopathy, Hong Kong, China

Introduction: The Clificol® Menopause Project is an international case registry project following the COVID-19 support project. It aimed at documenting the demographics, presenting symptoms, use of homeopathy and tackling some of the core questions in homeopathy. Objectives: First, we wanted to investigate from the retrospective cases on the top remedies, top rubrics, prescription explication, and case evolution in patients complained of menopausal symptoms. Secondly, we aimed to further characterise in the prospective cases the differentiating symptoms with a 25-items symptom list.

Methods: Clificol is an online multi-national data-collection project supported by the ECH, ECCH, ICH, HRI, LMHI, and other professional associations. Collected data includes demographic information, severity, phase of menopause and concurrent treatment, presenting symptoms as well as the remedies prescribed. The selection of the 25-items were based on both the conventional literatures and the homeopathic symptoms from three independent experienced homeopaths. Treatment outcome was tracked using the Outcome Related to Impact on Daily Living (ORIDL) scale in the retrospective section, and Menopause Rating Scale (MRS) in the prospective section.

Results: The soft launch of the project is from 1st July 2023 to 31st August 2023, cases collected from around the world during these two months will be analysed, providing an initial report and identifying any problems which may need modification before the full launch in September 2023.

Conclusions: Clificol is demonstrating the value of data collection for the homeopathy community, providing important information for the management of menopause and opening new avenues for research in homeopathy.

Keywords: Clificol, Menopause, case registry.

#### **ANGELITO**

#### Dra. Cinty Alejandra Gonzaga Rodríguez<sup>1</sup>

<sup>1</sup>Lima, Perú

Introducción Se presenta el caso del paciente Angelito, canino de 10 años de edad aproximadamente, que vino por una cicatrización difícil y una afección respiratoria crónica. Con todas las dificultades de la edad y enfermedades previas vemos como la homeopatía puede ser quien saque adelante al paciente en los capítulos de esta historia, tanto de sus problemas respiratorios como de una cirugía de hernia inguinal y una extracción dentaria posterior, recordar que nuestros pacientes requieren anestesia completa ante prácticas odontológicas. Objetivos Lo que se busca en estos casos es ver que la homeopatía puede ayudar y acompañar a nuestros pacientes añosos y con tejidos deteriorados. Las recaídas y las agravaciones de nuestros pacientes, como en este caso, donde fueron necesarias 2 intervenciones quirúrgicas mientras instaurábamos el tratamiento homeopático son todo un desafío, pero son siempre los resultados los que nos otorgan la verdadera respuesta, solo hay que apegarnos a la doctrina homeopática, al criterio profesional y tener paciencia. Siempre es bueno recordar que la homeopatía es líder en tratamientos crónicos y agudos, bien utilizada. Métodos utilizados -Homeopatía clásica -El concepto de los reinos para hallar el medicamento de fondo. Resultados A veces reestablecer la salud del paciente de manera completa es todo un desafío para los homeópatas, sobre todo cuando los tejidos están muy deteriorados o nuestro paciente tiene una edad avanzada, pero a pesar de eso, en este caso se muestra que la homeopatía sigue siendo una excelente opción para acompañar a nuestros pacientes y darles una muy buena calidad de vida. Palabras clave: -agudo -crónico -cirugía -anestesia completa - prácticas odontológicas - acompañar - reinos - tejidos deteriorados - pacientes añosos -Doctrina homeopática.

#### **BUENAS PRÁCTICAS EN LA CLÍNICA HOMEOPÁTICA**

**Dr. Jose Luis Jiménez**<sup>1,2</sup>, Dra. Vicky Claramount, Dra. Coro Goitia, Dra. Esther Sagredo, Dr. Josean Garin, Dr. Íñigo Astung

<sup>1</sup>NVP de España para la LMHI, Plasencia, Spain,

<sup>2</sup>femh, Plasencia, Spain

La práctica clínica homeopática, constituye el mejor legado para demostrar el valor de la homeopatía como recurso médico al servicio de los pacientes. La calidad del registro de las historias clínicas es imprescindible para verificar la eficacia de los tratamientos. La formación continuada de los homeópatas debe comprender también mejorar el registro clínico de los casos. Ofrecemos estas herramientas y los siguientes casos en los que aparecen errores y aciertos con el fin de aprender de ellos.

Objetivo: mejorar la práctica clínica homeopática.

Reconocimiento de los derechos del paciente y cambio de un modelo autoritario por uno basado en la autonomía del paciente.

Preservar la confidencialidad de la Historia Clínica y proceder a encriptación de datos para su manejo.

Utilizar metodología común a todas las ciencias para tener un lenguaje homologado que haga posible un intercambio de información con los actuales estándares de calidad. Generar evidencia en la literatura médica y bases de datos en base a nuestra experiencia clínica.

Herramientas que proponemos para ello:

- 1- Utilización sistemática de consentimiento informado para el tratamiento, así como para utilizar la historia del paciente en investigación.
- Encriptación de la historia clínica preservando la confidencialidad de los datos.
- 2- Utilización de escalas para medir variables cualitativas: (Nivel de dolor, calidad de vida, cumplimiento terapéutico, grado de satisfacción de paciente y médico.)
- 3- Aplicación de tests de calidad como el Home Case Care para verificar que en la historia se recoge toda la información útil tanto para la clínica como para publicar sus resultados.
- 4- Aplicación de los "Criterios Modificados de Naranjo" propuestos por el Grupo de Trabajo de Datos Clínicos de la HPUS (status Dic 2015):

La AMHVN con el apoyo de la FEMH, realizamos talleres on line en los que todos los participantes aportan historias clínicas y se analizan conjuntamente aplicando los criterios de calidad Ilustramos con dos casos clínicos este proceso de crítica contribuyendo a mejorar nuestra práctica, así como dejar un legado de casos clínicos de calidad que avalen el valor del ejercicio de la homeopatía tanto para la comunidad homeopática como para el resto de la comunidad científica.

# CALCAREA CARBONICA A LA 30 CH EN DOSIS ÚNICA COMO COADYUVANTE ORGÁNICO PARA CULTIVO DE LECHUGA REALIZADO EN HUERTO UBICADO EN ZONA DEL MUNICIPIO DE GUATAVITA COLOMBIA VEREDA CARBONERA BAJA

#### Dr. Leonardo Lara Cuellar 1

<sup>1</sup>Independiente, Bogotá, Colombia

Introducción: El uso indiscriminado de agroquímicos afecta la salud de las personas y de las propias plantas. Es necesario buscar soluciones alternativas para así mejorar el rendimiento de los cultivos asegurando su protección contra insectos y enfermedades. La agrohomeopatía surge como una alternativa poco invasiva, no toxica, de fácil acceso y bajo costo.

Objetivo: El propósito de este trabajo es documentar los posibles efectos del uso de medicamentos homeopáticos en cultivos de lechugas. Calcarea Carbonica. (Agrohomeopatia) Materiales y métodos: Se realizó cultivo de Lechuga Batavia, Crespa Verde y Morada totalmente libre de agroquímicos en el municipio de Guatavita Colombia, para ello se empleó y aplico Calcarea Carbonica a la 30 CH dosis única en todo el cultivo, y se realizó seguimiento en un periodo de 20 a 25 días.

Resultados: Pasados el tiempo de siembra de las lechugas se logró evidenciar rendimiento significativo de las plantas lográndose un crecimiento mediano, sin afectación de plagas visibles y sin el desarrollo de enfermedades propias de dichas especies de manera importante en la totalidad del cultivo. Las lechugas fueron utilizadas como parte del consumo humano y no genero afectación en sus consumidores. Del total de las lechugas un 70% de las mismas estuvieron libres de plagas y/o enfermedades. El 30% del total de las lechugas presentaron solamente afectación en los bordes de sus hojas posiblemente por el exceso de humedad, situación que se cree se vio beneficiada y superada por el uso de calcárea carbonica ya que estas plantas mejoraron posteriormente.

Conclusión: El uso de la agrohomeopatía es una alternativa para la producción de lechugas libres de agroquímicos. Durante todo el tiempo del cultivo las lechugas permanecieron libres de patógenos y otras enfermedades propias de los cultivos de lechuga sembradas al suelo en aproximadamente un 70%. Es necesaria la replicación del ensayo para la validación de este experimento individual. Se requiere cuantificación de metabolitos secundarios y de otros componentes propios de las plantas que demuestren el efecto bioquímico de los medicamentos homeopáticos al ser usados en cultivos de lechuga.

Palabras claves: Agrohomeopatia, Homeopatia, Tip Burn, Mildiu, Calcarea Carbonica. Trofobiosis. 3M Suelo.







Introducción: Uno de los lastres más antiguos de la clínica homeopática ha sido el manejo de lo miasmático y su utilidad en la comprensión del caso clínico, y específicamente, la Pseudopsora ha sido el miasma más incomprendido y rezagado; toda vez que, en toda la literatura homeopática, desde Hahnemann hasta la actualidad, el término "pseudopsora", aparece únicamente registrado, sin definición alguna.

Objetivo: En el presente estudio se propone una definición nítida del término en cuestión y se actualizan los aportes del insigne homeópata estadounidense John Henry Allen. Metodlogía: Nos servimos de la biografía de Steve Jobs para poner a consideración de la comunidad homeopática su Pseudopsora.

Si bien, la mayor vibración miasmática del paciente Jobs se encuentra dentro de la Sycosis - Syphilis; nuestro objetivo es abordar el fundamento clínico - patológico de su Pseudopsora. Se investigaron biografías, se extrajeron sus síntomas y se correlacionaron con los hallazgos de John Henry Allen (1854 - 1925), ilustre médico homeópata estadounidense, olvidado por la episteme homeopático oficial, quien expuso la verdadera dimensión de la clínica, de la imbricación miasmática y del pronóstico de la Pseudopsora.

Resultados: Con este trabajo se pretende rescatar la Pseudopsora.

Conclusiones: El sustrato pseudopsórico del paciente Steve Jobs, constituye el fundamento fisio-patológico de su cáncer pancreático.

Palabras clave: Miasmas. Pseudopsora. Patomorfosis. Complicaciones. Steve Jobs. Cáncer de páncreas.

#### REPORTE DE UN CASO DE SÍNDROME CONVULSIVO CRÓNICO TRATADO CON CUATRO REMEDIOS HOMEOPÁTICOS UNICISTAS EN FORMA SECUENCIAL, DEPENDIENDO DE LAS FASES DE LA LUNA

#### Dra. Luz Marina López Martinez

<sup>1</sup>Unipaes, Bogota, Colombia

Introducción: Existen varios estudios sobre la relación entre la luna y la menstruación. Algunos resultados se contradicen, mientras que otros estudian diferentes facetas, generando resultados diferentes. La Luna tarda alrededor de 28 días en dar una vuelta completa a la Tierra, el ciclo menstrual de la mujer es de 28 días aproximadamente. Las fases de la luna coinciden con las fases del ciclo menstrual, así como los estados anímicos y hormonales; de esta manera, estos ciclos se conectan al igual que las cuatro fases lunares: luna nueva, cuarto creciente, luna llena y cuarto menguante.

Objetivos: Reportar un caso clínico de una mujer de 30 años con historia de un síndrome convulsivo de difícil manejo desde los seis años de edad. El tratamiento desde el inicio ha sido con homeopatía unicista, y no había sido posible suspender los anticonvulsivantes formulados por neurólogo. Llamaba la atención que muy frecuentemente el remedio que requería cambiaba, sin embargo, siempre se repetían los mismos medicamentos.

Métodos: Se inició un seguimiento de síntomas teniendo en cuenta los cambios de las fases de la luna durante 12 meses consecutivos encontrando una secuencia repetitiva de los mismos y coincidencia con cuatro remedios que variaban según la fase lunar establecida. Resultados: Los remedios encontrados fueron: Luna Creciente = Sulphur. Luna Llena = Nitricum acidum. Luna Nueva = Pulsatilla. Luna Menguante = Causticum. Desde entonces toma un remedio cada semana de acuerdo a los establecidos en el estudio y la mejoría ha sido notoria.

Conclusiones: Se propone la hipótesis de que las mujeres pueden variar su medicación de acuerdo a la fase lunar en la que se hace la toma del caso y sus controles.

Palabras clave: Síndrome convulsivo. Tratamiento homeopático unicista. Fases de la luna.

## APORTES DESDE CONOCIMIENTOS ANCESTRALES DE LA COMUNIDAD NASA DEL DEPARTAMENTO DEL CAUCA COLOMBIA PARA UNA REEXPERIMENTACIÓN DE LA COCA

#### Dr. Rodrigo Losada Rivera<sup>1</sup>

<sup>1</sup>Ukawesx, POPAYAN, Colombia

Introducción: este proyecto de investigación parte de tres hechos reconocidos sobre la coca, de un lado el gran conocimiento y uso milenario y trascendente que sobre la planta tienen las comunidades ancestrales Suramericanas; del lado homeopático su escaso o nulo uso como medicamento y lo otro es que varios autores y publicaciones sugieren que el uso terapéutico de la coca es quizás más amplio y que se requiere realizar investigación científica que explore los conocimientos ancestrales sobre la planta.

Objetivo: encontrar elementos que desde el conocimiento ancestral de la coca en la comunidad Nasa del departamento del Cauca Colombia, puedan enriquecer el conocimiento homeopático de la misma y sentar bases para plantear una nueva experimentación de la planta.

Métodos: para cumplir con este objetivo, se realizó una comparación y contraste entre el saber tradicional Nasa de la coca (estudio etnobotánico) mediante la realización de dos entrevistas semiestructuradas a los Mayores (Médicos Tradicionales) y una revisión bibliográfica de la patogenesia de la coca y de algunas materias médicas.

Resultados y conclusiones: los hallazgos después de la revisión de la patogenesia como que se usaron muchas formas de preparación de la planta e incluso la utilización de la cocaína, ha generado confusión sobre algunos síntomas experimentados; más las averiguaciones después de la entrevista con los Mayores Nasa, como que las hojas de la coca se secan al fuego y se mascan con mambe, lo que representa un aumento en el poder curativo de la planta, le permiten a ésta investigación recomendar que se realice una nueva experimentación de la coca, partiendo de la preparación del remedio homeopático por trituración de una mezcla de las hojas secas de coca con mambe, lo que puede representar un aumento en el poder patogenético de la coca.

Palabras Clave: Coca, Nasa, Medicina Tradicional, Homeopatía, Experimentación Pura.

### APPLICATION OF THE MIASMATIC CLINIC THEORY IN A CASE OF ATOPIC DERMATITIS

#### Dra. Sandra Massry Dana<sup>1</sup>

<sup>1</sup>Homeopatía de México, Mexico, Mexico

Introduction: Hahnemann laid the foundations for the clinical study of patients and the way in which homeopathic doctors should approach patients so that through the clinic they can get to know their patient well enough and prescribe the optimal treatment. Dr. Proceso Sanchez complemented the methodology by including miasmatic diagnosis within the clinical process.

Objectives: to analyze what is written an how it is applied in the clinical setting with the patient in a case of a toddler girl who had very severe dermatitis accompanied by muscle weakness and delayed motor development. We will see the biopathography, the curative possibility, the miasmatic predominance and classification of symptoms and the effect of suppressions in the miasmatic state.

Methods: a bibliographic review was carried out and each part of the clinical theory was matched with the clinical case.

Results: the theory was applied as intended and the patient is now without dermal lesions, walking, talking and with better muscular tone.

Conclusions: this type of work allows us to verify that the application of clinical theory including the miasmatic state is key in the daily work in the clinical practice of the homeopathic doctor and allows us to treat the patient miasmatically to reduce chronic disease.

Keywords: clinical theory, miasm, dermatitis, slow milestone development, chronic disease.





### FDA'S ACTIONS THREATEN THE SURVIVAL OF HOMEOPATHY WORLDWIDE. NEED FOR A STRUCTURED GLOBAL RESPONSE

#### Dr. Roberto Melo1,2,3,4,5,6

<sup>1</sup>OHM pharma Inc., Mineral Wells, United States,

<sup>2</sup>Homeopathic Pharmacopoeia of the United Stated, United States,

<sup>3</sup>American Association OF Homeopathic Pharmacies, United States,

<sup>4</sup>Council of Homeopathic Certification, , United States,

5 American Institute of Homeopathy, , United States,

<sup>6</sup>National Center For Homeopathy, , United States

Introduction: Manufacturing homeopathic medicines has evolved over time. Since 2017 in the USA, we have witnessed a change in the FDA's perception of homeopathy, triggering many changes in the manufacturing processes. HPUS has reacted to try to comply with this new approach, working on white papers to adapt homeopathy to conventional pharmaceutical standards.

Objectives: Good Manufacturing Practices for pharmaceuticals, history, definition, and scope. History of the HPUS, what it is, and what it does. How to submit a monograph for a new medicine to the HPUS. FDA's New Drug Application (NDA) process and associated costs. FDA onsite facility inspections.

Methods: Document-based, descriptive, unsystematized research into current requirements for manufacturing homeopathic medicines in the USA.

Results: FDA Code of Federal Regulations (CFR) parts 210&211, International Council for Harmonization (ICH), and HPUS. Current HPUS white papers. Costs and challenges for single medicine manufacturing.

Risk analysis comparing homeopathic medicines and allopathic medicines via FAERS (FDA's Adverse Event Reporting).

The market size of Homeopathic medicines compared with Allopathic medicines in the USA. Conclusions: Sustainability of the current manufacturing model for single-medicine homeopathic medicines. Trying to fit a square peg in a round hole.

The need for a separate regulatory framework for homeopathic medicines.

Keywords: Regulations Manufacturing Homeopathic Medicines. FDA. HPUS.

### EL MÉTODO DE SENSACIONES EN LA TOMA DE CASO DE BATMAN Dr. Dairo Melo Melo<sup>1</sup>

<sup>1</sup>Unipaez, Bogota, Colombia

Introducción: Como lo establece Hahnemann en el parágrafo 3 del Organon el médico es un auténtico artista del curar si percibe claramente qué es lo que debe curarse en la enfermedad. Es por ello que la toma del caso es el eje fundamental de la práctica homeopática diaria. La toma del caso se basa en la presentación del superhéroe que hace el director Christopher Nolan en la trilogía de Batman.

Objetivos: Conocer el método de sensaciones a partir de la toma de caso de Batman. Partiendo del diagnóstico nosológico de acuerdo al DSM-IV-TR hasta la prescripción homeopática aplicando el método de sensaciones del Dr. Rajan Sankaran. Este abordaje llevará a entender los niveles de percepción, el núcleo de percepción, los reinos, los mecanismos de afrontamiento y la importancia de la fuente del medicamento homeopático prescrito.

Método: Investigación cualitativa documental, descriptiva, no sistematizada, hermenéutica del área de la semiología; línea modelos explicativos y mecanismos de acción.

Resultados: El caso de Batman nos permite acercarnos a un superhéroe cuyo gran poder es convertir su ansiedad de conciencia en beneficio de una sociedad como la de ciudad Gótica. Batman presentado en la trilogía de Nolan de acuerdo al método de sensaciones se encuentra en el nivel de percepción 5 o nivel de sensación, su núcleo de percepción es la ansiedad de conciencia, el reino mineral, el mecanismo de afrontamiento cáncer y su prescripción homeopática tiene relación con la fuente del mismo.

Conclusiones: El método de sensaciones brinda un camino para el médico homeópata en la toma del caso resaltando la importancia del núcleo de percepción.

Es fundamental el conocimiento de la fuente o el origen del medicamento homeopático. Se resalta la importancia que el médico homeópata conozca diferentes formas de aproximarse a la comprensión de la individualidad de su paciente, ya que éste es el arte al cual se refiere Hahnemann en el parágrafo 3 del Organon.

Palabras Clave: Sensaciones, percepción, reino, mecanismos de afrontamiento, fuente. Área Temática: Nuevos métodos y acercamientos en la homeopatía.

#### LA IMPORTANCIA DE LA EDUCACIÓN EN LOS PROCESOS DE PENSA-MIENTO EN HOMEOPATÍA

#### Dr. Dairo Melo Melo1

<sup>1</sup>Unipaez, Bogota, Colombia

Introducción: Plantea Hahnemann en el parágrafo 6 del Organon la importancia de que el médico sea un observador libre de prejuicios. Se debe conocer los procesos de pensamiento de quien toma el caso y realiza la prescripción para comprender como la educación aporta en beneficio del médico y su paciente.

Objetivos: Conocer los procesos de pensamiento que afloran en el consciente sin que sepamos de que modo. A partir de los sistemas de pensamiento propuestos por Keith Stanovich y Richard West conocidos como el Sistema 1 y el Sistema 2. Resaltando la importancia de la educación como un pilar fundamental que disminuye el ruido y el sesgo en la toma de decisiones.

Método: Investigación cualitativa, documental, descriptiva, no sistematizada, hermenéutica del área ontológica, línea modelos explicativos.

Resultados: En el proceso de pensamiento el Sistema 1 es el impulsivo, asociativo e intuitivo y el Sistema 2 es el de las reglas, el del razonamiento, el prudente. Si toma el control el Sistema 1 se está ante un modelo heurístico, en el cual se identifican la disponibilidad, representatividad, anclaje y afecto. Si el control lo ejerce el Sistema 2 el proceso se denomina algorítmico.

La toma de decisiones del médico está afectada por el ruido, que es una dispersión aleatoria, y el sesgo que es una desviación sistemática.

La educación desde los griegos interviene en los procesos de pensamiento en el saber cómo (tekne) y el saber qué (episteme).

Conclusiones: El Sistema 2 debe preceder al Sistema 1, ya que el pensamiento del sistema asociativo por las heurísticas descritas no tiene la facultad de desarrollar un proceso analítico.

Se resalta la importancia del proceso de pensamiento algorítmico en la toma de decisiones. La homeopatía es un sistema médico complejo en el cual la educación mejora los juicios de los médicos disminuyendo la inconsistencia del ruido, que es la variabilidad no deseada y el sesgo o desviación sistemática.

Palabras Clave: Procesos de pensamiento, heurística, algoritmo, ruido, sesgo.

#### LA TRANSCENDENCIA DEL SER Y LA HOMEOPATÍA

#### Dr. Raul Cristobal Morales Lopez

<sup>1</sup>Homeopatia De Mexico, Oaxaca, Mexico

Introducción: La Homeopatía, es una doctrina médica, filosófica y científica, que trata al ser humano integralmente para restituir su estado de salud y mantenerlo en equilibrio. Para ello, debemos conocer a nuestro enfermo, su modo de sentir, obrar y sufrir sus emociones; y de esta manera encontrar el tratamiento homeopático adecuado que mantenga esta armonía.

Objetivo: Concientizar al médico homeópata acerca de la constitución de su objeto de estudio y trabajo que es el ser humano.

Método: Revisión bibliográfica.

Resultados: Se revisan distintas obras desde Hahnemann, Sánchez Ortega, Candegabe, Paschero entre otros autores realizando una descripción de conceptos, recomendaciones y puntualizaciones acerca del método Homeopático Hahnemanniano clásico y se integra una guía práctica para el médico homeópata en su consulta, tomando en cuenta que lo digno de curar en el paciente es modificar y armonizar su Ser, quitando hasta donde sea posible, la carga miasmática que ha heredado a través de muchas generaciones.

Conclusiones: El ser humano nace programado para alcanzar los altos fines de la existencia, sin embargo, existen múltiples factores que impiden que ese ideal se pueda alcanzar: las enfermedades crónicas (miasmas), las supresiones de las enfermedades con tratamientos inadecuados, la drogadicción, el cambio climático, la contaminación del agua, aire y suelo, el lugar de nacimiento, el grado de escolaridad, el tipo de ingresos económicos, la situación social, política, religiosa; hábitos y costumbres, etc, imposibilitan que el espíritu dotado de razón, armonice a la fuerza vital y al cuerpo material para trascender e ir al reencuentro con su creador y relacionarse con el gran espíritu universal y ser feliz.

#### FENTALINO EXPERIMENTACIÓN PURA



#### Dr. Raul Enrique Morales Pascual<sup>1</sup>

<sup>1</sup>Homeopatia De Mexico, Oaxaca, México

Introducción. El desarrollo de una investigación basada en la experimentación pura de una sustancia inédita implica el descubrimiento del fundamento para su aplicación clínica Hahnemanniana. Desarrollamos la investigación partiendo de la sustancia Fentanilo (Citrato de fentanilo).

Objetivos. Realizar una investigación basada en el método Hahnemanniano de experimentación pura para obtener la patogenesia de la sustancia Fentanilo (Citrato de fentanilo). Determinar los síntomas característicos y obtener su seriación miasmática. Método. Experimentación pura de Samuel Hahnemann con un grupo experimental de 30 sujetos; 22 del sexo femenino y 8 del sexo masculino, con un intervalo de edad entre los 14 y los 64 años. Con método doble ciego agregando un grupo control con placebo del 10% de muestra (3 sujetos). Se divide la población total en grupos de ingesta del medicamento experimental según escala y potencia; 9 sujetos ingiriendo 6CH (sexta cenesimal Hahnemanniana), 9 sujetos ingiriendo 30CH (Centesimal Hahnemanniana), 9 sujetos ingiriendo 0/6 LM (cincuentamilesimal) durante un periodo de 40 dias como grupo experimental.

Resultados. Se obtuvieron 167 síntomas distribuidos en rubros con base en el repertorio de Kent de la siguiente forma. Mente: 46, Extremidades: 16, Estómago: 13, Cabeza: 11, Sueño: 9, Generales: 8, Genitales femeninos: 8, Boca: 7, Abdomen: 7, Espalda: 7, Pecho: 5, Ojos: 4, Nariz: 4, Garganta: 3, Recto: 3, Vértigo: 2, Dientes: 2, Evacuaciones: 2, Transpiración: 2, Piel: 1, Oídos: 1, Cara: 1, Garganta externa: 1, Genitales masculinos: 1, Laringe y tráquea: 1, Tos: 1. Seriación miasmática (1-2)-3.

Conclusiones. Se confirman los principios doctrinarios homeopáticos: Fuerza vital, dosis mínima, vix medicatrix, experimentación pura, individualidad morbosa, individualidad medicamentosa. El tropismo sintomático del grupo notamos una importante acción sobre la esfera mental afectando la velocidad del pensamiento tanto hacia le hiperfunción asi como hacia la hipofunción, debilitando la memoria y la capacidad de concentración, así como distorsionando la realidad provocando ilusiones visuales y auditivas diversas, muchos de estos síntomas asociados al sueño. En la esfera emocional provocando cólera y tristeza con diversas modalidades, afectando al paciente hasta llevarlo al llanto. En la esfera volitiva se observó notable apatía con cansancio mental.

Keywords: Fentanilo, experimentación pura, provings.

#### Modelo triádico de la UNIPAEZ en la enseñanza de la medicina Homeopática

#### Marcela Muñoz<sup>1</sup>

<sup>1</sup>Unipaez, Colombia

El modelo pedagógico de la UNIPAEZ es constructivista enfatizando en el aprendizaje activo, autónomo y significativo; cuyos postulados reconocen el valor de la integración en la estructura mental de los aprendizajes nuevos con los previos del estudiante, permitiendo mejorar el desempeño profesional. Este modelo tiene en cuenta las singularidades (individualidad) de los estudiantes, en correspondencia con uno de los principios básicos de la medicina homeopática.

Ahora bien, el avance hacia la formación por competencias trae nuevos retos en términos del modelo pedagógico, esto permite unirlo al paradigma sistémico/complejo (incorporando el concepto triádico) que se viene configurando la postmodernidad.

Para el Programa de Especialización en Medicina Homeopática la prioridad es la relación estudiante saber, donde el estudiante asume un rol fundamental para la construcción de sus competencias, mediante la investigación, las producciones escritas y audiovisuales, la construcción de mapas mentales y conceptuales, entre otros recursos que le permitan integrar posteriormente estos conocimientos en las prácticas clínicas. La pregunta que permite al docente del Programa planificar sus clases es: ¿Cómo activar la tríada saber/ser/hacer, en los estudiantes? Esta triada se activa ante un problema o tema de interés que debe ser estudiado, investigado, comprendido y explicado; esta claridad permite al estudiante visualizar diferentes alternativas en posibles escenarios para la toma de decisiones que permitan plantear soluciones. El modelo pedagógico constructivista, contextualizado con el paradigma sistémico/triádico/complejo, permite a los docentes plantearse el logro de resultados de aprendizaje en pro de las competencias del perfil del egresado, dentro de un contexto sociológico y filosófico.

En las asignaturas teóricas del Plan de Estudios, se integran progresivamente los conocimientos y de acuerdo con los resultados de la evaluación curricular, los resultados de aprendizaje se están incorporando gradualmente a las competencias desarrolladas.

De manera que, la práctica clínica es el ambiente natural donde los estudiantes en forma gradual y progresiva demuestran la integración de sus conocimientos, habilidades, actitudes y cualidades personales; es allí donde las competencias cognitivas o profesionales, se integran con las procedimentales de desempeño de una manera gradual durante el transcurso de los cuatro semestres, sustentadas en el buen desarrollo de las competencias actitudinales y comunicativas permitiendo así la articulación completa de los resultados de aprendizaje

### THE METHOD OF SENSATION IN HOMEOPATHY IN THE TREATMENT OF ANXIETY DISORDER

#### Dr. John Osman Orozco Cuéllar<sup>1</sup>, Dr. Patricia Biselli

<sup>1</sup>Escola Homeopática de Curitiba, Curitiba, Brazil

According to the WHO, 10% of the world's population suffers from Anxiety Disorders (AD) and depression, and their prevalence has increased by 25% in the last 3 years. AD is a chronic disorder that includes features of fear, anxiety, and behavioral responses, with mental, physical, and sensory symptoms in multiple combinations. The value of sensation in homeopathy is systematized. This paper suggests recognizing the type of sensation, favoring the selection of the medicine in AD.

Objective: To evaluate the pattern of sensation as a guide in case analysis and medicine search.

Method: To identify the emerging sensation type through case-taking and analysis, and repertorize using Complete Dynamics, Polarity Analysis, Sankaran Schema, and study of medical material in medicine selection.

Results: Analysis of 3 cases. The first case, Social Anxiety Disorder (10 years in duration), daily panic attacks: rectum constriction, closing contraction during defecation, constant anxiety, inability to be observed, vertigo in high places: Staphisagria. Second case: Generalized Anxiety Disorder (3 years in duration) with a sensation of crushing and twisting (Rutaceae family, Sankaran): Angustura vera. Third case: Specific, situational phobia (20 years in duration), sensation "as if pressed by a blouse, trapped, tied, closed, suffocated, unable to escape, and when compensated, feeling free, without limits" (Euphorbiaceae family, Sankaran): Euphorbia resinifera. All cases showed significant improvement lasting between 6 months and 6 years.

Conclusion: The type of sensation, whether local, general, or vital, along with peculiarities, characteristic symptomatic totality, and the image of the medicine, contribute as guiding principles for selecting the simillimum efficiently. The topic of sensation in plant families, as well as polar analysis of symptoms, remains relevant.

Keywords: Anxiety disorder, method of sensation, homeopathy.

#### **HOMEOPATÍA Y NEUROCIENCIAS**

#### Dr. Juan Ospina

Esta conferencia busca resumir e ilustrar las recientes investigaciones sobre la molécula Dimetil triptamina (DMT) en neurociencias. Esta y otras sustancias semejantes son objeto de estudio en las Universidades de California, Harvard, Hopkins y en el Imperial College de Londres.

Esta molécula, presente en el Yagé o la Ayahuasca, tradicionalmente empleadas en rituales de sanación por algunas comunidades indígenas de Sudamérica, produce modificaciones en la percepción, emoción y cognición de quienes la experimentan. Ha demostrado un gran potencial terapéutico en cuadros de ansiedad, depresión, trastornos obsesivo-compulsivos, estrés postraumático y adicción. El DMT activa los receptores sigma1 del hipocampo y de la corteza prefrontal, por lo pudiera también ser un coadyuvante ideal en trastornos de la memoria como la enfermedad de Alzheimer y la demencia senil. Estimula además la neurogénesis, o proceso de transformación de células madre neurales en nuevas neuronas o células gliales, y su empleo abre novedosas perspectivas para el manejo de otros trastornos neurodegenerativos como el Parkinson, la esclerosis múltiple o lateral, las leuco-encefalopatías. Jas secuelas de ACV. etc.

Es una invitación a un amplio grupo de investigadores y de homeópatas calificados para realizar estudios clínicos más detallados sobre el empleo del DMT en altas potencias homeopáticas, a la 200CH. El procedimiento de dinamización homeopática, descrito por Samuel Hahnemann, incrementa el campo de energía y de información de esta molécula. Carece así de cualquier efecto tóxico o psicodélico, aunque conserva su inmenso potencial en temas de neuro-regeneración.

## THE CONTRIBUTION OF HOMEOPATHY FOR THE TREATMENT OF ATTENTION DEFICIT HYPERACTIVITY DISORDERS (ADHD) IN GIFTED PATIENTS (G)

Mr. Fernando Fransolin Peres<sup>1</sup>, Ms. Patricia Eduarda Biselli<sup>1</sup>

<sup>1</sup>Escola Homeopática de Curitiba - Dr. Javier Salvador Gamarra, Curitiba, Brazil

Introduction: Attention Deficit Hyperactivity Disorders (ADHD) affect from 5% to 8% of the world population and High Skills and Giftedness (HS/G) from 5% to 10%. As inattention, hyperactivity and impulsivity symptoms may be present in both conditions the diagnosis is strictly clinical. ADHD is part of the neurodevelopment disorders while HS/G is a condition of functionality [1,2,3]. Through the revision of patients' initial complaints of ADHD, kept in the medical registers, we sought to identify and differentiate the Dual Exceptionality and observe their incidence and the relation between ADHD and HS/G.

Objective: To investigate the correlation, incidence and differentiation in the crossed or concomitant ADHD diagnosis in the HS/G, and identify the prescription.

Methodology: Review of 180 medical records of HS/G in order to survey, compare and differentiate concomitant symptoms with ADHD.

#### Results:

29% (52) patients with HS/G had an initial complaint of ADHD;
89% (46/52) patients with a diagnosis of ADHD were identified with HS/G;
3% of the 29% of all patients had Dual Exceptionality: ADHD + HS/G [1,2]
Lanthanide Drugs were prescribed to 97% of the patients with satisfactory resolution.
Conclusion: Due to the similarity of symptoms between ADHD and HS/G the diagnosis is not easy because it can easily confuse the doctor: 87% had only HS/G and not ADHD as previously thought of; only 3% of those who had a complaint of ADHD had a Dual Exceptionality. The integral vision of homeopathy and its care for the singularity and individuality of the patient made possible the differentiation and the diagnostic accuracy. It favoured a meaningful improvement of the symptoms and also reoriented a multidisciplinary therapy. The homeopathic treatment had a great impact in the life quality of these patients.

Keywords: ADHD; High Skills; Giftedness; Lanthanides,

## COMPARACIÓN DEL COMPORTAMIENTO ESPECTROFOTOMÉTRICO (IR, UV-VIS) Y CROMATOGRÁFICO (HPLC-DAD) DE UN COMPLEJO HOMEOPÁTICO CON SUS CEPAS CONSTITUTIVAS POR SEPARADO

Luis Gabriel Piñeros<sup>1</sup>, German Benítez<sup>1</sup>, Luis M. Pombo<sup>1</sup>, Paola Borrego-Muñoz<sup>1</sup>, Luisa L. Orduz-Díaz<sup>1</sup>

<sup>1</sup>Fundación Universitaria Juan N. Corpas, Bogotá, Colombia.

Introducción: Comparar el comportamiento espectrofotométrico y cromatográfico de un complejo homeopático versus sus cepas individuales ayuda a entender su naturaleza. Cuando se combinan estímulos homeopáticos se constituye una nueva huella resultante de la degeneración de los modos de vibración de cada cepa constitutiva.

Objetivos: Comparar el comportamiento espectrofotométrico y cromatográfico de cuatro estímulos homeopáticos por separado con la huella resultante de su combinación. Comparar dichos comportamientos entre soluciones agitadas y no agitadas (agitación adicional antes de la toma).

Métodos: Se analizaron 4 medicamentos homeopáticos (Apis mellifica, Arnica montana, Ledum palustre y Calendula officinalis) mezclados y por separado (4CH y 30CH) mediante IR, UV-Vis y HPLC-DAD. Los datos se analizaron con el software SIMCA 14.1 y se aplicó PCA a cada técnica, teniendo como variables de entrada la respuesta a cada longitud de onda o tiempo evaluados.

Resultados: Con UV-Vis se encontraron diferencias de dos medicamentos (Arnica montana y Calendula officinalis) entre las diluciones dinamizadas y sin dinamizar. Con IR se observó una diferencia entre el comportamiento de las cepas unitarias 4CH respecto a la dilución en que se evaluaron y en comparación con la mezcla. No es posible observar diferencias significativas entre cada medicamento con y sin dinamización. En HPLC-DAD se observaron diferencias en la dinamización de Calendula oficcinalis. Se agruparon los valores de los medicamentos a dilución 4CH, al tiempo que los datos de medicamentos a la 30 CH se encuentran dispersos.

Conclusiones: A pesar de ser estímulos altamente diluídos, cada dilución de los medicamentos tiene un comportamiento particular y distinto a las demás. Los medicamentos unitarios tienen un comportamiento distinto a las mezclas de los mismos, observable en el IR para las diluciones 4CH, y en HPLC para las 30CH. La agitación adicional no genera diferencias en el nivel espectrofotométrico en la mayoría de los medicamentos, excepto en Arnica montana y Calendula officinalis. Cada técnica permite realizar un análisis diferente (composición, dilución y dinamización).

Palabras clave: Cromatografía, Dinamización, Espectrofotometría, Homeopatía.

#### MATICES DE LOS TEMORES EN MEDICAMENTOS HOMEOPÁTICOS Medico Homeopata Martha Cecilia Puga Domínguez<sup>1</sup>

<sup>1</sup>Martha Cecilia Puga Dominguez, Quito, Ecuador

Introducción: A lo largo de mis 37 años de experiencia, he trabajado en la socialización de la homeopatía en sectores populares. Es en mi trabajo, en la práctica clínica de pacientes, que presentan ansiedad, temores, angustias y pánico, lo que me lleva a la necesidad de compartir mis hallazgos sobre los medicamentos clave para el tratamiento de dicha sintomatología. Objetivos: Facilitar la práctica clínica de tipos de sintomatología preponderante de las variedades de temor mediante la determinación de medicamentos clave para su tratamiento. Método: Se recurrió a un análisis de casos clínicos donde se dio un proceso de observación y conclusión diagnóstica mediante la escucha ininterrumpida, la determinación sintomatológica, la repertorización y el uso de medicamentos de la escala LM.

Resultados: Se arribó mediante el análisis de casos clínicos que los medicamentos para los pacientes que acuden con síntomas predominantes de temores son aconitum, opium, arsénico, phosphoro, calcaría, pulsatila y stramonium.

Conclusiones: A partir del trabajo clínico con pacientes con sintomatología donde los temores son predominantes, se llega a la conclusión que los medicamentes clave para su tratamiento son aconitum, opium, arsénico, phosphoro, calcaria, pulsatila y stramonium. Para ello, fue imprescindible ubicar y entender el sufrimiento del paciente, sin buscar en un principio el medicamento constitucional, sino entender la presentación clínica de los síntomas, para arribar por capas, al centro.

Palabras clave: Homeopatía, salud, temores, angustia, miedos

### HOMEOPATHY AS A TREATMENT IN THREE CASES OF INTRAUTERINE GROWTH RETARDATION. RETROSPECTIVE STUDY

#### Dr. Maria Constanza Perez Restrepo<sup>1</sup>

<sup>1</sup>Ofice Doctor, Medellin, Colombia

Intrauterine growth restriction (IUGR) has been considered the most common of the major obstetric syndromes. It is responsible for 85% of neonatal deaths and is associated with several adverse perinatal outcomes. The incidence rate is close to 43% in developing countries.

Homeopathy has been shown to be potentially effective for the treatment of IUGR, however a homeopathic approach has not been recorded in patients with this diagnosis. In the absence of documented clinical evidence on the approach and use of unicist homeopathy in patients with said opinion, it is not considered at the moment as a valid therapeutic option nor is it taken into account as an effective alternative in the treatment of patients with IUGR.

This work intends to present clinical evidence on the use of unicist homeopathy in patients with IUGR by retrospectively reporting a series of 3 cases, starting from the initial approach and documenting the evolution and effects of homeopathic medication on ultrasound fetal growth curves.

The results were as follows: case No. 1 with type 1 or asymmetric IUGR that began at the 2.5 percentile at week 28 and ascended between percentiles 25 and 50 at week 37, case No. 2 diagnosed as small for the gestational age, started at the 9.3 percentile and reached the 50th percentile and case No. 3 with symmetrical IUGR, which progressed from the 3rd to the 5-10th percentile at birth 5 weeks later. All three were followed up between 3 months and 8 years with adequate postnatal evolution.

Treatment with unicist homeopathy shows to be an individual and effective tool that brings beneficial effects in the maternal-fetal unit.

Homeopathy is a cost-effective medical system that should be seriously considered in public health policies.

There is no conflict of interest.

KEYWORDS: Intrauterine Growth Retardation - Unicist Homeopathy - Lycopodium, Natrum Muriaticum, Pulsatilla, Sulphur- Secale Cornutum - Silicea - Cases Review.

#### CAN THE MENTAL/EMOTIONAL SYMPTOMS ALONE BE SUFFICIEN TO PRESCRIBE? AN EVALUATION OF THE SEHGAL METHOD

#### Dr. Karl Robinson<sup>1</sup>

<sup>1</sup>American Institute of Homeopathy, Albuquerque, New Mexico, United States

Introduction: Hahnemann's emphasis on the importance of mental symptoms (Aphorisms 210 ff) has been taken to an extreme by the Sehgals, an Indian family (father [deceased] and two sons) who use only mental/emotional symptoms in all cases - including cases presenting with exclusively physical pathology. This paper will explain their unusual methodology didactically as well as present a few of their more striking cases. The author will also present some of his cases using the "Sehgal method."

Belladonna will receive special attention as it is used frequently by the Drs. Sehgal in chronic cases.

Objectives: Learning the importance of prescribing on Present, Predominating & Persisting symptoms of the mind.

To illustrate how prescribing on the present mental state of the patient utilizing the common, ordinary expressions of the patient can lead to a curative prescription.

How to interpret common mental symptoms metaphorically.

How very low potencies can be as or more effective than higher potencies.

The Sehgal interpretation of how a successful prescription should play out - their take on the Law of Cure.

Finally, the author questions the validity of eschewing physical symptoms and gives case examples of the importance of sensation, location, modalities and concomitants.

Methods: The Sehgal method delineated.

Their method as revealed in successful cases.

Results and Conclusions: The efficacy of the Sehgal method is displayed by unusual cures and reveals just how important the present, predominating and persisting mental and emotional symptoms are. At the same time, the author questions the wisdom of deliberately avoiding striking physical symptoms.

Keywords: Present, Predominating & Persisting symptoms. Mental symptoms. Aphorisms 210 - 230. Belladonna.

### PROVING OF XEROSYDRYLES DERIVED FROM ARNICA AND BELLADONNA 12CH POTENCIES

Dr. Vincenzo Rocco¹, Dr Maria Luisa Agneni¹, Dr. Carmela Alfano¹, Michele Attanasio, Dr. Andrea Antonio Aversa¹, Dr. Fiorella Baldi¹, Dr. Antonio Bonaiuto, Dr. Paola Cavatrunci, D.r Antonio Cimino, Dr. Linda di Marino, Prof. Vittorio Elia³, Dr. Laura Fiorani, Dr. Roberto Germano², Dr. Giuliana Giaccio, Angela Greco, Dr. Daniela Gulemi, Dr. Angela Iorio², Dr. Federica Manfredi¹, Prof. Francesco Eugenio Negro¹, Dr. Virginia Paribello¹, Dr. Gaetano Pergola, Flora Rusciano¹, Dr. Rossella Scudieri², Dr. Carlo Melodia¹

<sup>1</sup>LUIMO, Associazione per la Libera Università Internazionale di Medicina Omeopatica

Introduction: Homeopathic liquid potencies exhibit qualities typical of far-from equilibrium, self-organizing, dissipative systems, unexpected for simple water molecules (1). They release, after lyophilization, a certain amount of solid material, named Xerosydryle, whose chemical composition is essentially water. When re-dissolved into water, Xerosydryles transfer the above mentioned physical-chemical properties of the homeopathic remedies they come from, to the new solution.

Objectives: To assess experimentally, by a double-blind, triple arm proving, if Xerosydryles obtained from homeopathic remedies show, in addition to the chemical and physical, the pathogenetic properties of the medicines they come from. Belladonna and Arnica derived Xerosydryles, were proven against each other and placebo.

Methods: Xerosydryles were obtained, by cold freeze-drying, from 300ml of Arnica and Belladonna 12CH water based liquid potencies. The powder obtained was resuspended in the same volume of 70% alcohol solution and used to impregnate 85% sucrose-15% lactose globules. The placebo was constituted by untreated globules. 16 provers joined the experiment and were casually assigned to the Belladonna, Arnica or placebo groups. Results: The proving produced 89 symptoms (14 placebo, 32 Belladonna, 43 Arnica). Average symptoms/prover were 2,8 for placebo, 8 for Belladonna, and 6,14 for Arnica. The symptoms showed a remarcable specificity related to the original homeopathic potency they came from. For example, for the Arnica Xerosydryle, 40 out of 43 symptoms could be found in Arnica Materias medica or Repertory and 27 out of 32 were found for Belladonna. Discussion: Xerosydryles obtained from homeopathic remedies once tested in a pathogenetic trial, showed to maintain the pathogenic properties of their potency of origin. The interesting possibility appears then to consider xerosydryles as a or the "active principle" of homeopathic potencies. New provings will be required to confirm these preliminary results, however several approaches pointing to Xerosydriles characterization, with the aim to link physical/chemical/biological to pathogenetic/clinical data, might, now, be possible. (1) Elia, Vittorio, Giovanni Ausanio, Francesco Gentile, Roberto Germano, Elena Napoli, e Marcella Niccoli. «Experimental Evidence of Stable Water Nanostructures in Extremely Dilute Solutions, at Standard Pressure and Temperature». Homeopathy: The Journal of the Faculty of Homeopathy 103, n. 1 (gennaio 2014): 44-50. https://doi.org/10.1016/i.homp.2013.08.004

<sup>&</sup>quot;Samuel Hahnemann, Naples, Italy,

<sup>&</sup>lt;sup>2</sup>Promete srl, Naples, Italy,

<sup>&</sup>lt;sup>3</sup>University of Naples Federico II, Naples, Italy,

<sup>&</sup>lt;sup>4</sup>CeMON srl, Naples, Italy



#### Dr. Antonio Sánchez Carballo<sup>1</sup>

<sup>1</sup>Homeopatía de México A.C., CDMX, Mexico

Introduction: Since its foundation in 1960, Homeopatía de México A.C., under the leadership of Proceso Sánchez Ortega, has been dedicated to the study, diffusion and deepening of what Hahnemann called Miasmas or Chronic Diseases, we have past all these years developing a technique which is applied in the clinic, obtaining transcendent results in patient's health.

Objectives: To Scientifically demonstrate how the miasmatic technique has the characteristics of a research model in line with the dynamic complex contemporary scientific approaches.

Methods: A bibliographic review of the new qualitative or complex dynamic research models was carried out to support what had already been studied and proven in the clinic of the theory and technique of miasmas theory.

RESULTS: It is shown that the solid theoretical framework that has been built in the same line of research followed by Hahnemann and Proceso Sánchez Ortega constitutes an effective research model in homeopathic clinics.

Conclusions: The miasmatic theory constitutes a qualitative research model for a complex dynamic system such as man in its disease state.

Keywords: Miasmas, Homeopathic research, Research models in homeopathy.

### **BOWEL NOSODES, INDISPENSABLE IN HOMEOPATHIC TREATMENT** *Dr. Léon Scheepers*<sup>1</sup>

<sup>1</sup>Unio Homeopathica Belgica, Antwerp, Belgium

Introduction: Your bowels literally make you who you are: they influence your weight and your mood and play an important role in your immune system. It is therefore wise to take good care of your microbiome, even if you do not have any bowel complaints. The microbiome lives from fibrerich food, provided by fruit and vegetables. Processed and high-sugar foods disrupt the healthy microbiome, as do excessive use of antibiotics and the many emulsifiers in our diet. If an unbalanced diet leads to too many bad bacteria, this is called dysbiosis.

An important pioneer in research into the role of the intestinal flora on health is Dr Edward Bach (1886-1936)16. He was a bacteriologist, immunologist and surgeon and is known today mainly for the Bach Blossoms he developed.

The more human and individual approach of homeopathic treat- ment appealed to him. He retreated to the laboratory in the base- ment of the London Homeopathic Hospital for twelve years to examine the stools of the patients and drew on his findings to link specific germs to a particular disease.

On the basis of his findings, he processed these germs into homeopathic medicines, known as bowel nosodes. These medicines are essential as an intermediate treatment in homeopathic medicine, especially for people with disturbed intestinal flora. With the current developments in modern medicine, more and more attention is being paid to the microbi- ome. The question is whether today's scientists are aware of Edward Bach's work.

Objectives: To show the importance of bowel bosodes in homeopathic treatment.

Conclusions: In my day-to-day practice, bowelnosodes are indispensable. Couldn't imagine working without these homeopathic remedies. This is illustrated with case histories.

Keynotes: Microbiome, Dr. Bach, Bowel nosodes, Dysbiosis

## PROPUESTA TERAPÉUTICA CON HOMEOPATÍA UNICISTA PARA EL TRATAMIENTO DE SÍNTOMAS NEUROPSIQUIÁTRICOS EN PACIENTES ADULTOS CON DIAGNÓSTICO DE SÍNDROME POST COVID

**Dra. María Isabel Ramírez López**¹, Dra. Gina Cristina Guayacan Mora

<sup>1</sup>Unipaes, Bogotá, Colombia

Introducción: La pandemia del COVID-19 ha cobrado un número importante de contagios y de fallecimientos a nivel mundial con una incidencia del 36.4% de manifestaciones neurológicas, un 24.8% con afecciones del SNC, un 10.7 en sistema periférico y músculo esquelético por esto es importante ofrecer un tratamiento integral para las manifestaciones neurológicas en pacientes con antecedente de COVID-19. Actualmente ya están siendo reportados casos efectivos de tratamiento homeopático a nivel global como manejo único y complementario del tratamiento de la medicina convencional.

Objetivos: Este documento pretende hacer una recopilación de los síntomas neuropsiquiátricos en paciente con síndrome post COVID-19 reportados a nivel mundial en la literatura digital,

Metodología: Se realizó revisión de la literatura que contempla la sintomatología neuropsiquiátrica, identificando los síntomas más prevalentes en pacientes con antecedente de infección por COVID-19. Se efectuó la traducción de los síntomas neuropsiquiátricos post covid19 al lenguaje del repertorio con el fin de realizar con ellos, una repertorización completa y poder brindar una opción terapéutica. Se describieron los posibles remedios homeopáticos asociados a los síntomas encontrados en la literatura. Se realizó revisión de la literatura que contempla la sintomatología neuropsiquiátrica, identificando los síntomas más prevalentes en pacientes con antecedente de infección por COVID-19.

Resultados: Según cada caso particular los remedios homeopáticos unicistas útiles para el síndrome post COVID-19 en su orden son: Sulphur, Arsenicum album, Natrum muriaticum, Calcarea carbonica, Phosphorus y Veratrum album.

Conclusiones: Se presenta propuesta terapéutica con homeopatía unicista teniendo en cuenta los síntomas repertorizados, así como la materia médica comparada de los mismos que facilite la escogencia del tratamiento más adecuado.

PALABRAS CLAVES: COVID-19. Virus del SARS-COV-2. Síndrome post COVID. Manifestaciones neurológicas. Síntomas neuropsiquiátricos. Tratamiento homeopático. Propuesta terapéutica con homeopatía unicista.

#### **EPIDEMIC GENIUS**

#### Pedro Alberto Sierra Rodríguez<sup>1,2</sup>

<sup>1</sup>Universidad Nacional de Colombia, Bogotà, Colombia,

<sup>2</sup>Asociación Medica Homeopática de Colombia ASMHOC, Bogotá, Colombia

Since the birth of homeopathy, homeopathy has been used successfully in many epidemics that affected the population of its time, such as epidemics that affected the population of the time, such as scarlet fever, cholera, cholera, cholera, cholera, cholera, cholera scarlet fever, cholera, yellow fever, typhus, Spanish flu and the new SARS-CoV coronavirus. coronavirus SARS-CoV-2. Using the principle of epidemic genius. term Epidemic Genius (or for others Epidemic Genus): has been used to consider the most effective remedy for a particular epidemic, once data has been collected from several cases.

The first approximation of this concept was established by Dr. Samuel Hahnemann in the Organon of medicine, in aphorism 241, he says: "... every epidemic is of a peculiar and epidemic is of a peculiar and uniform character common to all the individuals attacked and when this character is and when this character is found in the totality of the symptoms common to all, it leads us to the discovery common to all, it leads us to the discovery of a homoeopathic (specific) remedy suitable for all cases. (specific) remedy suitable for all cases" (Golden, 2019). But the whole dimension of this epidemic disease and all the symptoms cannot be observed in a single sick person, but are abstracted from the ailments of several sick persons of different physical constitution. The knowledge of all the symptoms belonging to the whole picture of the disease allows one to choose the homeopathic medicine, which will be the most suitable for this sum of symptoms.

(Pirra, 2008).

The World Health Organisation has developed health integration strategies for the management of epidemic diseases with homeopathy and other alternative medicines (World Health Organisation, 2020).

A timeline of epidemics since 1779, when Dr. Samuel Hahnemann indicated homeopathic management for the scarlet fever epidemic in Germany, is then described. in Germany and then describes the different authors who did homeopathic management of the various homeopathic management of the different epidemics from 1779 to 2022.

At the end there is a table where it is explained that homeopathy can be used at different moments in an epidemic, in different moments in an epidemic, in different ways: as a constitutional medicine, as an epidemic genius, as a Biotherapeutic-Nosode, as an Isopathic and as a prophylactic.

## LOS MEDICAMENTOS HOMEOPÁTICOS Y SU RELACIÓN CON LA FUENTE. ANÁLISIS DE TRES MEDICAMENTOS DEL REINO ANIMAL: AMBRA GRISEA - HALIAEETUS LEUCOCEPHALUS - LAC FELINUM

#### Dra. Patricia Solano<sup>1</sup>

<sup>1</sup>Homeo-patas, Bogotá, Colombia

En una revisión no sistemática de la bibliografía se presenta la relación que existe entre las características fisiológicas, anatómicas y comportamentales de tres animales y los medicamentos homeopáticos derivados de ellos. Los medicamentos seleccionados son Ambra grisea, obtenido del cachalote, Haliaeetus leucocephalus, derivado del águila calva, y Lac felinum, obtenido de la leche de gata.

Los medicamentos correspondientes a estos animales se obtienen, ya sea directamente del animal o de una secreción. Para el caso del Haliaeetus leucocephalus se puede realizar de las garras, sangre o plumas; para el Ambra grisea se obtiene de una secreción de las ballenas – el ámbar gris- producto que aún no se ha podido definir su procedencia, pero según los estudios constituye una secreción del cetáceo que ayuda a la digestión y excreción de las partes duras de sus presas; para el caso del Lac felinum se utiliza la leche de la gata. El estudio se base en el análisis de grupos con aportes y trabajos de varios autores contemporáneos como Jan Scholten, Rajan Sankaran, Giacomo Merialdo, Farokh Master, Jonathan Hardy entre otros.

Este método de análisis busca comprender los medicamentos a través del estudio de características comunes en un grupo de remedios relacionados por su origen. (Leisegang citado por (Harkhu, 2013). Se incluyen palabras claves o temas comunes que caracterizan un grupo o familia de medicamentos, o al medicamento propiamente. Estas palabras o temas han sido propuestos por varios de los autores anteriormente mencionados y otros autores como Mateu-Ratera, Lara incluyendo a Divya Chhabra y sus experimentaciones.

En conclusión, este estudio establece conexiones entre la fuente animal y los registros en la materia médica o patogenesia de los medicamentos, empleando un análisis de grupos y considerando aspectos de comportamiento. Las palabras clave incluidas son: análisis de grupos, patogenesia, comportamiento, Ambra grisea, Haliaeetus leucocephalus y Lac felinum.

## A VIEW INTO KANT, HAHNEMANN, HEGEL, AND ORTEGA'S CONCEPTS IN UNIVERSAL KNOWLEDGE AND THE CORRELATIONS IN HOMEOPATHY

#### Dr. Rene Torres<sup>1</sup>

<sup>1</sup>Homeopatía de México A.c., Mexico City, Mexico

Introduction: The aim is to review the correlations between concepts of universal thought of classic philosophers Kant and Hegel, Hahnemann as a visionary in medicine and Ortega's miasmatic methodology in homeopathic clinics.

Method: A review of each author and a clinical case for the testimony of medical science with a humanistic perspective.

KANT (1724-1804) integrates sensibility and understanding as two main faculties in the knowing process. With a-priorism he solved the rivalry between empiricism and rationalism. Named later the scientific method, the art of reasoning will always favor the development of the subject. However, what increases the value of knowledge is that human behavior is evaluated from a fundamental principle of morality, which is worth paying attention to understand human complexity.

HAHNEMANN (1755-1843) reclined all cause of disease in the imbalance of the vital force. Cure the patient not the disease. The expression of the internal maladjustment of a predisposing state warned by signs and symptoms moving in a dynamic sense, serves as the guiding thread. Hahnemann's highest healing pathway is treating psora, sycosis and syphilis correlated with a maximum similarity of patient and the remedy.

HEGEL (1770-1831) proposes examining consciousness' experience and eliciting the contradictions and dynamic movement that come to light within this process. The "pure looking at" things in their own being physical and spiritual. The development of the spirit until reaching the absolute in a continuous movement is both self-transforming over time (hence, historical). Thesis and antithesis thoroughly analyzed lead to new knowledge, human growth and this movement of thought will coincide with a vision of harmony that awaits us at the end of the whole process.

ORTEGA (1919-2005) translated into clinical practice Hahnemann's concepts in treating chronic illness, through the dynamics of miasms in the mental, physical and spiritual spheres only in three directions: lack, excess, and dys. The healing pathway is marked by a morbid predisposition, a miasmatic analysis and finding the similimum accordingly. The case taking and evolution of a case will be explained based on the concepts of the authors mentioned above.

A preschooler boy, only child of a dysfunctional family, with family history of alcoholism and asthma and born from a dystocic delivery. Later on predisposing him to consequences such as allergic crisis, early emotional behavior and attention disorders, restlessness, contrary, extreme anxiety, self-harm, diagnosed ADD indicate miasmatic exacerbations of sycosis.

Conclusion: A medical follow-up can be delimited from a dynamic perspective of movement, change and historicity which follows Hahnemann's integrative method. The miasmatic simillimum and treating the acute disease to release some of the chronic conditions, provides a scientific direction with multiple healing possibilities, in the totality of individual and collective disease, in the moral sphere and as a meeting point for humans morbid nature.



#### Dr. Ramon Unzueta Hoffmann<sup>1</sup>

<sup>1</sup>Pontificia Univertsidad Javeriana Cali, Cali, Colombia

Introducción: Presentamos el caso de una paciente embarazada de 27 años de edad con diagnóstico de linfoma de Hodgkin etapa IIIB. La paciente acudió a consulta con síntomas preocupantes e historia clínica complicada con Diabetes gestacional. Se le realizaron estudios, incluyendo RNM, Laboratorio general, una biopsia que confirmó el diagnóstico. El desafío principal del caso fue establecer un plan de tratamiento adecuado que garantizara el bienestar de la paciente y el futuro de su hijo. Este reporte de caso destaca la importancia de una evaluación multidisciplinaria y un enfoque individualizado en el manejo del linfoma de Hodgkin gestacional desde la perspectiva de la homeopatía.

Objetivos: Ofrecer un manejo alternativo a una paciente embarazada con Linfoma Hodgkin quien rechazó interrumpir su embarazo y recibir quimioterapia.

Métodos: Se realiza la toma del caso con homeopatía clasica hahnemanniana, jerarquización sintomatica correspondiente, analisis del nivel de salud de la paciente de acuerdo a Vithoulkas, prescripción de único medicamento a potencia 5LM 4 veces al día. Se realizan múltiples seguimientos y controles de laboratorio, biopsia e imágenes.

Resultados: Se observó disminución del tamaño de las adenopatías cervicales desde la 1a semana de tratamiento, y desaparicion de todas las lesiones al terminar el embarazo. La MRI (resonancia nuclear magnética) evidenció desaparicion de las lesiones mediastinales, retroperitoneales axilares e inguinales. La mejoría persiste 12 años después del tratamiento.

Conclusions: El manejo del linfoma de Hodgkin en embarazadas representa un desafío clínico importante. En este caso, la homeopatía como tratamiento único debido al rechazo de la paciente al enfoque convencional, permitió una mejora en los síntomas emocionales de la paciente, respuesta positiva y la curación completa.

Si bien es esencial una evaluación multidisciplinaria en estos casos, la homeopatía brinda una opción terapéutica individualizada y segura para mujeres embarazadas con linfoma de Hodgkin.

Este enfoque holístico demostró contribuir al bienestar de la paciente y del feto, ofreciendo una perspectiva adicional en el manejo de esta enfermedad. Se requieren más estudios y casos clínicos para una mejor comprensión y evidencia en el uso de la homeopatía en estos contextos clínicos específicos.

Keywords: linfoma de Hodgkin avanzado, embarazo, homeopatía, desafío clínico.



## CONSTITUTIONAL HOMEOPATHY OF THE FIVE ELEMENTS BASED ON TRADITIONAL CHINESE MEDICINE IN THE PREVENTION AND TREATMENT OF DIVERSE DISEASES

#### Dr. Huang Wei Ling

<sup>1</sup>Medical Acupuncture and Pain Management Clinic, Franca, Brasil

Introduction: Carpal tunnel syndrome is a neuropathy caused by the median nerve compression that travels through the carpal tunnel wrists. The purpose of this study is to demonstrate that patients with carpal tunnel syndrome have energy alterations in the five internal massive organs according to the five elements theory of traditional Chinese medicine and the treatment rebalancing and replenishing these organs using Chinese medicine tools and homeopathy medications according to the theory Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine can cure the symptoms without needing to do surgery. Methods: Through two case reports, both females (75 and 42 years old respectively), with numbness and local pain and diagnosis of carpal tunnel syndrome. It was indicated surgery. They both were submitted to the measurement of the five internal massive organ's energy (Liver, Heart, Spleen, Lungs, and Kidney) using the radiesthesia procedure. Results: Both revealed that all organs were in the lowest level of energy. Both were submitted to treatment using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and systemic acupuncture, and replenishment of these organs' energy using highly diluted medications according to the theory of Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine and crystal-based medications. Both improved their symptoms only by using these tools and did not necessitate to do surgery. The conclusion of this study is that patients with carpal tunnel syndrome have energy alterations in the five internal massive organs inducing liquid retention and causing the syndrome. The treatment of rebalancing and replenishing these energies using Chinese medicines tools such as Chinese dietary counseling, auricular acupuncture with apex ear bloodletting, and systemic acupuncture and replenishing these organs using highly diluted medications according to the theory of Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine is of paramount importance to treat the cause of the formation of this disease and not just treating the symptoms using surgery. Keywords: Homeopathy; Traditional Chinese Medicine; treatment.

### RESEARCH PROTOCOL USING CHINA OFFICINALIS IN HEALTHCARE WORKERS IN COVID-19

Dra. I Sebusiani Takeuti<sup>1</sup>, Dra. MS Gosik Straforini<sup>1</sup>, Dra. D Barbas<sup>1</sup>, Dra. L Melo<sup>1</sup>, Dra. L M Santos<sup>1</sup>, Dra. A Oliveira<sup>1</sup>, Dr. P Oliveira<sup>1</sup>, Dra. LC Mourão<sup>1</sup>, Dr. D J Vaz do Cabo<sup>1</sup>, **Dra. M F Xavier Mendes**<sup>1</sup>

<sup>1</sup>Abrah, São Paulo, Brazil

Introduction: The Covid 19 pandemic devastated the planet in 2020, with millions of people affected by multiple clinical conditions in their manifestations and severity, from a Mild Gripal Syndrome (SG), to Severe Acute Respiratory Syndrome (SARS) or outcome for lethality. For many months no proven effective preventive or curative medication was found. In this context, drug protocols in homeopathy emerged around the world, with expressive results. This study conducted by the Abrah research group (Brazilian Association for Recycling and Assistance in Homeopathy) used China officinalis in a group of health professionals. After clinical, repertory and Materia Medica studies, this was the homeopathic medicine that covered most of the symptoms of COVID-19 listed for the survey.

Goal: Evaluate the action of China officinalis on the health of healthcare workers participating in the research protocol during the pandemic.

Methodology: Professionals from the essential areas of health at the Hospital do Servidor Público Municipal de São Paulo (HSPM), Association Nossa Senhora Rainha da Paz (RP), Hospital Padre Bento (CHPB) and the University of Brasília (UNB) participated in this investigation. The intervention in this protocol was the administration of China officinalis 6CH, six drops per day, from April to December 2020, after ethical approval CAAE 31802720.0.0000.5442. The evaluation was carried out through the application of a questionnaire before and after the use of the homeopathic medicine.

Results: 718 questionnaires answered by professionals were analyzed. Of these, only 17.5% had any symptoms during the study. There were reports of symptoms compatible with SARS in 19% of the participants, however, no professional in this group required hospitalization in intensive care. There were no deaths among the study participants. Conclusion: The study showed that 82% of the health professionals who participated in the Abrah protocol, using the drug China officinalis, did not present symptoms relevant to Covid 19 and of the 19% of the participants who evolved with SARS, all had a favorable outcome, typical of cases with the syndrome mild flu.

Keywords: Covid 19, China Officinalis, Homeopathy.

#### NO SON LOS SÍNTOMAS SINO EL CAMPO INVISIBLE DEL ENFERMO LO QUE HAY QUE CURAR

#### Dr. Jaime Zaragoza<sup>1</sup>

<sup>1</sup>Homeopatia de Mexico A.C., Puebla, Puebla., Mexico

Introducción: Es muy frecuentes que los médicos homeópatas sumen síntomas, conceptualicen síntomas y medicamentos perdiendo de vista el campo invisible (lo miasmático) del enfermo.

La causa de esto radica en que culturalmente se nos educa bajo una filosofía cartesiana (Rene Descarte) donde establece una dualidad entre el sujeto y el objeto donde al sujeto le es imposible alcanzar al objeto en la realidad y se toma al juicio lógico como verdadero, separado de la realidad.

Objetivo: ubrayar que el método curativo del Dr. Hahnemann no busca curar síntomas sino un campo invisible del enfermo (miasma) que se manifiesta en síntomas.

Método:Para comprender el pensamiento curativo del Dr. Hahnemann se requiere profundizar y reflexionar con atención los parágrafos: 8,9,10,15. Meditar con profundidad la razón por la cual cambia el similia similibus curantur a similia similibus curentur. Y entender los términos: simillimo diferente de simillimum del parágrafo 56. Leer los escritos menores del Dr. Hahnemann donde opina sobre la filosofía de Descartes, de Stahl (animista) y de Helmont (espiritualista).

Resultado: a medicina homeopática no es dualista, ni vitalista, ni espiritualista. La materia y el espíritu son una misma realidad.

El medicamento homeopático cura porque su dinamismo es real.

El campo no visible del medicamento pertenece al campo no visible del enfermo es decir ambos pertenecen a la realidad y no a un simple pensamiento verdadero es decir, de pura lógica de razón.

Conclusión: el método curativo del Dr. Hahnemann requiere de una gran capacidad de observación de la totalidad del enfermo para encontrar la unidad dinámica de la estructura invisible (lo miasmático) que sostiene el desequilibrio de la enfermedad.

Palabras Claves: Curentur, Simillimum, Realidad, dualismo, Unidad, Campo invisible.



<sup>1</sup>Akgsovihams, New Delhi, India, 2LMHI Indian Chapter, New Delhi, India

The presentation is about a case of ALS / MND. Mr. G.K. 18 Yrs old young man. ALS/ MND (Motor Neuron Disease) is fast progressive Neurological disease. A rare neurological disorder that selectively affects motor neurons, the cells that control voluntary muscle activity including speaking, walking, breathing, swallowing and general movement of the body.

ALS/MND is a devastating illness which leads to progressive paralysis and eventual death. It is considered to be an Incurable disease where medical science does not have anything to offer even in arresting the fast progression.

In this field through Homoeopathy at AKGsOVIHAMS medical centre some encouraging results have been obtained, though not achieved a cure but certainly improvement has been seen in many cases, which has made me to explore more and conduct research and present a case very well treated with Homoeopathy.

What I am going to show through my presentation is how in a severe acute attack of this dreadful disease Homoeopathy came as a rescue and miraculous recovery was achieved. During the 21/2 yrs treatment of Mr.G.K there have been numerous instances where Homoeopathic medicines have worked like magic.

The patient was having profound weakness of the lower extremities and was not able to get up. He was to be carried in lap by someone to bring to my clinic. There was wasting of muscles of hands and legs. Complaints started from lower extremities with wasting of muscles and weakness since 18 months ago.

With H/O Fever with UTI followed with weakness in extremities around 1 and half year ago. Had fallen on back and got injured around 1 and half year ago. Unable to walk and Stand on his own. Has to be Carried in lap. Fasciculations. Twitching of muscles were visible.

The case would be presented in detail with justification of the medicines used and Video and Photographic evidence.



# USE OF HOMOEOPATHIC MEDICINE IN PRE-PARTUM CERVICO VAGINAL PROLAPSE IN BOVINE

Dr. Vikramkumar S Jani<sup>1</sup>, Dr. Sanjay Patel<sup>1</sup>, Mr. Amit Vyas<sup>1</sup>

<sup>1</sup>Amul Dairy, Anand, India,

The objective of this study is to understand the effectiveness of homoeopathic medicine in Pre-partum cervico-vaginal prolapse cases in animals of Amul milk shed. In this study, a total of 904 animals from forty-four different villages during the period of June, 2021 to May, 2022. Cervico vaginal prolapse occurs during terminal stages of pregnancy. Prolapse of vagina alone or concomitantly with cervix is one of the accidents of gestation in dairy animals. The etiological factors may be the condition like higher estrogen secretion from placenta, heredity predisposition, mineral deficiency, increased intra-abdominal pressure, extreme relaxation, weakening and atony of the vaginal musculature, sacro sciatic ligaments, and vulvar sphincter muscles and ingestion of Phyto-estrogens etc. In managing cervico-vaginal prolapse by allopathic treatment with vulvar suturing as routine practice, but reoccurrence is more common, and which is life threatening to animal. In such intolerable ailment, the result shows an encouraging response that out of 904 animals, 763 (86.27%) cases were cured completely within 7 to 15 days of homeopathic treatment and 141 (15.56 %) cases were not responded treatment satisfactorily due to severity of disease, gangrenous cervico vagina, improper dosage, and ignorance. The Homeopathic oral drop formulation was used for treatment, which contains homeopathic dilutions are Podophyllum peltatum 200 C, Lilium tigrinum 200 C, Aloes socotrina 30 C, Atropa Belladonna 1 M and Murex purpurea 30 C with 5 ml equal proportion in 30 ml bottle with 25 drops dosage orally on chapati or biscuit at four times a day for 7 to 15 days.

Keywords: cervico-vaginal, phyto-estrogen, sacro sciatic

# TREATMENT OF GYNECOLOGICAL DISORDERS: CONSTITUTIONAL APPROACH TOWARDS TREATMENT OF LEIOMYOMAS, FIBROADENOMAS AND PCOS

**Prof. Sapna Gupta**<sup>1</sup>, Prof. Gupta Rajesh<sup>1</sup>

<sup>1</sup>Goyaner Homoeopathic Hospital and Research Centre, Gwalior, India

Introduction: Gynecological disorders are increasing day by day. Every woman today has atleast suffered once in a lifetime from a gynecological disorder in the form of Menstrual irregularities, Infertility, PCOS, Fibroadenomas, Ovarian cysts, Leiomyomas etc. Objectives: The clinical study was done to study the efficacy of homoeopathy in the treatment of various types of gynecological disorders.

To identify the role of Constitutional Approach towards the treatment of such disorders. METHODS: Multiple cases of women suffering from PCOS, fibroadenoma of breast and leiomyomas were taken for the study. The cases were classified according to age and size of cysts and tumours. A detailed case history was taken and an ultrasonography was done in every case. Each case was evaluated in detail on a monthly basis and a repeat ultrasonography after treatment was done to procure evidence based results.

## Case 1:

A Case of PCOD: A female aged 20 years reported with the problem of secondary amenorrhea. Her first period was also delayed. She had her first period only on taking allopathic medicines. As soon as she stops taking medicine; she suffers from amenorrhea. She had tried conventional and homoeopathic treatment but without long lasting results. After detailed case analysis and totality of symptoms she was prescribed Graphites 200. Regular follow ups were done on a monthly basis. Within five months of homoeopathic treatment she started menstruating regularly and her problem of PCOD was also solved. Results: In cases of PCOS 90% successful results were reported.

In in 50% cases of fibroadenoma of breast; the lumps dissolved completely whereas in 20% cases the lumps reduced in size. 70 % success was reported in cases of Uterine fibroids; out of which in 50% cases the leiomyomas dissolved completely and in 10% cases there was significant reduction in the size and in another 10% cases the patients were fully relieved of their symptomatic problems.

Conclusion: Constitutional approach of homoeopathy proved to be highly effective in the treatment of gynecological disorders.

Keywords: Leiomyoma, fibroadenoma, PCOS, Constitutonal.

## SUCCESSFULL TREATMENT OF ADVANCED CASES OF THROM-BOANGITIS OBLITERANS USING HOMOEOPATHIC INTERVENTION

Prof. Rajesh Gupta<sup>1</sup>, Dr Sapna Gupta<sup>1</sup>

<sup>1</sup>Sophia Homoeopathic Medical College and Hospital, Gwalior, India

Introduction: Thromboangiitis obliterans also known as Buerger's disease is a recurring progressive inflammation and thrombosis of small and medium arteries and veins of the hands and feet.

Objetives: The clinical study was done to establish the efficacy of homoeopathy in the treatment of Buerger's disease.

Methods: A thorough and exhaustive study of each and every case was conducted. The cases were classified according to age, amputation, extremities involved and sex of patient. Symptoms were recorded in detail and special care was taken for any distinguishing symptoms of the case complete with past history, family history, modalities, likings, physical generals and laboratory investigations and angiogram studies done in the case. After careful analysis and thorough repertorisation , a Similimum was chosen for a particular case and homoeopathic remedy was administered according to an individual case. The case was followed up after a month and again a complete study of the case was done and action was taken accordingly.

Case: A 30 year old male presented with the problem of gangrene with severe pain, burning and swelling in right foot. The pain was so severe that he was unable to sleep at night. Discharge from toes was pustular and bloody.

After complete repertorisation: Secale Cornutum 30 was prescribed to the patient. He reported after a month; He was feeling slightly better. The pain had reduced slightly and the swelling was gone, Discharge was also reduced.

After a month, His pains had increased and he could no longer sleep at night owing to pain. Now Secale Cornutum 200 was given weekly for a month. His overall condition had improved remarkably. After six months of treatment the patient was completely cured.

Results: In 63 out of 70 cases; the patients were fully cured. In 4 cases there was significant improvement while in 3 cases there was no improvement.

Conclusion: In advanced cases of TAO homoeopathic medicines have proved highly successful in providing miraculous cure to the immensely suffering patients. Homoeopathy was also equally effective in cases where amputation had already taken place.

Keywords: Thromboangiitis obliterans, Amputation

# HOMOEOPATHIC TREATMENT IN A CASE OF CRACKED FINGERTIPS Dr. Anvesha Datta Datta 1

<sup>1</sup>Metropolitan Homoeopathic Medical College & Hospital, Kolkata, India

Introduction: Daily routines or exposures, such as cleaning with harsh detergents or soaps, frequent hand washing may cause painful cracked fingertips, & it may be a sign of a more critical condition, such as eczema, psoriasis, cancer, or other diseases but most of the time it is harmless only. Whether it is harmless or not, it's important to look for treatment & nothing can beat our homoeopathic treatment.

One such case of a painful cracked fingertips came to my OPD last winter and after the thorough case taking, consulting repertory and Materia Medica I prescribed Graphites in LM potency, after few follow ups & successive potencies the case got ameliorated with sensation of happiness.

Objectives: Efficacy of the homoeopathic remedy in the treatment of cracked fingertips. Methods: A 51-year-old male presented with painful cracked fingertips, facing difficulty in performing his daily activities, after thorough case taking, consulting repertory and Materia Medica Graphites was prescribed in LM potency.

Result: After homoeopathic treatment, the patient got symptomatic relief.

Conclusion: The result suggests that homoeopathic remedy have positive effect in the treatment of cracked fingertips.

# AN OBSERVATIONAL STUDY OF PATIENTS REPORTING THE ADVERSE DRUG EVENTS POST HOMOEOPATHIC MEDICATIONS

## Dr. Aditi Chadha<sup>1</sup>

<sup>1</sup>Dr. D.P Rastogi Central Research Institute for Homoeopathy, Noida, India

Introduction: Homeopathy is generally regarded as a treatment without adverse drug events/ reactions. This is why there is hardly any reported/ recorded data about the adverse effects of homeopathic medicines by the fraternity. Adverse drug event (ADE) result from adverse drug reactions, medication errors, dose reductions or discontinuation of a drug therapy. A pharmacovigilance study was carried out in patients who were prescribed homoeopathic medicines for various disorders in a hospital setting.

 $Objective: To\ observe\ and\ record\ data\ on\ adverse\ events\ following\ homoeopathic\ medications.$ 

Methodology: A pre-designed proforma was used to assess the ADE in a hospital setting, for a period of 48 months. The collected data were compiled and analysed using descriptive statistics and correlation. Statistical significance was tested at P-value < 0.05.

Results: Out of a 3671 prescriptions, 64 ADE were identified/ reported. There was no correlation between the number of reported adverse reactions and the route of administration. Intensity of the unexpected adverse events were highest in the mild (64.06%) than moderate (32.8%) and severe (3.12%) categories. No fatal events were reported. There was a probable causal relationship between the administered drugs and the ADE. Most ADE were associated with over-drugging (45.3%) and polypharmacy (50%). Age and gender had no effect on the intensity of the reactions. Duration of response was found to be dependent on the frequency of dosing.

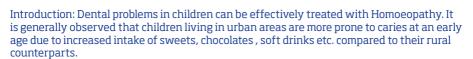
Conclusion: The risks associated with homeopathic medications are generally ignored by the practitioners or researchers in the field. Our observations underscore the necessity of monitoring the safety profile of our medications, with particular attention to multi drugging, over-drugging and self medication.

Keywords: pharmacovigilance, adverse drug events, safety, medication error, homoeopathy.





<sup>1</sup>Skhmc, ASSOLNA, India



Objectives: To ascertain the role of homoeopathy in dental health.

Materials and Methods: Rural subjects both male and female between the ages of 7 to 15 years were included in the study sample of 54 children. The subjects were examined for other basic health parameters including oral hygiene. Those between the ages of 16 - 18 vears were excluded for the study.

Results: The results seen in these subjects suggests that homoeopathy definitely has a role and can be used as an integral part of dental treatment. Recommendation of Calcarea carbonica, calcarea phosphoric The role of biochemics was also ascertained and Calcarea phos 6x played a significant role as a supportive therapy .Plantago mother tincture as a relieving medicine.

Conclusion: Homoeopathic medicine is an ideal system of medicine and along with proper oral hygiene and dental care it can work wonders in the treatment of commonly associated dental problems as well as in the overall well being and development of the rural children.

Key words: Dental caries, Dental abscess.



# EFFICACY OF HOMOEOPATHY IN CONGENITAL ANOMALIES IN FOETUS Dr. Manish Tiwari

<sup>1</sup>Fr Muller Homoeopathic Medical College, Mangalore, India

Introduction: A clinical study has been done to verify the efficacy of Homoeopathic medicines in antenatal care. THE CASES WHICH HAD CONGENITAL DEFORMITIES IN THE EARLY MONTHS OF FETAL LIFE AND WHICH WERE ADVISED FOR TERMINATION OF PREGNANCY DUE TO LACK OF MEDICAL TREATMENT HAVE SHOWN CURE WITH ANTI MIASMATIC ALONG WITH THE CONSTITUTIONAL AND INDICATED MEDICINES. Cases like VSD, No heart beat at 7th week of gestation, Echogenic intracardiac foci, Arrested growth of fetus were successfully treated and verified by the Ultrasound reports done before and after the treatment. Objectives:

- 1. To demonstrate the efficacy of Homoeopathic medicines in antenatal care
- 2. To show the curative effect in congenital problems during early fetal life
- 3. To verify the role of anti miasmatic and constitutional medicine to modify the structure and function even in intra uterine life.

Methods: A number of cases have been successfully treated by prescribing Homoeopathic medicines based on the following steps.

- 1. Case taking as per the instructions in Organon of Medicine aphorisms 83-104
- 2. Investigations -mainly obstetrical USG
- 3. Diagnosis
- 4. Analysis of the case; the case has to analyzed properly to understand the common and uncommon symptoms so that the physician should be able to arrive at the miasm in the background and should also understand the constitution of the mother. Analysis should also help to find out the characteristics in the case.
- Miasmatic
- Constitutions
- Totality for prescription
- 5. Prescription; based on the above analysis anti miasmatic, constitutional and sector medicines are selected and prescribed as the requirement and during follow ups.
- 6. Follow up with symptoms and repeat USG.

Result: Most of the cases have shown changes in USG report and the patient continued healthy pregnancy and delivered healthy baby. The cases will be presented with full documentation during scientific session.

Conclusion: If constitutional medicines and anti-miasmatic medicines or indicated medicines are prescribed based on totality, the fetal abnormalities are cured by Homoeopathic medicines. It is verified and confirmed in clinical practice.

Keywords: Constitutional medicines, antimiasmatic medicines, totality, congenital anomalies, fetus. USG, VSD, Echogenic intracardiac foci





<sup>1</sup>Dr Tiwari Homoeo Clinic, Mangalore, India

Introduction: Homoeopathic prescribing is based on the selection of proper medicine which means a similar medicine covering the totality of the sick person, different ways of studying a patient and finding out totality are suggested by the stalwarts. The name of Boenninghausen, J T Kent and C M Boger who have suggested the methods of taking cases, have also authored various repertories and Homoeopathic Materia Medica, come prominently when the subject of methods of prescription is discussed by Homoeopathic practitioners. Integration of the methods suggested by these stalwarts would be immensely useful in our day today clinical homoeopathic prescribing. Keeping this idea in mind it was decided to study each case by integrated method and arrive at a totality for prescribing which has proved to be very successful in clinical practice.

#### Objectives:

- 1. To study the Boenninghausen's, Kent's and Boger's methodologies.
- 2. To integrate these methodologies and form a totality to select an indicated medicine.
- 3. To study the efficacy of integrated method in curing the sick.

Methods: A complete knowledge of the methods of these stalwarts should be acquired. The Boenninghausen has given importance to Complete symptom-Location, Sensations, Modalities and concomitant whereas Kent has given importance to Mental generals, Physical Generals and Characteristics Particulars and C M Boger gives importance to Pathological Generals and Concomitants. An attempt has been made to study the patient from all these points and collect all the symptoms available in the case from all these angles.

Then Form a totality by giving the importance to complete symptom, pathological generals, concomitants as well as mental and Physical generals. A totality formed by considering all these points will cover each and every point to understand clinical condition, miasm, characteristics as well as the constitution of the sick.

A case of Rheumatoid Arthritis will be presented during scientific session to demonstrate how the application of the integrated method is highly effective as well as easy to practice. Result: Integrated method in clinical practice gives very effective result especially in chronic case as well as in so called incurable cases.

Conclusion: Integrating Boenninghausen, Kent and Boger would result into classical Homoeopathic practice and it would be a curative method.

Keywords; Boenninghausen, Kent, Boger, Integrated Method, Totality, Rheumatoid Arthritis.



# COVID-19 AND INDIVIDUALISED HOMEOPATHIC TREATMENT DURING THREE WAVES: A COMPARISON OF THREE COHORTS

## Dr. Gyandas Gurmukhdas Wadhwani1, Dr Aditi Chadha<sup>1</sup>

<sup>1</sup>Holistic Homoeopathic Clinic & Research Center, New Delhi, India

Introduction: In the absence of a definitive treatment modality for COVID-19 pandemic, many patients resorted to homeopathic treatment.

Objectives: To compare the clinical recovery and time to turn RT-PCR negative after individualised homeopathic treatment, between three cohorts of COVID-19 pandemic from 2020 to 2022.

Methods: Data from three cohorts of patients who undertook homeopathic treatment during the three waves at a homeopathic clinic in New Delhi was analysed. A Kapleinmeir (KM) test was undertaken to compare the time to turn RT-PCR negative. Cases were classified into mild, moderate and severe category at baseline and at 4th day of treatment based on the WHO clinical progression scale score. Chi square test was used to compare the association of homoeopathic treatment and change of the severity of the patient at 4th day of treatment.

Results: Data of 592, 910 and 702 patients of either sex/ any age-group, who were diagnosed with mild, moderate or severe COVID-19 were analysed for the wave 1 (2020), wave 2(2021) and wave 3(2022) respectively. KM plot revealed median time ± SE to turn RT-PCR negative was significantly earlier in wave 3 than in wave 1 and 2. (wave 1: 8 ± 0.10, 95% CI: 7.8 to 8.2; wave  $2:8\pm0.09$ , 95% CI: 7.8 to 8.2; wave  $3:6\pm0.11$ , 95% CI: 5.7to 6.2; P= 0.0001). Severity classification based on WHO clinical progression score at baseline showed that the proportion of mild/moderate/severe patients in wave 1 cohort was 15.38%/23.07%/61.53%; in wave 2 cohort was 14.76%/29.34%/55.93% and in wave 3 cohort was 20.27%/40.70%/39.02%. At day 4, severity classification based on WHO clinical progression score showed that the proportion of mild/moderate/severe patients in wave 1 cohort was 62.39%/37.4%/0.14%; in wave 2 cohort was 62.74%/37.14%/0.10% and in wave 3 cohort was 62.5%/37.33%/0.16%. Chi-square test indicated that there was a significant decrease in proportion of patients in severe and increase in mild category in all the three waves after 4 days of treatment (Wave 1: 2= 652.46, P < 0.00001; Wave 2: 2= 785.21, P < 0.00001; wave 3: 2= 356.43, P < 0.00001). Clinical patterns between the waves were also compared.

Conclusion: Results suggest that individualized homeopathic treatment was beneficial in all the three waves of the Covid-19 pandemic irrespective of the mutated strains of virus. Keywords COVID-19, coronavirus infection, homeopathy, pandemic, RT-PCR





# A MULTI-CENTRIC SINGLE-BLIND RANDOMIZED PLACEBO -CONTROLLED TRIAL TO EVALUATE THE EFFICACY OF THE INDIVIDUALIZED HOMEOPATHIC INTERVENTION IN BREAST FIBROADENOMA

Dr. Chetna Deep Lamba<sup>1</sup>, Dr. Praveen Oberai<sup>1</sup>, Dr. Bharti Wadhwa<sup>1</sup>, Dr. Suraia Parveen<sup>1</sup>, Dr. Arti Soren<sup>1</sup>, Dr. Rajachandrasekar Bhuvaneswari<sup>1</sup>, Dr. Prasanta Kumar Pradhan<sup>1</sup>, Dr. Vaishali Shinde<sup>1</sup>, Dr. Jaya Gupta<sup>1</sup>

¹Central Council for Research in Homoeopathy, New Delhi, India

The primary objective of this study was to evaluate the efficacy of homeopathic medicines in the reduction or resolution of breast fibroadenoma (FA) through ultrasound (US) assessment in intervention and control groups. The secondary objective was to compare the efficacy of the homeopathic intervention in single and multiple fibroadenomas. A single-blind, randomized, placebo-controlled pilot study was conducted from January 2014 to June 2018 at 4 research centers with 6 months of follow-up. Females in the age group 18 to 35 years, with a confirmed diagnosis of breast fibroadenoma measuring between 1 cm and 5 cm, measured by the US, with only one fibroadenoma per quadrant were randomized to either homeopathic intervention (HI) or identical placebo (P) (n = 85) in each group. All the patients were enrolled in the study with due consent from them. The Ethical Committee, Central Council for Research in Homoeopathy (CCRH), New Delhi, India, approved the study. The trial was registered with the Clinical Trial Registry-India (CTRI) vide no. CTRI/2013/11/004144 [Registered on: 14/11/2013]. Out of the 85 cases enrolled in each group, the ITT analysis was done for n = 73 participants with a mean area of FA (3.11  $\pm$  3.00) in HI and n = 77 participants with a mean area of FA (3.65  $\pm$  3.29) in the P group at baseline. US assessment of 12 cases in the intervention group and 8 cases in the placebo group exceeded the study duration. Therefore, was analyzed as a sub-group and was not considered under ITT analysis. FA was the unit of analysis. At 6 months, complete resolution occurred in 2 participants in the intervention group and none in the placebo group. Although there is a significant difference between the intervention and the placebo groups at 3rd and 6th months, the within-group difference is insignificant. No significant difference is observed between and within the single and multiple FAs groups. Out of the 85 cases in the medicine group, 78 received a single remedy throughout the study in centesimal potencies. The frequently prescribed medicines were Pulsatilla, Silicea, Phosphorus, Sepia, and Calcarea Carbonica. IIndividualized homeopathy has significantly reduced FAs compared to the placebo group. However, the difference within the groups is not statistically significant. Future studies should be conducted based on adequate samples with long-term follow-up for resolution and recurrence if any.

Keywords: Homeopathy: fibroadenoma breast: individualization.

## RISK OF POS-COVID-19 FUNCTIONAL DISABILITIES AND ITS HOMOEOPATHIC TREATMENT

**Dr. Renu Mittal**<sup>1</sup>, Dr. Divya Taneja<sup>1</sup>, Dr. Shweta Singh<sup>1</sup>, Dr. Subhash Kaushik<sup>1</sup> <sup>1</sup>Central Council for Research in Homoeopathy, Delhi, India

Introduction: Long-term consequences after SARS-CoV-2 infection are becoming an important burden to societies and healthcare systems. It is important to actively identify these conditions persisting since acute Covid or coming immediately after an acute Covid - 19 infections to define the clinical spectrum and its long-term outcome.

Objectives & Methods: Central Council for Research in Homoeopathy (CCRH) undertook a cross sectional door to door survey to estimate the risk of Post Covid-19 conditions in the population. The survey was a precursor for undertaking specific interventions on Post Covid-19 complaints and to identify its usefulness. The survey assessed the prevalence of Post Covid-19 complaints reported by the people and its impact on their functioning and activities of daily living. Quality of life of these people was assessed using Post-Covid-19 Functional Status (PCFS) Scale.

Results: The survey covered 57610 persons in a population of 550000. Out of these1799 persons suffered from Covid-19 infection and were tested positive. 32803 people had a negative test report. Rest either did not suffer from any infection or had no reports available with them. Data of these 34602 persons was analyzed.

The complaints of loss of taste (RR:8.82, CI:4.77-16.31, p=0.00), loss of smell (RR:7.29, CI:3.74-14.22, p=0.00), fatigue (RR:2.97, CI:2.56-3.44, p=0.00), muscle pains (RR:1.86, CI:1.59-2.18, p=0.00), rashes (RR:1.44, CI:0.80-2.59, p=0.22), chest congestion (RR:1.29, CI:0.88-1.88, p=0.19), shortness of breath (RR:1.23, CI:0.92-1.65, p=0.16) persisted as post Covid - 19 complaints in those infected as compared to Covid-19 negative population. Homoeopathic treatment was provided to these people and the treatment response was recorded using Visual Analogue scale for cough, fatigue and shortness of breath.

Conclusion: This to our knowledge is the largest survey comparing confirmed cases of Covid-19 infection with confirmed Covid-19 negative persons. The survey findings and treatment response along with the results of the medicines found to be most effective will be presented.

Key words: Post Covid, Post Covid functional Status, Arsenic album, Fatigue, Cough

# GOOD CLINICAL PRACTICES GUIDELINES FOR CLINICAL TRIALS IN HOMOEOPATHY

**Dr. Renu Mittal**<sup>1</sup>, Dr. Divya Taneja<sup>1</sup>, Dr. Subhash Kaushik<sup>1</sup>, Dr. Anil Khurana<sup>2</sup> <sup>1</sup>Central Council for Research in Homoeopathy, Delhi, India,

<sup>2</sup>National Commission for Homoeopathy, Delhi, India

Background: Good Clinical Practice (GCP) is a set of guidelines encompassing design, conduct, performance, monitoring, auditing, recording, analyses, and reporting of clinical trials that assures that the data and reported results are credible, accurate and that the rights, integrity, and confidentiality of trial participants are protected.

The ICH harmonised guideline integrated addendum to ICH E6(R1): Guideline for Good Clinical Practice ICH E6(R2) was released in November 2016.

The Central Council for Research in Homoeopathy (CCRH) is the apex body for research in Homoeopathy, funded by the Ministry of Ayush, Government of India. Collating more than 40 years of research experience with the experiences of researchers from India and abroad, CCRH published the Good Clinical Practice Guidelines for Clinical Trials in Homoeopathy (GCP-Homoeopathy) in 2021.

GCP-Homoeopathy is a complimentary standard that can be applied for homoeopathic research, both for studies validating traditional knowledge and for the inclusion of new drugs in Homoeopathy.

Objectives: Provide a policy document ensuring the rights, safety and well-being of all the trial participants; Identify and describe forms of clinical research studies in Homoeopathy in terms of design and conduct that will enhance the evidence base of homoeopathy and acceptance of such trials at international platforms; and ensure high-quality studies generating data that are accurate and credible for effective translation to clinical practice, education and future research.

Results: The guideline examines the existing provisions in the GCP, ethical and research guidelines of the Government of India and of international organisations. GCP- Homoeopathy developed has 10 sections and details principles, pre-requisites for the clinical trials, protection of clinical trial participants, responsibilities of sponsor, investigator, monitor, auditor, record keeping and data handling, responsible conduct of research and quality assurance.

The purpose of GCP-Homoeopathy is to delineate a comprehensive set of minimum standards for undertaking clinical, public health, social and behavioural research with homoeopathic medicines.

Conclusion: GCP-Homoeopathy will be presented along with key differences from the existing ICH-GCP and ICMR guidelines.

## HOMOEOPATHY EDUCATIONAL REFORMS IN INDIA

## Dr. Janardanan Nair

<sup>1</sup>National Commission for Homoeopathy, New Delhi, India

Introduction: Presently Homoeopathy is effectively being practiced in more than 80 countries and the peculiar nature of understanding the illness from different perspective have been realised to a large number of physicians and young aspirants in medicine. Thereby Homoeopathic Medical Colleges are being established in different Countries, keeping in view of the Holistic nature of the medicine and promotion of healing power by applying the minute doses of medicine in infrequent repetitions.

## Objectives:

- To highlight the present scenario of Homoeopathic Medicine in India and to promote the study of Homoeopathy effectively all over the World.
- To implement effective and standard treatment care mechanism.
- Homoeopathy education may be standardised by implementing educational mechanisms at par with prevailing Medical Education Institutes.

Methods: Before the development of pathological changes, a period on which the living being was fully influenced due to miasms. Before the illness is developed, the disease will be presented with mild physiological and psychological changes, changes in temperament and bowel habits etc., which were interpreted as disease. True study of the illness needs to be promoted on scientific lines. The system presently requires scientific evidences obtained through clinical Practices and fundamental research.

Results: In India presently 270 Homoeopathic Medical Colleges are functioning with a curriculum at par with all other systems of medicines and under the regulatory control of the Union Govt. Therefore, It is anticipated that uniform academic pattern for Homoeopathy need to be developed in all countries, for which the entire mechanism established in India can be followed.

Conclusion: The profile of Homoeopathy in India will be highlighted in the paper, while other clinical evidences are also under publication. LMHI shall take initiative for development of the system all over the world, to save the world from drastic aftereffects of other systems of medicines.

Key words: Quality, Homoeopathy, India, Holistic system

## NANOPARTICLES IN HOMOEOPATHIC DRUGS AND THEIR PHYS **CHEMICAL CHARACTERIZATION - A REVIEW**

## Dr. Ritika Narula<sup>1</sup>

<sup>1</sup>Central Council for Research in Homoeopathy, New Delhi, India

Introduction: Nanoparticles are of special interest in the field of homoeopathy as their presence exhibits the starting ingredient of the source of preparation of homoeopathic medicine. These particles which originate either from the source material or the remedy containers could act as biological signals that stimulate the organism's stress response network, resulting in adaptive changes. The mere existence of nanoparticles may provide a scientific explanation for the observed effects of homoeopathic remedies, even when diluted to a significant degree.

Objectives: To conduct a comprehensive review of the studies on detection of nanoparticles in homoeopathic drugs and their physicochemical characterization identifying key areas for future research.

Methods: A literature search was conducted using the terms "Homeopathy", "Nanoparticles" and "Physicochemical" in PubMed, Google Scholar, BASE and Science gov to gather articles studying nanoparticles in homeopathic drugs. The articles were published between 1995 and 2023. Importance was given to selection of original research studies which either detected Nanoparticles in a particular homoeopathic drug or attempted to physico-chemically characterize a homoeopathic remedy using various analytical parameters as observed by the authors in their common findings.

Results: This review by examining 60 studies investigates the detection of nanoparticles in homoeopathic drugs of varied origin at different potencies, their physicochemical characterization, the effect of potentization and other factors influencing the nature of nanoparticles thereby affecting the therapeutic properties of homeopathic dilutions. The review highlights the potential of homeopathy as a personalized nanomedicine, emphasizing the need for further interdisciplinary and multi-modal research to better understand homeopathy's underlying mechanisms and therapeutic advantages.

Conclusion: Knowledge gaps that warrant further investigation include molecular-level mechanisms, hormesis, reproducibility of experimental results, physicochemical properties of homeopathic preparations, relationships between nanoparticle size and potency, and quantum structures and far-from-equilibrium systems. Addressing these gaps and fostering interdisciplinary research can contribute to a deeper understanding of homeopathy, its therapeutic potential, and its role in personalized nanomedicine.

Keywords: Nanoparticles; Potentization; Homoeopathy; Review; Hormesis

# EVALUATION OF THERAPEUTIC POTENTIAL OF SELECTED PLANT-DERIVED HOMEOPATHIC MEDICINES FOR THEIR ACTION AGAINST CERVICAL CANCER

## Dr. Ritika Narula<sup>1</sup>

<sup>1</sup>CCRH, New Delhi, India

Introduction: Plant derived homeopathic medicines (HMs) are cheap and commercially available but are mechanistically less explored entities than conventional medicines.

Objective: The aim of our study was to evaluate the impact of selected plant-derived HMs derived from Berberis aquifolium (BA), Berberis vulgaris (BV), Mentha piperita (MP), Curcuma longa (CL), Cinchona officinalis (CO), Thuja occidentalis (TO) and Hydrastis canadensis (HC) on cervical cancer (CaCx) cells in vitro.

Methods: We screened the mother tincture (MT) and 30C potencies of the above mentioned HMs for anti-proliferative and cytotoxic activity on human papillomavirus (HPV)-negative (C33a) and HPV-positive CaCx cells (SiHa and HeLa) by MTT assay. Total phenolic content (TPC) and the free-radical scavenging activity of each HM was also determined using standard assays. Phytochemicals reportedly available in these HMs were examined for their potential inhibitory action on HPV16 E6 by in silico molecular docking.

Results: All tested MTs induced a differential dose-dependent cytotoxic response that varied with cell line. For C33a cells, the order of response was T0 > CL > BA > BV > HC > MP > CO, whereas for SiHa and HeLa cells the order was HC > MP > T0 > C0 > BA > BV > CL and CL > BA > CO, respectively. 30C potencies of all HMs showed an inconsistent response. Further, anti-CaCx responses displayed by MTs did not follow the order of an HM's phenolic content or free radical scavenging activity. Analysis revealed anti-oxidant content of BA, BV and HC had the lowest contribution to their anti-CaCx activity. Using in silico modeling of molecular docking between the HPV16 E6 protein crystallographic structures (6sJA and 4XR8) and main phytochemical components of BV, BA, HC, CL and TO, their potential to inhibit the HPV16 E6 protein carcinogenic interactions was identified.

Keywords: cervical cancer, human papillomavirus, free-radical, scavenging activity, molecular docking.

## SUBDURAL HYGROMA - A CASE REPORT EXEMPLIFYING RESOLU-TION BY HOMOEOPATHIC MEDICINES

## Dr. Partha Pratim Pal

<sup>1</sup>Ccrh, Kolkata, India

Introduction: Subdural hygroma (SDH) is a collection of cerebrospinal fluid (CSF) in the subdural space which may occur from trauma (in the elderly) or infection (in children). It results from a tear in the arachnoid membrane with CSF collecting in the subdural space. Objective: To show the effectiveness of conservative non-invasive homeopathic treatment in a well-documented evidence-based case of SDH.

Method: Female patient (age 43 years) came to OPD (outpatient department) with complaints of congestive headache around forehead and eyes, occurring for last one month. Actually, the patient was a follow up case of chronic external haemorrhoids and was improving under the prescription of Acid Nitricum. But this acute symptom of headache was gradually progressing and was becoming a chronic sick headache. Patient was advised CT-scan of brain which showed left sided Subdural Hygroma. Initially, Ruta was prescribed on next two consecutive follow-ups but the headache was status quo. Hence, a keynote selection on the basic three guiding symptoms was done and Tuberculinum 1M, 2 doses were prescribed.

Result: Within one month the pain was almost gone and this was associated with profuse watery non-offensive discharges from ear and nose. Again after 6 months, headache re-appeared and Tuberculinum 1M, 2 doses were repeated. During treatment, two times MRI of brain were done which revealed subdural effusions (7mm), dural thickening and mild ischaemic white matter changes. Finally, after a duration of 18 months the third MRI revealed no obvious abnormality.

Conclusion: Management is still a matter of controversy (conservative vs surgical) and hence documented cases of SDH annihilated by homoeopathic medicines will be a decent addition in medical literature.

Key words: Subdural hygroma, Tuberculinum, Homoeopathy

# ROLE OF HOMOEOPATHIC INTERVENTION IN POST-COVID FUNCTIONAL GASTROINTESTINAL DISORDERS: A CLINICAL CASE SERIES

**Dr. Hima Bindu Ponnam**<sup>1</sup>, Dr. Sai Siva Subrahmanyam Chirravuri<sup>1</sup>, Dr. Shanmukha Priya Konduru<sup>1</sup>, Dr. Swathi Jammalamadaka<sup>1</sup>
<sup>1</sup>Central Council for Research in Homoeopathy, Hyderabad, India

Background & Objectives: A wide spectrum of Post-COVID functional gastrointestinal disorders (PC-FGID) cases became prevalent over the last 2 years of the pandemic. The data of 2023 from various studies show an increased incidence of about 3%-79% of PC-FGIDs. Aim: The aim of the study was to analyze the data of patients suffering from gastrointestinal disturbances post-COVID and to assess the role of homeopathic intervention (HI) in their management.

Methods: This is a retrospective analysis of cases suffering from PC-FGIDs of those who fulfilled the criteria by using the Gastrointestinal symptoms rating scale (GSRS) for diagnosis and the intensity of symptoms. The cases treated exclusively with homoeopathic medicines and evaluated with Post COVID-19 function status scale (PCFS) & GSRS at baseline and monthly up to three months prescribed on the basis of individualization were taken for analysis.

Results: Thirty-five cases were screened and twelve cases were included according to the inclusion and exclusion criteria. The mean age was found to be 36 years with slight female predominance. The GSRS and PCFS scores showed a significant improvement in ten cases within three months duration of treatment affirming the beneficial role of the HI. Conclusion: The homeopathic intervention was found to be beneficial in 83% (n=10) of the patients with PC-FGID. Further, well-designed clinical trials are required for warranted results.

## FOLLICULINUM 6C AS ADJUNCTIVE TO INDIVIDUALIZED HOMOEO-PATHIC MEDICINE IN THE MANAGEMENT OF ANOVULATORY POLY-CYSTIC OVARIAN SYNDROME INFERTILE WOMEN - A CASE REPORT

## Dr. Bhuvaneswari Rajachandrasekar<sup>1</sup>

<sup>1</sup>National Homoeopathy Research Institute in Mental Health under CCRH, kottayam, India

Introduction: Ovulation is the physical activity of follicle rupture with oocyte extrusion. When the follicle fails to rupture, it is called anovulation. As per the WHO, 3.9-16.8% is the overall prevalence of primary infertility in India. Normogonadotropic Normoestrogenic anovulation is the most common type, comprising 60-80% of ovulatory disorders. The homeopathic sarcode medicine Folliculinum is used to regulate the estrous cycle and female reproductive function.

Objective: The objective of the present case report was to describe the induction of ovulation in three women with anovulatory infertility who conceived in two cases, which were treated using Folliculinum 6cH as an adjunctive to individualized homeopathic medicine at NHRIMH.

Methods: A detailed case study was performed on all infertile anovulatory females. Anovulation PCOS was assessed clinically and according to Rotterdam criteria. All cases were studied symptomatically as per homoeopathic principles and indicated remedy of similimum is prescribed. Folliculinum 6cH was prescribed for continuous 10 days as an adjunctive from the 6th day of menstruation, along with individualised homoeopathic medicine (being sarcode prescribed in ovulatory complaints). All patients were periodically followed up once a month. The outcome measures were signs of ovulation confirmed by follicular study and conception by a urine pregnancy test. Ultrasonography was performed to confirm pregnancy.

Results: Induction of ovulation was observed between one and two months. In these three cases, folliculogenesis was assessed by the follicular study before and after treatment. Of the three cases, two were pregnancy-positive in the third and fifth months after starting Folliculinum 6cH. The modified Naranjo criteria for homeopathy (MONARCH) score was +8 in each case, suggesting a causal relationship between the use of homeopathic medicine and clinical outcomes.

Conclusion: Folliculinum 6cH may have induced ovulation and promoted pregnancy in two anovulatory females. A study needs to be conducted on a large number of populations for revalidation.

Keywords: Homoeopathy - Anovulatory -Folliculinum-Infertility.

# CONSTITUTIONAL HOMOEOPATHIC TREATMENT FOR CHILDREN (5-12 YEARS) WITH INTELLECTUAL DISABILITIES (INTELLECTUAL DEVELOPMENTAL DISORDER): A PROSPECTIVE OBSERVATIONAL STUDY

## Dr. Divya Taneja<sup>1</sup>

<sup>1</sup>Central Council for Research in Homoeopathy, Delhi, India

Introduction: Intellectual disability (intellectual developmental disorder) and associated psychiatric and physical morbidities in a child affect both intellectual and adaptive functioning, medical treatment of which is a lesser explored area. Within clinical settings, it has been reported that parents frequently seek homoeopathic treatment for their children. No studies on standardized scales however, define role of Homoeopathy in such cases. Objective: To identify role of Homoeopathy in children with ID(IDD) in change in disability levels assessed by using standardized scales.

Materials and Methods: A prospective, observational study was conducted on children, in age group of 5 - 12 years in at OPD of centre for persons with intellectual disabilities. Assessment of children was conducted monthly by Global VAS scale and WHO Disability Assessment Schedule 2 - Children & Youth (DAS C&Y) at monthly intervals and using Behavioral Assessment Scales for Indian Children with Mental Retardation (BASIC - MR) at baseline and after 6 months. Constitutional homoeopathic medicines were prescribed. Data of all patients were recorded and analysis of data was done by using repeated measure ANOVA and paired t test.

Results: Out of 49 children enrolled, 39 children had one or more follow ups. Changes in physician global assessment, comprehension, motor and physical complaints were statistically significant. Change in Mean DAS C&Y became significant from baseline at the 3rd and subsequent follow ups. In 20 children who completed 6 months follow up, change in BASIC MR was statistically significant in all domains.

Conclusion: Constitutional Homoeopathic treatment has a positive role in altering the level and status of disabilities in children with ID. True potential of homoeopathy can be explored fully only when it is found to be useful in conditions identified as difficult and incurable. Further large scale, long duration, pragmatic studies and randomized controlled trials on specific conditions can be undertaken.

Keywords: Autism Spectrum Disorder, BASIC-MR, Hyperactivity, Intellectual Disability, Pragmatic, Rehabilitation.

## **Posters Sessions**



## P001

# CORRELATION BETWEEN ACUTE AND CHRONIC INFLAMMATORY STATES A RETROSPECTIVE EVALUATION OF 544 DIABETES MELLITUS CASES

Dr. Seema Mahesh², Dr. Mahesh Mallapa, Prof. George Vithoulkas¹, **Dr. María** Fernanda Aguilar Dueñas¹, Dr. Ramón Eduardo Unzueta Hoffman²

<sup>1</sup>Instituto Nacional De Perinatología, Guadalajara, Mexico,

<sup>2</sup>International Academy of Classical Homeopathy, Alonissos, Greece

Introduction: 'The Continuum of a Unified Theory of Diseases' states that the pathological events in life are a continuous phenomenon and that suppressing acute inflammation with drugs will lead to sub-acute inflammation eventually triggering the genetically predisposed chronic disease; also, with the right therapy the phenomenon reverses and as the chronic disease improves, the acute inflammations reappear. If verifiable clinically, controlled cohort studies may be conducted in the population.

Objectives: To detect a pattern between the occurrence of acute and chronic inflammatory states in patients with diabetes mellitus (DM).

Methods: 544 DM patients' cases were examined for past diseases, co-morbidities, last high fever& fever after the onset of DM.

Treatment outcome - for cases with > 6 months follow up - assessing onset of acute infections/fevers with treatment, general condition, and mental/emotional disturbances after the return of acutes.

Results: 89% of patients with DM did not have a fever since DM onset. 6% of them had a fever, and there were no data for 5% of the patients. 80% of the patients did not have a fever for over 10 years, 4% had a fever during the last 6 months, 1% for the last period of 6 months to 1 year, 3% 1-3 years, 7% during >5 years, 5% >10 years or the data were incomplete.

Conclusions: Evidence suggests efficient acute inflammation and chronic inflammatory states be mutually exclusive.

Keywords: Levels of Health, Fever, Continuum Theory, Diabetes Mellitus.

# IS ABSENCE OF ACUTE INFLAMMATORY DISEASES A HALLMARK OF CHRONIC CONDITIONS? A CLINICAL INVESTIGATION INTO ASTHMA PATIENTS' CASE HISTORIES

Dr. María Fernanda Aguilar Dueñas¹, Dr. Seema Mahesh, Dr. Mahesh Mallapa, Dr. Ramón Eduardo Unzueta Hoffman, George Vithoulkas, Dr. Dionysios Tsintzas

<sup>1</sup>Instituto Nacional de Perinatología, Guadalajara, Mexico,

<sup>2</sup>International Academy of Classical Homeopathy, Alonissos, Greece

Background: The investigators found a correlation between acute and chronic inflammation in their earlier studies, in keeping with the 'Continuum Theory' propounded by Prof Vithoulkas. Recent acute inflammation was rare in chronic diseases. High fever became rare after the onset of the chronic condition implying a change in the inflammatory reaction profile of the organism from frequent efficient acute to low-grade chronic persistent. Further, antibiotics and anti-inflammatory drugs appeared to have a positive relation to this change. Objective: To investigate if asthmatics had acute inflammatory diseases in the past and if they continued to occur after the onset of asthma.

Methods: 201 asthmatics' case histories were studied for acute diseases/fevers before and after the onset of asthma and co-morbidities at present. This was compared with the co-morbidities and past diseases in 35 patients presenting at the consultation with acute conditions.

Results: 73% of the patients did not have a high fever history. 5% of the patients had a fever from 0-5 months back. 4% of the patients had a fever from 0-6 months back. 2% of the patients had a fever in a period of 1-3 years back. 11% of the patients had a fever in more than 3 years back.

Conclusions: There seems to be a connection between the absence of acute inflammatory diseases and asthma. If aggressive suppression of acutes/fever can be established as a cause for increased asthma cases, a novel approach to handling acute diseases in primary healthcare is warranted.

Keywords: Fever, asthma patients, chronic conditions, continuum theory.

### **ANGUISH WITH BULIMIA**



<sup>1</sup>Lmhi France, Chambray-les-tours, France



June 2021, she complains of sleeplessness, and she claims she has had nightmares about sexual abuse in childhood, that she doesn't remember having suffered.

She couldn't talk with her parents about being abused. She remained silent on this subject. She has trained to be an speech therapist, wanting to help children to speak, but in fact she works with adults who have lost their voice, after cancer.

She lives alone and she feels anguish. She has no self esteem, and has excessive appetite associated with anguish. She feels forgetful, with difficulty in concentrating, tired, lonely and deeply sad.

She is angry with her mother because of her intrusive character.

She takes care of her family without any time for rest. She has no social-life because she is afraid of being aggressive or of feeling aggressed.

November 2022, she complains of anguish associated with bulimia while her mother is hospitalized. She is losing control. She already has had in childhood. At the same time, she feels aggressed by her sister and her colleagues. She is still lonely, very sad and scared by others. "It's like being at the mercy of someone" she says. She is unable to protect herself. Once her mother is better, she relaxes and starts to overeat and when she manages to stop eating, the anguish comes back.

have used Kent method, with the complete repertory, have choosed 2 rubrics. Then I select a mollusk remedy, because of her need of protection and her feelings concerning aggression. After checking the material medica, I prescribe Murex purpurea (200k then 1 000K). Follow-up: February 2023. After taking the remedy, the eating disorder stopped suddenly and she wasn't hungry anymore, as something had been cleaned. She lets the anger out. Now, she wants to do thing for herself, has more energy, sleeps better and doesn't need to eat so much. She realizes that she has to speak out and she manages to talk calmly.

Keywords: anguish, bulimia, aggressed, abused, protection



## A CASE OF RECURRING ACUTE BRONCHITIS CURED WITH HOMEOPATHY

Dr. Varun Chaudhary<sup>1</sup>, Dr. Shyambhavi Chaudhary<sup>2</sup>

<sup>1</sup>Dr. Varun Chaudhary Homoeopathic Clinic, Delhi, India,

<sup>2</sup>Atharv homoeocare, Delhi, India

Introduction: Acute bronchitis is sudden development of inflammation in bronchial tubes - the major airways into your lungs.

The infection usually lasts for a week to 10 days, but the cough can continue for several weeks. Conventional mode of treatment includes antibacterial / antiviral drugs along with bronchodilators and steroid therapy if needed. Sometimes it is a dry cough, but often you will cough up mucus(sputum). The swelling also narrows your airways, which can cause wheezing or shortness of breath.

Homoeopathic treatment covers the complete phenomena of symptomatology and indicated medicines prescribed based on law of similia along with required remedial measures. Case study: A 7-year-old female, presented with recurrent episodes of acute bronchitis associated with hypoxia and high-grade fever. She was being treated with allopathic medicines along with steroid therapy for last 8-10 days. Family members has confirmed that this is the fourth episode of bronchitis with similar symptoms in last 8 months. All the scans and investigations has been done but no significant finding was there. Ignatia Amara was prescribed based on law of similia in successive LM potencies.

Discussion & conclusion: Thus, the application of a most suitable homoeopathic remedy selected based on anamnesis has cured the case and proved that the law of similar works perfectly when a physician is able to perceive the underlying psychosomatic phenomena correctly by its sign and symptoms.

Key words: Acute Bronchitis, Psychosomatic phenomenon, Ignatia Amara, successive LM potencies, Law of Similia, Anamnesis.

## TRATAMIENTO HOMEOPATICO EN LA ENFERMEDAD COVID 19 DE UN PACIENTE OUE TIENE FIBROSIS PULMONAR COMO COMORBILIDAD DE LA CIUDAD DE JOYA DE LOS SACHAS - ORELLANA - ECUADOR

## Dr. Edison Humberto Chavez Castillo

<sup>1</sup>Ministerio De Salud Publica. Hospital Marco Vinicio Iza, Lago Agrio, Ecuador

Las enfermedades pulmonares intersticiales difusas (EPID) constituyen un grupo muy heterogéneo de entidades que afectan predominantemente a las estructuras alvéolo-intersticiales, a las vías respiratorias y a la vasculatura pulmonar, tienen manifestaciones comunes en la clínica, radiología y función respiratoria. Uno de los factores de riesgo para esta enfermedad es la exposición ocupacional pasada o actual a polvos, humos, gases o productos químicos.

La pandemia del Covid 19 es causado por el virus SARS Cov -2 mismo que ha sufrido una serie de mutaciones con el tiempo; lo que ha dificultado encontrar el genio Epidémico a nivel mundial.

El Obietivo de este estudio clínico es demostrar que la Homeopatía es de gran utilidad y efectiva para esta Pandemia pese la comorbilidad de Fibrosis Pulmonar presente. Sabiendo que en la persona se aumenta su riesgo de morbi - mortalidad.

Para el presente Estudio Clínico se realizó una revisión bibliográfica Sobre EPID; tratamiento Homeopático de la enfermedad Covid 19 y Fibrosis Pulmonar. Se trata de un paciente L C B de 35 años, residente en Jova de los Sachas (desde hace 10 años), de profesión pintor automotriz desde los 19 años, tiempo durante el cual no ha utilizado los Equipos de Protección Personal (EPP). Fue atendido previa firma de consentimiento informado via telefónica, desde el 4 de abril hasta el 15 de abril del 2021 que es dado de alta. L C B presentó la Enfermedad Covid 19 comprobada por Clinica, Hisopado positivo, exámenes de laboratorio y radiológicos. Se inició de acuerdo a Repertorización con Arsénico. Al cuarto día de tratamiento presento desaturación, taquipnea con alteraciones de Ferritina y Dímero D; por lo que se cambió a Aconitum por 1 día y posteriormente a Phosphoro, recuperándose satisfactoriamente.

En Casos complicados o Enfermedad Grave como la de LCB, se requiere no solamente de un medicamento Homeopático sino de varios de acuerdo a la sintomatología que se presenta al ser una enfermedad dinámica que afecta a todo el organismo.

Palabras Claves. Fibrosis pulmonar, Enfermedad Covid 19, SARS Cov-2, Dosis mínimas, Homeopatía.

## **IMPACT CHILDHOOD TRAUMA ON ADULT LIFE**

## Mrs. Petra Cihlarova<sup>1</sup>

<sup>1</sup>ČLHS, Prague, Czech Republic

I like to introduce you two of my cases and show you, how deeply childhood trauma affects the future life of our patients.

The first and shorter is the case of young woman, 26 years old, with fears, anxieties, cramps in stomach, loss of weight. Her troubles started when she was 16 and her parents got divorsed. The remedies, wich helped her very quickly and effectively was Anacardium D 1000 and after that Silicea 1M.

The second and more complicated case is a case of a woman, 35 years old, who was sexually abused by her father throughout her childhood. She had suffered a deep injury to her soul, no self-confidence, hated herself, depressions, distorted sexuality. On physical body she had constriction in her jaws and the whole of the pelvic area, painful menstruation, hemeroids.

Recovering tooks two years and we used one by one remedies: Opium 200, Falco peregrinus disciplinarus 1M, Naja 200, Cypraea eglantina 200, Asterias rubens 200, Rosa damescana 1M, Didelphis virginaria 200, Lyssinum 10M.

Both of these cases show us how gently and effectively homeopathy treats deep cracks in fragile children's souls even many years after the trauma. Homeopathy is a powerful tool and is able to heal very deep injuries in the soul, restore equilibrium and balance wellbeing of our patients. By our tiny remedies we can do huge changes in the lives of our patients. Thank you for your attention.



## HISTORY OF HOMOEOPATHY IN WEST BENGAL AND IT'S CHRONOLOGICAL STUDY

## Dr. Anvesha Datta Datta<sup>1</sup>

<sup>1</sup>Metropolitan Homoeopathic Medical College and Hospital, Kolkata, India

Background: In the early 19th century Homoeopathy was introduced in India but Bengal was the state where it prosper at first, and afterward spread all over India.

Discussion: In 1839 an Austrian physician Dr. Honigberger was called to treat Maharaja Ranjit Singh of Punjab, who later started practicing Homoeopathy in the West Bengal and first Indian to became a Homoeopathic physician was the Mahendra Lal Sircar. A lot of allopathic doctors followed in Sircar's footstep by starting Homoeopathic practice. In 1881 the first Homoeopathic Medical College of India 'Calcutta Homoeopathic Medical College' was established in Kolkata by many eminent physicians including Late Dr. Mohini Mohan Basu and Late Dr. P.C. Mujumdar, which had a vital role in promotion of Homoeopathy in India.

Dr. B. K. Sarkar, Dr. Lahiri and many others renowned physicians made personal endeavors in establishing Homoeopathy as a profession and are well known for their contribution to the growth of Homoeopathy not only in West Bengal but also in the whole country. Later on so many Homoeopathic medical colleges has been established in Bengal & Govt. of West Bengal officially recognized Homoeopathy as a perfect and successful mode of treatment.

# YOUCURE - BLENDING CLASSICAL HOMEOPATHY WITH MODERN STATISTIC METHODS IN ACUTE PRESCRIBING

Mrs. Yvonne Yueng Ying Fok<sup>1</sup>, Mr. Aaron Ka Lun To<sup>1</sup>

<sup>1</sup>Hong Kong Association of Homeopathy, Hong Kong

Introduction: There are millions of people who have never used homeopathy. This online tool should bridge the gap and help more people to find and try homeopathy. It's also a case collecting tool to help the community gather scientifically valid data on the efficacy of homeopathy.

Objectives: It is for first timers wishing to get basic homeopathic advice on acute conditions; for homeopaths to connect with new or existing patients; and for homeopaths who want to help global case collection in order to prove the efficacy of homeopathy.

Methods: In contrast to the classic flow chart logic where you make a set list of questions and always have the same answer, YouCure is a program which uses professional repertorization techniques at the back end, based on the "Synthesis Repertory", and checked with materia medica.

It is a blend between classical homeopathy and modern statistic methods which learn and improve through the feedback of its users.

## In practice:

- a. 1st round: Click the salient symptoms for that patient in that pathology, if no remedy,
- b. 2nd round: Add symptoms with different degree of intensities, if no remedy,
- $c.\,3rd\,round; Add\,mental\,and\,general\,confirmatory\,symptoms\,for\,differentiating\,top\,remedies.$

Feedback and evaluation of the prescription is analysed with modern statistics and the programme is improved accordingly.

Results: Based on early experience, the tool works okay in 70-80 % of simple cases in selected self-limiting pathologies.

Discussion: YouCure is not meant to replace homeopath, but to attract more patients towards homeopaths. YouCure aims at the over-the-counter setting where people would like try homeopathy, but are not yet motivated to get a real consultation / constitutional treatment.

It aims to improve the first experience of homeopathy, and then there is an inbuilt section to refer the patients to the nearby homeopaths. Patients can then email the symptoms that were recorded in YouCure directly to the nearby homeopath.

More input from different homeopaths across the world are needed for the statistical analysis and its learning process.

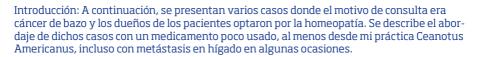
Conclusion: YouCure is an innovative online tool that stands on the shoulders of classical homeopathy, embraces the modern statistical methods, and connects homeopaths and patients.

Keywords: YouCure, online tool, classical homeopathy, modern statistics

## **EL BAZO, ESE ÓRGANO SORPRESIVO**



<sup>1</sup>Lima, Perú



Objetivos: Se trata de recordar la amplitud de opciones que tenemos los homeópatas dentro de la Materia Médica, muchas veces nos quedamos solo en los policrestos, aunque cada día más las nuevas generaciones de homeópatas se arriesgan y son más versátiles, buscan esos pequeños grandes remedios. También puede ser la antesala ante una estadística en estos casos, cosa muy pedida por los alópatas.

Métodos: Si bien se repertoriza y se trata de seguir con la homeopatía clásica, al ser un medicamento poco usado, al no salir en todas las rúbricas, se busca por Materia Médica.

Resultados: Excelentes, con buena calidad de vida del paciente, demostrables ante análisis complementarios y al examen objetivo general del paciente.

Palabras Clave: Cáncer de bazo, Ceanotus Americanus, Materia Médica.



# HOMOEOPATHIC APPROACH IN THE TREATMENT OF ALOPECIA AREATA: AN EVIDENCE BASED STUDY

Prof. Sapna Gupta1, Prof. Rajesh Gupta1

<sup>1</sup>Goyaner Homoeopathic Hospital and Research Centre, Gwalior, India

Introduction: Alopecia areata (AA) is a form of alopecia that impacts hair follicles, nails, and rarely, the retinal pigment epithelium. It typically presents with round patches and is a type of non-scarring hair loss. Etiology and pathogenesis are still unknown.

Objectives: This clinical study aims at finding the effectiveness of individualised homoeopathic medicines in the treatment of Alopecia areata.

To identify the role of anti-miasmatic prescribing in cases of Alopecia areata.

Methods: A detailed case history was taken in all the cases to construct totality. An individualised medicine was prescribed in each case. Regular follow ups were done for 2-3 years. Case: A 27 year old boy from low socio-economic status came to our came to our centre for treatment of Alopecia Areata. He had the problem of progressively increasing patches on head with intense itching since 1 year. He had taken treatment from various doctors with temporary relief. His mother had a history of tuberculosis for which she had taken treatment. He had no family history of Alopecia.

He was prescribed Tubercullinum 200. He reported after a month with some improvement. The case was followed up for two years and the problem was resolved fully.

Results: The patients reported remarkable improvement following treatment with individualised homoeopathic medicines. Anti miasmatic prescribing proved to be an ice breaker in advanced cases of Alopecia Areata

Conclusions: This case shows the positive role of homoeopathic treatment in alopecia areata and confirms the importance of individualized homoeopathic treatment based on holistic basis, rather than particular pathological diagnosis.

Keywords: Alopecia Areata, Anti Miasmatic, Individualised.



# ÁRBOL DEL DESARROLLO CIENTÍFICO DE LA HOMEOPATÍA HAHNEMANNIANA

Dr. J.L. Jiménez<sup>1,2,3,4,5,6</sup>, Dra. C. González Sinde, Dra. N. López, Dra. M. Gimena,

Dr. J. Garín, Dr. G Basauri

<sup>1</sup>Nvp LMHI, Femh, Semh, Plasencia, España,

<sup>2</sup>Semh, Guadalajara, España,

3SHM, Madrid, España,

<sup>4</sup>AMHVN, Bilbao, España,

<sup>5</sup>SEMH, Bilbao, España,

<sup>6</sup>AHM, Madrid, España

Introducción. Desde sus inicios y hasta la actualidad, la homeopatía ha ido demostrando su valor como terapéutica eficaz y segura ante la sociedad y ante el colectivo de profesionales sanitarios. Al mismo tiempo ha tenido que defenderse de los ataques de quienes ni entienden ni aceptan sus fundamentos de base, con el objetivo de proscribirla como verdadera terapéutica médica.

Objetivo. Demostrar cómo desde sus comienzos y hasta la actualidad, el método homeopático hahnemanniano, habiendo nacido bajo los postulados del método científico, ha validado todos sus principios, lo que ha permitido seguir desarrollando toda la obra científica que su autor, junto a la escuela por él impulsada, desarrolló, y que, además, se confirma y respalda con nuestro trabajo diario en consulta con nuestros pacientes.

Ser argumento de seguridad para pacientes y profesionales para enfrentar la crítica de sectores contrarios a la homeopatía.

Método. Revisión crítica de la obra de Hahnemann, buscando los fundamentos científicos de la misma. Revisión de las más recientes investigaciones sobre diferentes mecanismos de acción de algunos medicamentos homeopáticos y su relación con mecanismos de acción de medicamentos convencionales.

Resultados. Todo lo analizado nos lleva a concluir que Hahnemann, como investigador incansable, aplicó las reglas del método científico a toda su obra y así lo transmitió a su escuela.

Conclusiones. La homeopatía es una terapéutica médica basada en conocimientos validados por el método científico.

Estudios científicos publicados avalan los efectos biológicos y clínicos de los medicamentos homeopáticos.

Vamos conociendo algunos mecanismos de acción, a través de los cuales podemos comenzar a comprender la naturaleza de los efectos biológicos y clínicos de los medicamentos homeopáticos.

Investigaciones en modelos celulares, en animales y plantas, así como a través de técnicas de vanguardia permiten entender la naturaleza físico-química de los medicamentos homeopáticos.

Palabras clave: homeopatía, método científico.

## HAHNEMAN: LA HOMEOPATÍA Y EL MÉTODO CIENTÍFICO

## Dr. Jose Luis Jiménez<sup>1</sup>

<sup>1</sup>NVP de España para la LMHI, Plasencia, Spain

Introducción: Ante los continuos ataques que viene sufriendo la homeopatía, intentando sembrar descrédito en la sociedad sobre la acientificidad de la misma y efectividad similar a placebo, conviene hacer una revisión histórica del desarrollo de la misma, a través de la obra de su autor, demostrando como la actitud crítica e investigadora a lo largo de toda su vida le permitió fundamentar todo un sistema médico terapéutico basado en principios demostrados. El objetivo de este trabajo, no es otro, que el de aclarar las bases científicas del método homeopático hahnemanniano. A través de una metódica revisión de su obra, encontrar el verdadero contenido científico de la misma.

Podemos concluir que el sistema médico homeopático es un sistema basado en el método científico, que sus postulados se cumplen cuando son aplicados según el método descrito en el Organon que fue variando en contenido a lo largo de sus 6 ediciones a lo largo de 53 años de evolución a través de la observación y experimentación continua. El espíritu ilustrado del maestro se aprecia a lo largo de toda su obra.

Palabras clave: Ciencia. método científico. Homeopatia. Evidencia científica. Evidencia clínica. Placebo.



# **ARTIFICIAL INTELLIGENCE IN HOMOEOPATHIC HEALTH CARE** *Dr. Zoya Vinita Joao1*

<sup>1</sup>Skhmc, Assolna, India

Introduction: Artificial intelligence is the intelligence demonstrated by machines, in contrast to the natural intelligence displayed by humans and animals. Als ystems in healthcare were designed to accommodate the absence of perfect data and build on the expertise of physicians.

Objectives: To understand the utility of AI in Homoeopathic health care management Materials and Methods: Health Monitoring by Tools to Support Interventions and Healthy Behaviors: Wearable health trackers – like those from Apple and others – monitors heart rate and activity levels. They can send alerts to the user to get more exercise and can share this information to doctors.

Results:Role of Artificial Intelligence in Health Technology applications and apps encourage healthier behaviour in individuals and help with the proactive management of a healthy lifestyle. Additionally, AI increases the ability for healthcare professionals to better understand the day-to-day patterns and needs of the people they care, for better feedback, guidance and support.

Al is already being used to detect diseases, such as cancer, more accurately and in their early stages, digital retinopathy screening will allow non-clinicians to be trained on retinal imaging, obtaining interpretation of the images within minutes and thus giving patients instant feedback.

Improving health care requires the alignment of big health data with appropriate and timely decisions, and predictive analytics can support clinical decision-making and actions as well as prioritise administrative tasks.

Role of AI in Health Treatment Design: Artificial intelligence systems have been created to analyze data – notes and reports from a patient's file, external research, and clinical expertise – to help select the correct, individually customized treatment path. Precision Medicine Instead of developing treatments for populations and making the same medical decisions based on a few similar physical characteristics among patients, medicine has shifted toward prevention, personalization, and precision.

Conclusion: For Artificial intelligence in India there is hope. Challenges of AI include unavailable digitization of patients' records, High costs, Lack of internet facility at all conditions, lack of responsibility for harm caused by AI mistakes.

Key words: Artificial Intelligence, Health trackers

# HOMOEOPATHY FOR EMOTIONAL WELL BEING OF COVID AFFECTED PATIENTS

## Dr. Zoya Vinita Joao<sup>1</sup>

<sup>1</sup>Dr. Zoya's Clinics, Assolna, India

Introduction: The COVID-19 virus has caused universal psychosocial impact by causing mass economic and financial losses. Coronaphobia, has generated a plethora of psychiatric manifestations across the different strata of the society.

Objectives: To assess the effectiveness of Homoeopathic drugs in the management of Mental and emotional symptoms of the pandemic affected persons.

## Materials and Methods:

Both Male and female patients were surveyed.

Tests for detection RAT and RTPCR.

Patients in a clinical set up were counselled for anxiety and other emotional upheaval.

Results: Fear of appearing in crowd was seen in many patients as there was great fear of contracting the disease again.

Common symptoms observed were fever, sore throat, anosmia, Anxiety, fear were markedly prominent symptoms.

Co morbidities prevalent along with Covid 19 were Diabetes in maximum number of cases, followed by hypertension, URTI and LRTI.

Conclusion: Commonly indicated remedies were Arsenic, Natrum Mur, Phosphorus. Counselling, Psychological and emotional help was very beneficial to the patients to address their mental health needs

Kew words: Covid 19, RAT, Quarantine

# THE HOMOEOPATHIC MANAGEMENT OF POLYCYSTIC OVARIAN DISEASE Dr. Zova Vinita Joao<sup>1</sup>

<sup>1</sup>Dr. Zoya's Clinics, Assolna, India

Introduction: PCOD is the commonest endocrine disorder in women of the reproductive age. It is the most common endocrine disorder in women of reproductive age. The heterogenous disorder is characterised by excessive androgen production by mainly the ovaries.

Objectives: To study the various cases of PCOD.

To discuss the scope and limitations of Homoeopathy in PCOD.

Materials and Methods: All female patients in clinic with menstrual disturbances Investigations and Ultra sonography reports to corroborate findings.

Results: All cases showed improvement using homoeopathic constitutional remedy Pulsatilla emerged as an effective remedy in most of the cases.

Folliculinum was very effective in one case as it stimulated follicular growth and ovulation as patient was having anovulatory cycles.

Conclusion: It was noticed that few cases which had other associated complaints of thyroid dysfunction and primary infertility showed improvement along with the symptoms of PCOS, one patient even conceived after homoeopathic constitutional treatment

Key words: PCOS anovulatory cycles.

# THE STUDY OF DRUG CARCINOSIN WITH REFERENCE TO FAMILY HISTORY OF CANCER

Dr. Zoya Vinita Joao<sup>1</sup>

<sup>1</sup>Dr Zoya's Clinics, Assolna, India

Introduction: Carcinosin is one of the principal nosodes of cancer and is one of Dr. Burnett's different cancer preparations. Carcinosin is prepared from cancerous breast tissue. It represents the very centre of cancer miasm.

Objectives: Study drug carcinosin in detail. Practical application of drug carcinosin in cases of Family history of Cancer.

Materials and Methods: Cases were analysed using the standard Case Report Format. Those having family history of cancer.

Results: Most of the cases were found to be sporadic 70 to 80 percent. Familial cases were 15 to 20 percent and hereditary cases accounted for 5 to 10 per cent.

Conclusion: It is often considered that Carcinosin is a medicine which is prescribed to the patients suffering from carcinoma.

Carcinosin may be used as a constitutional medicine in an array of other diseases, particularly during childhood.

In this study the patients were prescribed on the basis of their generalities, besides family history.

Key words: Carcinoma, Staging

# TEJIDO DE FORMACIÓN EN HOMEOPATÍA PARA DINAMIZADORES SALUD INDÍGENAS EN EL DEPARTAMENTO DEL CAUCA- COLOMBIA

# Dr. Rodrigo Losada Rivera<sup>1</sup>

<sup>1</sup>Ukawesx, Popayan, Colombia

Introducción: El departamento del Cauca, ubicado en el sur-occidente de Colombia, cuenta con una organización indígena de más de 50 años de historia (CRIC) de logros reivindicativos comunitarios. Dentro de su estructura, existe un Programa de Salud y una empresa promotora de salud, la AIC que atienden las necesidades en salud de las comunidades indígenas mediante una red de prestadores, entre las cuales se encuentran las Unidades de salud locales que prestan servicios de atención, promoción y prevención. Uno de los pilares fundamentales de la atención, son los dinamizadores de salud. Dentro del equipo complementario en salud, se cuenta con médicos especialistas en homeopatía y otras medicinas alternativas. El CRIC cuenta además con una Universidad reconocida por el estado, la UAIIN.

En este contexto, desde el programa de salud CRIC se plantea la necesidad de estructurar un programa de formación para los dinamizadores de salud en homeopatía con el objetivo de mejorar su capacidad resolutiva en terreno, ya que esta medicina tiene planteamientos más acordes a su medicina tradicional. El programa se desarrollaría desde la UAIIN.

Objetivos: Cualificar los procesos del cuidado de la salud que realizan las(os) dinamizadoras de salud indígena desde las concepción y práctica de las medicinas alternativas (homeopatía) en armonía con los sabedores ancestrales y la medicina alopática, facilitando el acceso con calidad en el territorio, a la recuperación de la armonía en salud de las comunidades Métodos: Se realizaron 7 encuentros zonales para conocer las necesidades en salud comunitarias, en formación y conocer la aceptación del tejido de formación y varios encuentros con la UAIIN y con el equipo de salud del Progama de salud CRIC para la construcción del tejido de formación.

Resultados y Conclusiones: Se logra estructurar con las recomendaciones de los programas de salud zonales y los encuentros con la UAIIN, un tejido de formación en medicinas alternativas que recoge las lineas de formación planteadas por la universidad.

Palabras Clave: Tejido de Formación, Homeopatía, Dinamizador de salud Indígena, CRIC, UAIIN

## SCOPE OF THE HOMEOPATHIC ACT

Mr. Francis Mourão1

<sup>1</sup>EHC - Homeopathic School of Curitiba, Curitiba, Brazil

In the set of actions that represent the "homeopathic act", I highlight herein the scope of the homeopath-patient relationship at the time of consultation, focusing on some aspects present in this dual relationship. The objective of this work is to enable the visualization of these different factors, the repercussions on both (professional and patient) and the contributions to a more similar and adequate prescription.

- 1) Language / Gestures / Attitudes the non-verbal communication developed by the patient and the adjustment made by the homeopath in his level of attention and observation as a function of the patient's dynamics.
- 2) Organic the physical and psychic-emotional complaints brought by the patient and the measurement of the depth of suffering and definition of hierarchies in the search for the best homeopathic medication.
- 3) Family in the mapping of family relationships experienced by the patient and the development of skills by the homeopath to separate what is his from what belongs to the patient.
- 4) Work the investigation, by the homeopath, of the patient's professional experiences with reference to his own training and professional performance.
- 5) Sociocultural relations the patient's sociocultural interaction and the professional's personal experiences in different environments outside the specific space of patient care. 6) Beliefs the guiding beliefs of the patient's life and the correspondences in the many connections that the homeopath makes with universal knowledge.
- 7) Dreams and the line of life the description of the patient's dreams/expectations, explaining the level of satisfaction in what has already been lived and in the future.
- 8) Dynamic slow or fast pace; the depth of suffering demarcating despair or hope and the materialization of reactions of failure or success.

As a conclusion, it can be stated that the homeopath-patient interaction enables the expression of suffering through the patient's speech, the dimensioning of this suffering through the professional's bodily, emotional and cultural repercussions and the movement of stagnant energies leading to the process of rebalancing of the Vital Force of both the patient and the homeopathic professional.

# EFICACIA DE LAS CREMAS DENTALES CON INGREDIENTES NATURALES O CON THUJA OCCIDENTALIS O CON CLORHEXIDINA EN CANINOS CON ENFERMEDAD PERIODONTAL

# Mrs. Nohora Alejandra Pabón Vega1

<sup>1</sup>Universidad Luis G Paez, Bogotá, Colombia

The periodontal disease is as an affection of the gum, tooth, periodontal ligament, due to the accumulation of tartar (1). This document refers to the preventive management of it. The goal of the study, with an exploratory and descriptive approach, is to compare the efficacy on the control and development of dental calculus, with the use of toothpaste among those containing chlorhexidine; the natural one with two ingredients; and, that one which contains the homeopathic medicine Thuja occidentalis.

Conventional therapeutic strategies for the treatment of periodontal disease include systemic and local, non-specific measures. Within the study, those pets, who underwent periodontal cleaning with the cream added with homeopathic remedy Thuja occidentalis, were the most satisfactory, speaking of dental calculus manage.

The results include before/after recording, with and without plate developer gel. Commercial cream (Cream A) allows a partial cleaning of the tooth surface. It is not ideal, compared to the cream B (natural) which coverage is slightly greater than the previous one. Finally, the natural one with Thuja Occidentalis (Cream C) allows the removal, in its entirety, of dental tartar and gingival care, in the short, medium, and long term.

Regarding the Glasgow pain scale, the category is favorable, since it yielded data indicating that the patients managed did not suffer from pain during the development of the study.

Key words: Veterinary dentistry, periodontal disease, Gingivitis, teeth whitening, homeopathy, Thuja Occidentalis, dogs.

# HOMEOPATHY AND CHILD DEVELOPMENT DISORDERS

# Mr. Fernando Fransolin Peres

<sup>1</sup>Escola homeopática de curitiba - dr. javier salvador gamarra, curitiba, brasil

Childhood neurodevelopmental disorders, as outlined in the Diagnostic and Statistical Manual of Mental Disorders (DSM V), have seen a rise in prevalence in recent years. Research in this field focuses on understanding the causes and identifying effective treatment strategies. Early childhood behavioral disorders can have a significant impact on a child's neurodevelopment. The use of homeopathy and its therapeutics presents a potential solution by optimizing the genetic potential of affected children, restoring homeostasis, and improving their quality of life from a psycho-emotional and metabolic perspective.

The objective of this study was to assess the suffering experienced by children with developmental disorders and explore the most suitable homeopathic medications for their treatment.

Three cases of child developmental disorders were analyzed, where the homeopathic approach was utilized to identify the appropriate medication pattern and monitor its progress.

Results: 1. ASD Level 1: A 4-year-old patient initially received Sulphur without improvement. However, after administering Lanthanum sulphuricum Ch 200, there was a notable improvement in bowel movement, sleep quality, behavioral rigidity, and an expanded food scope.

2. ODD: A 6-year-old patient initially received Anacardium CH 200 with minimal improvement. Subsequently, Lanthanum Carbonicum CH 200 was prescribed, resulting in a reduction in violent behavior at home and school, improved emotional control, and the elimination of fears.

3. ODD+ADHD: A 6-year-old patient who showed no response to risperidone/aripiprazole experienced significant improvement after receiving Lanthanum Metallicum 200 CH. This led to improvements in sleep patterns and compulsive eating, reduced irritability and oppositional behavior, and eliminated fighting at home.

In conclusion, it is crucial for homeopathic pediatricians to understand the developmental and behavioral characteristics of childhood disorders. By combining this knowledge with the principles of homeopathy, individualized treatments can be tailored to reduce suffering.

Lanthanide medications have emerged as a potential solution for managing behavioral issues, school impairments, sleep disturbances, language difficulties, and socialization challenges. This approach promotes balance, well-being, and an enhanced quality of life, reducing the need for or delaying the use of psychotropic drugs. Ultimately, it maximizes the child's potential for positive social engagement and overall development.

Keywords: ADHD, ODD, ASD, Lanthanides, Homeopathy



# CASUÍSTICA MÉDICA HOMEOPATÍA CLÍNICA INTEGRATIVA Dr. Isabel Cristina Pinzon de Pilonieta<sup>1</sup>

<sup>1</sup>Instituto Hahnemanniano Dr. Juan de Dios Pinzón Gómez, Bogotá D.C., Colombia

La presente obra recoge la experiencia de años de labor en docencia y atención en el Instituto Hannemaniano de los Doctores Juan de Dios Pinzón Gómeze Isabel Cristina Pinzón de Pilonieta, a través de casos clínicos reales proporcionando al estudioso de la Homeopatía Clínica herramientas que permiten la integración teórica con el quehacer práctico

El desarrollo de la Casuística Clínica está basado en el conocimiento profundo en Homeopatía Clínica adquirido por el Dr. Juan de Dios Pinzón, su experiencia médica en el desarrollo de la historia clínica semiológica completa, la valoración integral de cada caso y una terapéutica acertada.

Justificacion: Aceptar la responsabilidad del cuidado de la salud como médicos en Homeopatía Clínica, comprobando la eficiencia y eficacia de la Terapéutica Homeopática en el cuidado de la salud y prevención de la enfermedad que permita demostrar que la Tipología Clínica en Homeopatía es acorde y complementaria de los recursos médicos disponibles en la actualidad.

Objetivo: Brindar información sobre casos clínicos reales atendidos en el Instituto Hanhemaniano Juan de Dios Pinzón, para aportar al estudiante en Homeopatía Clínica herramientas de diagnóstico y tratamiento de diversas patologías, logrando integrar conocimientos teóricos, experiencia docente y resultados clínicos.

Motivacion: Haber sobrevivido en el año 1980 a una Toxemia gravídica, con un mortinato a término, gracias al amor de Dios y al conocimiento, sabiduría y experiencia médica de mi padre el Dr. Juan de Dios Pinzón Gómez., fue el acicate para iniciar el estudio de Homeopatía Clínica bajo su dirección académica.

Responsabilidad médica: Todo acto médico es un acto es un acto jurídico, donde el ejercicio de la medicina nos exige coherencia en pensamiento y rectitud de conducta para no incurrir en negligencia, imprudencia o impericia médica.

En el examen integral del paciente se debe valorar el riesgo cardiovascular, determinar el grado de morbimortalidad, realizando un estudio exhaustivo y un tratamiento eficaz de las entidades que pueden desencadenar muerte súbita. El estudio en Homeopatía Clínica requiere dominio de la medicina, para alcanzar diagnósticos exactos y lograr la prevención y curación de las diferentes entidades clínicas

### CLINICAL CASES HOMEOPATHY

# Dr. Isabel Cristina Pinzon ee Pilonieta

<sup>1</sup>Instituto Hahnemaniano Dr. Juan de Dios Pinzon Gomez, Bogota, Colombia

This work collects the experience of years of work in teaching and care at the Hannemanian Institute of Doctors Juan de Dios Pinzón Gómez MD and Isabel Cristina Pinzón de Pilonieta MD, through real clinical cases providing the student of Clinical Homeopathy with tools that allow theoretical integration with practical work.

Objetive: Provide information on real clinical cases treated at the Juan de Dios Pinzón Gómez MD Hanhemanian Institute, to provide the student in Clinical Homeopathy with tools for diagnosis and treatment of various pathologies, managing to integrate theoretical knowledge, teaching experience and clinical results.

In the comprehensive examination of the patient, cardiovascular risk must be assessed, the degree of morbidity and mortality must be determined, carrying out an exhaustive study and an effective treatment of the entities that can trigger sudden death. The study in Clinical Homeopathy requires mastery of medicine, to reach exact diagnoses and achieve the prevention and cure of the different clinical entities.

Comprehensive assessment clinical homeopathy in 10 steps:

- 1. Determine the type of the acute clinical picture.
- 2. Select the constitutional medicine.
- 3. Determine the degree of mortality.
- 4. Derive the pathophysiology of the systems / organs involved.
- 5. Develop a complete semiological history.
- 6. Derive immediate complications that mat trigger sudden death.
- 7. Perform complete topography examination.
- 8. Determine the clinical diagnosis.
- 9. Determine the medical conduct.
- 10. Formulate the patient.

Institutional commitment: As director of the Institute and aware of the need to obtain an academic methodology in Clinical Homeopathy that facilitates the study of the different clinical conditions, it is my institutional commitment to emphasize a university intellectual exchange with a clear, unified and qualified language where the study and the deepening of the medical matter constitutes, above all, an effective and well-integrated prevention system, complex but equally vital in the field of health.

# HOMEOPATÍA, UN CAMINO A LA SALUD MATERIAL AUDIOVISUAL INFORMATIVO PARA PADRES Y CUIDADORES DE LA POBLACIÓN INFANTIL

Dr. Clara Ines Sandoval Borras<sup>1</sup>, Dr. G.D. Benitez Cardenas<sup>1</sup>

<sup>1</sup>Privada, Bogota, Colombia

Homeopathic therapeutical schemes choice in children, on behalf of their parents or tutors, is increasing. Possibly because of other families´ references, whose children have received homeopathic benefits. The lack of information concerned to this matter can became an obstacle for the beginning or continuity of beneficial therapeutic schemes on child population. For this reason, the objective of this work was to produce a script written on a popular language, about the art of Homeopathy, based on a knowledge context, connected to medical practice on health service.

The images used on this work, were picked out from personal archives and free download searchers, to give structure to the search of videos related with the material script. Four videos from patients with a homeopathic treatment experience were gathered. The original music and sound recording material were produced for this work.

The final result has been an audiovisual material with images, sound and content that shall be transmitted on familiar and professional context, where true information over the art of Homeopathy used for child population schemes is much needed.

With current progress on educative audiovisual information for patients, the internet Era as a new stage to build up homeopathic image, knowledge over communication pillars and channels to transmit the message, this material can be used as an educational tool based on science and medical academy.

Key words: Homeopathy, caregivers, parents, children population, audiovisual.

# BOENNINGHAUSEN, HIS WRITINGS AND PRESCRIPTIONS: A CRITIQUE Dr. Gyandas Gurmukhdas Wadhwani<sup>1,2,3,4</sup>

<sup>1</sup>Consultant Homeopathic Physician & Independent Researcher, Holistic Homoeopathic Clinic & Research Center, New Delhi, India,

<sup>2</sup>Editorial Board Member: American Journal of Homeopathic Medicine,

<sup>3</sup>Member Aude Sapere Groups: South Africa and Delhi,

<sup>4</sup>Former Chief Medical Officer (NFSG) (H), Directorate of AYUSH (Homeopathic Wing), Government of National Capital Territory of Delhi, India

Background and Objective: Clemens Maria Franz, Baron von Boenninghausen was one of the most noteworthy disciples of Hahnemann amongst the early practitioners of Homeopathy. From 1830 he was constantly in touch not only with Hahnemann but with all those practicing homeopathy. His literary works concerning homeopathy were written and published between 1828 and 1846. After obtaining permission to practice freely (in 1843), he did not publish books as frequently. It is interesting to note that his earliest works found instant circulation among those interested in the new doctrine, and almost every practicing homeopath had Bœnninghausen's works in his library. As a member of the illustrious Old Guard in homeopathy, he was instrumental in propagating, establishing and preserving Hahnemannian homeopathy. He also maintained succinct and systematic dossiers on his patients, a few of which are published as his lesser writings. The prescriptions in some of these case studies, however, contradict the teachings of homeopathy especially his article, three precautionary rules of Hahnemann, published in Neues Achiv Fur Die homoopathische Heilkunst vol I (1844). A review of his prescriptions in published case studies was undertaken to attempt to provide a critique of practice and prescriptions in view of principles of homeopathy propounded by Hahnemann and extolled by Boenninghausen in his numerous writings.

The paper attempts.

Findings: hough Boenninghausen adhered to Hahnemannian legacy, and always prescribed a single remedy, but sometimes, he changed his prescriptions too frequently, which could be due to paucity of symptoms (disease being one sided or in veterinary conditions) or due to inability (of patients) to follow up frequently.

Implications/ Discussion & Conclusion: Provides us with a more humanistic assessment of a homeopathic physician par-excellence. The paper doesn't attempt to undermine in any way or question the contributions of the pioneer of the Old Guard in homeopathy, without whom homeopathy would not have gained the foothold in the masses.

Originality/ Value: Though the subject of clinical medicine is scientific, its practice is an art that only a few master. Those who read writings of earliest masters in homeopathy understand the need to publish the authentic un-doctored case studies.

Keywords: Boenninghausen, homeopathy, prescription



# Dr. Gyandas Gurmukhdas Wadhwani<sup>1,2,3,4</sup>

<sup>1</sup>Holistic Homoeopathic Clinic & Research Center, New Delhi, India,

<sup>2</sup>Editorial Board Member: American Journal of Homeopathic Medicine,

<sup>3</sup>Member of Aude Sapere groups, South Africa and Delhi,

<sup>4</sup>Former Chief Medical Officer (NFSG) (H), Directorate of AYUSH (Homeopathic Wing), India

Introduction: Fistula-in-ano causes great uncertainty and anxiety in patients, surgeons, and homeopathic clinicians alike because of the inability to accurately confirm long-term healing, with or without surgery. This problem is further compounded by recurrence months to years after it had apparently healed or successfully operated upon. The § 185-203 in Organon of the Art of Healing, explain the homeopathic therapeutic guidelines on these so called 'Local maladies', which prohibit surgical treatment in such cases. Evidence based medicine is need of the hour and numerous published case studies vouch for it.

Case study: A 40-years-old gentleman consulted for a post-surgery non-healing fistula-in-ano, with about 1.5 inches external opening at 12'0'clock position. Based on the clinical history and modalities, single homeopathic remedies namely Muriatic acid, Rhus tox, Tuberculinum, Silica, Lycopodium, Baryta carb were prescribed individually on the basis of emerging totality of symptoms over a period of 5 years, in LM or centesimal potencies, which provided progressive symptomatic relief and cured the fistula-in-ano with external opening which has been documented. During this period of homeopathic treatment, his medications for hypertension, dyslipidemia and diabetes mellitus reduced and elevated serum creatinine, urea and blood urea nitrogen (?diabetic nephropathy) normalised.

Discussion & Conclusion: Surgical treatment of fistula-in-ano is usually associated with higher incidence of re-recurrence and potential compromise of the continence state. Further surgeries (for recurrence) further increase the chances of complications. Homeopathic treatment of this diseased condition is safer and gentler without any possibility of recurrence. There is also a need to document poly-symptomatic and poly-syndromic coverage capacity of individulised homeopathy, as highlighted by this case study.

Keywords: Post-surgery non-healing Fistula-in-ano, homeopathy, evidence-based medicine, individualisation.

# HOW MUCH IS TOO MUCH IN HOMEOPATHIC PHARMACOLOGY: EVOLUTION OF THE DOCTRINE OF POSOLOGY IN HOMEOPATHY AND SOME CLINICAL EXPERIENCES

# Dr. Gyandas Gurmukhdas Wadhwani<sup>1,2,3,4</sup>

<sup>1</sup>Holistic Homoeopathic Clinic & Research Center, New Delhi, India,

<sup>2</sup>Editorial Board Member: American Journal of Homeopathic Medicine,

<sup>3</sup>Former Chief Medical Officer NFSG (H), Directorate of Ayush (Homoeopathic Wing), Govt of National Capital Territory of Delhi, India,

<sup>4</sup>Member Aude Sapere groups: South Africa & Delhi

Since the advent of homeopathy as a therapeutic system, the concept of posology (potency, preparation, quantity and repetition) still remains a debatable one. A logical and pragmatic grasp of the subject of posology is necessary for the substantiated application of "law of similars". It results from a cumulative effort of perceiving the doctrines of homeopathy, comprehending the homeopathic drug proving records and imbibing the clinical experiences of masters.

While majority still adhere to the principles of drug dynamization and posology laid out in the Vth edition of Organon, a few others have evolved over to the variant in VIth edition, and very few still swear by the concept of 'a single dose' emphasised in the IVth edition. In considering the amount of homeopathic medicine to be administered/ prescribed (potency, preparation, quantity, and repetition) at one time, or to answer the query, what constitutes the dose in homeopathy, it is important to comprehend the concept of disease in context of the homeopathic philosophy.

With a clinical experience of more than 26 years, which included opportunities of closely working with some of the world-renowned homeopathic physicians (in their clinics) and treating numerous patients in tertiary care hospitals and Intensive care units, it is intended to shed some light upon the development of homeopathic posology over time, and share some practical hints and learnings demonstrated with the help of case studies.

Key words: Homeopathy, Posology, Dose, Dynamization, Potentization

# AMYOTROPHIC LATERAL SCLEROSIS AND STRESS - TEN YEARS LATER, WHAT HAVE WE LEARNED?

**Dra. M.F. Xavier Mendes**<sup>1</sup>, Dra. M.S. Gosik Straforini<sup>1</sup>, Dr. P. Oliveira<sup>1</sup>, Dra. R. Kalile<sup>1</sup>, Dra. R. Lino<sup>1</sup>, Dr. M. Straforini<sup>1</sup>, Dra. C. Réa<sup>1</sup>, Dr W. Brunelli<sup>1</sup>, Dra. C. Turrini<sup>1</sup>, Dr. H. Stratis<sup>1</sup>

<sup>1</sup>Abrah, Rio de Janeiro, Brazil

Introduction: Diseases do not result only from our susceptibilities or inborn errors, whether biological, psychological, or spiritual, nor do they result exclusively from environmental, dietary, toxic, or infectious factors, but rather from a combination of them. This article summarizes ten years of research on the toxic stress response in ALS patients. Studies on stress in diathesis started from the observation of patients assisted in the ALS Protocol (CAE-0133.0.258.000-09), a pathology previously classified by Carillo's Complex Systems model of Classical Systemic Homeopathy as belonging to syphilitic diathesis. In these patients, a temporal relationship was observed between the onset of symptoms and a stressful event. Goals: Evaluate the possible relationship between stressful events and the onset of the initial symptoms of ALS.

Methods: A literature review was carried out on stress, toxic stress, stress hormones, functioning of the Hypothalamus/Pituitary/Adrenal axis, its regulations and correlations, oxidative stress and neuroinflammation, hepatic enzymatic system and metabolic processing. Results: The ability to deal with stress is controlled by a set of brain circuits and interrelated hormonal systems designed specifically for this purpose, and numerous substances, enzymes and neurotransmitters are involved in the mechanisms of generating and protecting stress, free radicals and inflammation.

In 92.3% of the evaluated patients, we found a temporal correlation (from six months to two years) between a stressful event and the onset of disease symptoms. In these patients, we would have chronic hypercortisolism, with the production of substances from the metabolism of cortisol, which function as syphilinic toxins, corroborating studies that point to the action of stressor mechanisms in the CNS, with neuroinflammation and neuro-degeneration.

Conclusions: In syphilinics, the response to toxic stress can affect the neuroendocrine network, causing prolonged and abnormal exposure to cortisol and a persistent inflammatory state, observed in most neurodegenerative pathologies, including ALS.

Keywords: ALS, Syphilinism, Homeopathy

# **FAMILIAL SYPHILINISM IN HEPATITIS C**

**Dra. M.F. Xavier Mendes**<sup>1</sup>, Dra. M.S. Gosik Straforini<sup>1</sup>, Dr. D.J. Vaz do Cabo<sup>1</sup>, Dra. D. Barbas<sup>1</sup>, Dra. L.M. Werneck dos Santos<sup>1</sup>, Dra. L. Hall<sup>1</sup>, Dra. I. Rodrigues<sup>1</sup>, Dra. M. Menezes<sup>1</sup>, Dra. I. Sebusiani Takeuti<sup>1</sup>, Dra. T. Perella Scigliano<sup>1</sup>
<sup>1</sup>Abrah, Rio de Janeiro, Brasil

Introduction: Hepatitis C is a worldwide public health problem, which can lead to thousands of deaths from liver cirrhosis and cancer. According to the WHO each year, there are 67,000 new infections and 84,000 deaths from hepatitis C, which is one of the leading causes of chronic liver disease worldwide. Its global prevalence varies not only according to the geographic region studied, but also according to the type of epidemiological evaluations carried out. In Brazil, studies indicate an estimated prevalence of this disease between 1% and 2%. The current work presents some data from the research Evaluation of Homeopathic Treatment in Patients with Hepatitis C (CAE-0134.0.258.000-09) regarding the presence of syphilinism in the family history of 32 patients in this study, comparing them with a control group of patients at the Ambulatório Escola da Abrah.

Goals: Evaluate the existence of familial syphilinism in patients with hepatitis C assisted in the research protocol.

Methods: Data were collected from the family history of patients with hepatitis C and the control group, regarding the incidence of pathologies previously classified as syphilinic, using the concepts of the Complex Systems Model of Carillon's Classical Systemic Homeopathy. According to this theory, syphilinism represents an instability of origin predominantly intrinsic to the system, of a chronic nature, characterized by a dissipative deficiency, predominantly hepatic, for the processing of certain substances or elements with toxic potential of exogenous origin (external inputs) or endogenous (internal inputs). Such unprocessed substances constitute instability factors for the system, with greater affinity for certain tissues (nervous, glandular, arterial, ganglionic and bone).

Results: It was observed that 78.1% of patients with hepatitis C had a family history of syphilinism and in the control group, the percentage of patients with familial syphilinism was 43.75%. The statistical result in the Fisher exact test was 0.0097 and therefore significant.

Conclusions: The results show the statistically significant occurrence of familial syphilinism in the studied patients with hepatitis C. These results also allow us to say that there is familial diathesic compatibility in this group of patients with hepatitis C.

Key Words: hepatitis C, syphilinism, Homeopathy





Dra. D. Barbas<sup>1</sup>, Dra. M.S. Gosik Straforini<sup>1</sup>, **Dra. M.F. Xavier Mendes**<sup>1</sup>, Dra. I. Sebusiani Takeuti<sup>1</sup>, Dra. A. Oliveira<sup>1</sup>, Dr. J. Vaz do Cabo<sup>1</sup>, Dra. S. Souza, Dra. M.A. Andrade<sup>1</sup>, Dr. W. Brunelli<sup>1</sup>, Dr. M.A. Straforini<sup>1</sup>

<sup>1</sup>Abrah, Brasilia, Brazil

Introduction: Homeopathy follows the model of comprehensive care, with a complex look at the individual, offering him a broad awareness of himself and his processes of becoming ill. In Brazil, the history of Homeopathy within the university dates back to 1912, with the founding of the Faculty of Homeopathic Medicine in Rio de Janeiro. However, in the 20th century, the teaching of the specialty was devalued due to an international movement to value allopathic treatments, highly complex medicine and super-specialization.

Objectives: Evaluate the introduction of Homeopathy teaching in a university located in the Capital of Brazil.

Methods: The Homeopathy discipline was offered to undergraduate medical students from the 5th semester onwards, optional. It became part of the students' curricula after approval by various instances of the University. The first class started in 2020, in the online format, due to the pandemic in the new Coronavirus. The content offered was well integrated with the disciplines of the medical curriculum.

Results: Although the discipline was offered during the Pandemic, the students were interested in learning about Homeopathic therapy. It was noted, however, a lack of knowledge of the concepts, theory, and who Samuel Hahnemann was, by most students.

Conclusions: We conclude that the lack of knowledge about Homeopathy is visible in the academic environment and some attitudes can be implemented, such as offering the discipline from the first years of college, making the discipline mandatory and taking the student to the outpatient practice early.

Keywords: Homeopathy, Medicine, Integrality

# POST PROPHYLAXIS IMPACT OF ARSENIC ALBUM 30 IN MAHARASHTRA POLICE -A RETROSPECTIVE COHORT STUDY

# Dr. Ritika Narula<sup>1</sup>

<sup>1</sup>Ministry of Ayush, Govt. of India, New Delhi, India,

Introduction: Keeping in view the increased incidence of cases of COVID-19 in Maharashtra during the first wave of COVID-19, homoeopathic medicine Arsenic album 30 (AA 30) as a prophylactic medicine was distributed to police personnel and its post prophylactic effect was observed.

Objective: To study the post prophylactic effect of Arsenicum album 30 in COVID-19 among Maharashtra Police personnel.

Methodology: A Post Prophylaxis analysis of impact of Arsenic album 30(AA) in frontline workers was conducted amongst the Maharashtra Police Personnel through a Follow up questionnaire which was a link based. The link was only shared to the police personnels and strict confidentiality was maintained. The questionnaire included demographic (Age, gender), posting at containinment zone, type of intervention taken for prevention (AA 30, other interventions included HCQs, supplements and AYUSH interventions other than AA 30), any comorbidities if associated with, Covid test and results, symptoms development if any by the polic personnel and their family menbers. Main outcome measure was Covid status (RT-PCR positive/covid symptoms as per world Health Organization). Logistic regression was applied with Covid status as present/absent as independent variable.

Results: Information from 8647 police personnel was received and an analysis of 5017 police personnel could be done. Data of 3630 personnel's were excluded due to non-filling or improper filling of information. Three groups could be made based on the type of intervention taken: only AA30(n=2700); other interventions (n=639) and AA30 with supplements / other interventions (n=1678). Considering the parameters including the development of COVID like symptoms and the test for COVID positivity, it was observed that in the group of Police personnel who took AA 30 only (n=2700), 366 (13.6%) became Covid positive and developed symptoms; in the second group of police personnel who took other interventions (n=639), 163 (25.5%) were tested covid positive and developed symptoms while in the group of Police personnel who were taking AA30 with supplements and other interventions (n=1678), 257 were covid positive and developed symptoms (15.3%).

Conclusion: Homoeopathic medicine AA30 has the potential to act as a prophylactic medicine against COVID-19 infection.

Keywords: COVID-19, Arsenic alb., Prophylaxis, Maharashtra, Police

# AN ANALYTICAL STUDY TO ESTABLISH THE ROLE OF CALENDULA Q AS A TOPICAL WOUND DRESSING IN PARTIAL-THICKNESS BURN WOUND

**Dr. Chetna Deep Lamba**<sup>1</sup>, Dr. Harish Kumar Sharma<sup>2</sup>, Dr. Dharam Dev Arya<sup>1</sup>, Dr. Piyush K Thayal<sup>2</sup>, Dr. Heema Mahajan<sup>1</sup>, Dr. Anju Mohan<sup>1</sup>, Dr. Rajpal Singh<sup>1</sup> <sup>1</sup>Central Council for Research in Homoeopathy, New Delhi, India,

<sup>2</sup>Safdarjung Hospital, New Delhi, India

Approximately 86% of burns are caused by thermal injury, whereas about 4% are electrical and 3% are chemical. Most burns are small and superficial causing only local injuries. The burn injury affects not only the physical health but also the patient's mental health and quality of life. Accordingly, patients with a burn injury cannot be considered recovered when the wounds have healed with hypertrophic scars; instead, burn injury leads to long-term profound alterations that must be addressed to optimize quality of life. There is some evidence for the beneficial effects of Calendula officinalis extracts for wound healing, consistent with its role in traditional medicine.

Objectives: The primary objective of this study was to evaluate the efficacy of Calendula officinalis in the wound healing of burn wound in comparison with standard povidone-iodine solution.

Materials and Methods: A prospective randomized controlled study with 3 weeks of intervention and follow-up was conducted at the Department of Burns, Plastic and Maxillofacial Surgery, Safdarjung Hospital and VMMC, New Delhi, in collaboration with Homeopathic Treatment Centre, Safdarjung Hospital, New Delhi, from January 1, 2017, to December 31, 2018. The patients between 15 and 60 years of age reporting to the burns outpatient department with burn wounds due to thermal burns having the involvement of 5%-20% of total body surface area within 24 h of injury were randomized to either the Calendula (n = 20) or Betadine (n = 20) group.

Results: There was no significant difference between the Calendula and Betadine groups, however, by day 14, 75% of cases in the Calendula group showed 80% and above epithelization as compared to 45.0% of cases in the Betadine group. Similarly, there was no significant difference between the wound discharges between the two groups but 95% had no discharge by the 14th day in the Calendula group as compared with 65% in the Betadine group. The Calendula group had a reduced incidence of wound infection when compared with Betadine.

Conclusion: Therefore, Calendula dressing had a positive influence in early epithelization, better control of wound discharge, and lesser infections but these need to be evaluated on adequate sample size for a definite outcome.

Keywords: Betadine, burn wound, Calendula officinalis, homeopathy

# TO EVALUATE THE USEFULNESS OF HOMOEOPATHIC MEDICINES IN THE MANAGEMENT OF POST-TRAUMATIC STRESS DISORDER (PTSD): A DESCRIPTIVE CORRELATIONAL STUDY

Dr. Hima Bindu Ponnam<sup>1</sup>, Dr. Madhavi Botla<sup>2</sup>, Dr. Prashanth Tamboli<sup>3</sup>,

Dr. Devangini Broker³, Dr. Sonia Tuteja⁴

<sup>1</sup>Central Council for Research in Homoeopathy, Hyderabad, India,

<sup>2</sup>Fernandez Child Development Centre, Hyderabad, India,

<sup>3</sup>ML Dhawle Homoeopathic Medical College & Hospital, Palghar, India,

<sup>4</sup>Homoeopathy University, Jaipur, India

Introduction: Mental disorders are a major threat to public health posing a challenge to the medical fraternity. The sweep of COVID-19 had a major psychological impact on the community. A survey of the Indian population showed a prevalence of 28.2% suffering from PTSD during the pandemic. The homoeopathic system offers a wide range of medicines for mental illnesses with the uniqueness of its holistic approach.

Objectives: This study aims to explore the usefulness of homoeopathic medicines in PTSD. Methods: This study was conducted in two phases of descriptive correlational research (DCR). In phase-I, with pre-defined inclusion criteria, the PTSD clusters from DSM-5 were vetted into homoeopathic rubrics. The remedies shortlisted after repertorization of the rubrics were verified for analogousness from source books of Materia Medica. The vetting was done by a clinical psychologist. In phase-II, 50 PTSD cases identified from the OPD case records (2020-2022) treated with homoeopathic medicines were screened. 30 cases were taken for analysis of those who were assessed by the Clinician-administered PTSD scale-5 (CAPS-5) and completed at least six months of follow-up. Trial registered at CTRI: CTRI/2022/08/044948 for retrospective data collection.

Results: Thirty homoeopathic remedies arrived from the DCR analysis showed analogousness to the DSM-5 PTSD criteria. The retrospectively collected data from 30 PTSD cases were statistically analyzed. CAPS-5 score showed statistical significance with homoeopathic medicines (p < .0001). The causality of the outcome was affirmed by the post-treatment application of the Modified Naranjo Criteria.

Conclusion: This study affirms the usefulness of homoeopathic medicines in PTSD cases. Further validation through well-designed comparative clinical trials is warranted.

Keywords: DSM-5; Descriptive correlational study; Homoeopathy; PTSD; Retrospective case series

# ASSESSMENT OF SUSCEPTIBILITY AND ITS RELEVANCE TO HOMOEOPATHIC CLINICAL PRACTICE

**Dr. Divya Taneja**¹, Dr. Renu Mittal¹, Drs. Subhash Kaushik¹, Dr. Anil Khurana², Dr. VK Gupta¹

<sup>1</sup>Central Council for Research in Homoeopathy, Delhi, India,

<sup>2</sup>National Commission for Homoeopathy, Delhi, India

Introduction: Susceptibility is defined as the general quality or capability of the living organism to receive impressions and the power to react to stimuli. Susceptibility, when morbid results into development of disease in an individual. Susceptibility can be high, low or normal (medium), which can form the basis of selection of potency and frequency of dosage of the indicated medicine.

Susceptibility is, therefore, a key concept identified for the prescription of potency. Various authors have given a detailed description of susceptibility and have identified a number of factors which characterize it.

Objective: To develop an instrument to quantify susceptibility as high, medium and low, identify its psychometric properties and assess its use in clinical practice Methodology: Based on literature review and expert consultations, construct for assessment of susceptibility was identified. The construct was converted into a questionnaire with multiple options which was tested.

Results: A 17-item questionnaire was developed. The domains identified are physical characteristics, personal characteristics, effect of environment, emotions and symptom similarity with the homoeopathic medicines. Clinical utility of the questionnaire was tested in 314 cases in both acute and chronic conditions.

Conclusion: A simple homoeopathically appropriate, easy to use instrument which can be applied by the homoeopathic practitioner during case taking has been developed to come up with a score, to select the most suitable potency for the case.

# HOMOEOPATHIC TREATMENT FOR PSORIASIS AND VITILIGO

**Dr. Divya Taneja**¹, Dr. Renu Mittal¹, Dr. Babita R Kondle¹, Dr. Pooja Kumari¹

<sup>1</sup>Instituto Nacional de Perinatología, Guadalajara, Mexico,

<sup>2</sup>International Academy of Classical Homeopathy, Alonissos, Greece

Introduction: Central Council for Research in Homoeopathy has undertaken open label, observational pragmatic studies on psoriasis and vitiligo at its 11 institutes. Objective: To evaluate effectiveness of Homoeopathy in treatment of the respective conditions, identify the most frequently prescribed medicines and their most useful indications. Methods: Assessments were conducted using disease specific scales and quality of life scales, viz. PASI and PDI for psoriasis, VASI, VETF and DLQI for vitiligo. Patient and physician global assessment scales were used in both studies. The medicines used, most useful medicines and their symptomatology were identified.

Results: In Psoriasis 384 cases were enrolled, 254 completed one year and 84 completed 2 years of treatment. There was a significant reduction in PASI score (10.96±10.67 at baseline to 4.24±5.10 at 12 months, p=0.000) and PDI score (10.19±9.11 to 3.91±4.44, p=0.000). Change in patient and physician global assessment scales was also significant. The medicines found effective were Kali arsenicum, Acid nitricum, Pulsatilla, Sepia, Mercurius solubilis and Graphites, Phosphorus, Lycopodium, Natrum muriaticum and Sulphur.

In Vitiligo, out of 361 cases enrolled, 266 completed one year and 139 completed 2 year treatment. There was reduction in VASI (5.82  $\pm$  8.87 at baseline to 5.41  $\pm$  8.87 at 12 months, p=0.112) and VETF area score (7.57  $\pm$  11.23 at baseline to 7.39  $\pm$  11.52 at 12 months, p=0.473) but was not statistically significant at one year, whereas VETF stage (5.17  $\pm$  3.11 at 4.77  $\pm$  2.97 at 12 months, p=0.000), VETF spread (1.67  $\pm$  2.00 to -0.66  $\pm$  1.66 at 12 months, p=0.000) and DLQI (5.92  $\pm$  4.36 to 4.12  $\pm$  4.02, p=0.000) reduced significantly. Sulphur, Natrum muriaticum, Arsenicum album, Phosphorus, Calcarea carbonicum, Sepia, Lycopodium were the most useful medicines identified.

Conclusion: The prescribing indications, symptomatology and clinical symptoms identified of the drugs used will be presented. Recommendations for treatment will be discussed.

Keywords: Psoriasis, Vitiligo, PASI, PDI, VASI, VETF, Sulphur, Sepia, Lycopodium

Abbreviations used:
PASI: Psoriasis Area and Severity Index
PDI: Psoriasis Disability Index
VASI: Vitiligo Area Severity Index
VETF: Vitiligo European task Force score
DLQI: Dermatology Life Quality Index

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# **Bco** Congresos

Barceló

Pl. Europa 17-19, First floor 08908 L' Hospitalet de Llobregat Barcelona (Spain) Tel: +34 93 882 38 78 lmhi2023@bcocongresos.com www.lmhi2023.org